ORKAMBI-Mediated Rescue of Mucociliary Clearance in Cystic Fibrosis Primary Respiratory Cultures Is Enhanced by Arginine Uptake, Arginase Inhibition, and Promotion of Nitric Oxide Signaling to the Cystic Fibrosis Transmembrane Conductance Regulator Channel


Programmes in Translational Medicine (Y.-S.W., C.B., W.I., T.G., T.J.M.) and Molecular Medicine (Y.-S.W., J.J., S.A., A.L., O.L., S.X., C.E.B.), Research Institute, Hospital for Sick Children, Toronto, Ontario, Canada; and Departments of Laboratory Medicine and Pathobiology (T.J.M.), Biochemistry (C.E.B.), Physiology (Y.-S.W., S.A., O.L., S.X., C.E.B.), and Paediatrics (T.G., T.J.M.), University of Toronto, Toronto, Ontario, Canada

Received May 7, 2019; accepted August 1, 2019

ABSTRACT
ORKAMBI, a combination of the corrector, lumacaftor, and the potentiator, ivacaftor, partially rescues the defective processing and anion channel activity conferred by the major cystic fibrosis-causing mutation, F508del, in in vitro studies. Clinically, the improvement in lung function after ORKAMBI treatment is modest and variable, prompting the search for complementary interventions. As our previous work identified a positive effect of arginine-dependent nitric oxide signaling on residual F508del-CFTR function in murine intestinal epithelium, we were prompted to determine whether strategies aimed at increasing arginine would enhance F508del-cystic fibrosis transmembrane conductance regulator (CFTR) channel activity in patient-derived airway epithelia. Now, we show that the addition of arginine together with inhibition of intracellular arginase activity increased cytosolic nitric oxide and enhanced the rescue effect of ORKAMBI on F508del-CFTR by arginine-dependent, nitric oxide signaling through inhibition of endogenous arginase activity. Interestingly, arginine addition plus arginase inhibition also enhanced ORKAMBI-mediated increases in ciliary beat frequency and mucociliary movement, two in vitro CF phenotypes that are downstream of the channel defect. This work suggests that strategies to manipulate the arginine-nitric oxide pathway in combination with CFTR modulators may lead to improved clinical outcomes.

SIGNIFICANCE STATEMENT
These proof-of-concept studies highlight the potential to boost the response to cystic fibrosis (CF) transmembrane conductance regulator (CFTR) modulators, lumacaftor and ivacaftor, in patient-derived airway tissues expressing the major CF-causing mutant, F508del-CFTR, by enhancing other regulatory pathways. In this case, we observed enhancement of pharmacologically rescued F508del-CFTR by arginine-dependent, nitric oxide signaling through inhibition of endogenous arginase activity.

Introduction
The approach to cystic fibrosis (CF) management has changed dramatically in recent years with the availability of CF transmembrane conductance regulator (CFTR) modulators, agents that directly target certain mutant versions of the CFTR protein that cause CF. The potentiator, ivacaftor (VX-770), enhances the channel activity of certain rare mutant forms of CFTR that are properly processed to reach the cell surface but exhibit defective channel activity (Van Goor et al., 2009, 2014; Eckford et al., 2012; Yu et al., 2012; Jih and Hwang, 2013). Ivacaftor treatment alone is not effective for the major CF-causing mutation, deletion of phenylalanine at position 508 (F508del-CFTR), because this mutant is misprocessed and mistrafficked, and thus fails to reach the cell surface (Mall et al., 2004). The corrector compound, lumacaftor (VX-809), acts to partially correct this misprocessing and mistrafficking defect (Van Goor et al., 2011).

ABBREVIATIONS: ABH, 2(S)-amino-6-boronohexanoic acid; ACC, apical chloride conductance; ALI, air-liquid interface; CBF, ciliary beat frequency; CF, cystic fibrosis; CFTR, CF transmembrane conductance regulator; DAF-FM, 4-amino-5-methylamino-2'7'-difluorofluorescein; FLIPR, fluorescent imaging plate reader; FSK, forskolin; HBSS, Hanks’ buffered salt solution; iNOS, inducible NO synthase; MCCV, mucociliary movement; NO, nitric oxide; WT, wild-type.
Lumacaftor combined with ivacaftor is called ORKAMBI, an approved intervention for patients who are homozygous for F508del (Wainwright et al., 2015). Unfortunately, ORKAMBI provides only modest and variable clinical responses in those patients (Cholon, et al., 2016; Zhang et al., 2016; Ratjen et al., 2017). Hence, there is an urgent need to develop novel therapeutic agents for the treatment of patients with F508del-CFTR, and there are a number of candidates proceeding through the drug development pipeline (https://www.cff.org/Trials/Pipeline).

Our previous studies in mice expressing F508del-Cftr showed that elevations in cytosolic arginine increased nitric oxide (NO)–mediated signaling to the mutant Cftr protein to enhance its channel function (Ahmadi et al., 2018). We hypothesized that interventions aiming to enhance cytosolic arginine concentrations and NO signaling would also increase F508del-CFTR channel function in human respiratory epithelium. However, as human F508del-CFTR exhibits a more severe misprocessing defect relative to the mouse protein (Ostedgaard et al., 2007), the rescue effect of arginine would only be observed after correction of misprocessing and mistrafficking with lumacaftor.

Interestingly, our hypothesis converges with previous studies by Grasemann et al. (Grasemann et al., 2000; Grasemann et al., 2012; Grasemann and Ratjen, 2013). This group showed that CF patients exhibit a relative deficit in exhaled NO and attributed this deficiency to excessive arginase activity in pulmonary tissue (Grasemann et al., 2005b; Jaeciklin et al., 2014). Citing early studies of the important role for arginine-dependent NO production (Grasemann et al., 1999) (via immune or inducible NO synthase (iNOS) in the lung, including the host defense and the regulation of vascular and broncho-motor tone, Grasemann and colleagues conducted clinical trials of arginine or NO supplementation as therapeutic interventions for CF patients (Ratjen et al., 1999; Grasemann et al., 2013, 2005a). Unfortunately, neither NO inhalation nor arginine supplementation led to statistically significant improvements in forced expiratory volume at 1 second although promising positive trends were noted (Ratjen et al., 1999; Grasemann et al., 2005a, 2013).

In the current study, we tested the efficacy of arginase inhibitors, including CB-1158 (currently in clinical trial for cancer (ID: NCT02903914)), to augment NO signaling and ORKAMBI-mediated rescue of F508del-CFTR in vitro in primary cultures of patient-derived bronchial and nasal epithelial cultures.

**Materials and Methods**

**Primary Bronchial Cell Culture.** Primary bronchial cultures were obtained from non-CF and CF post-transplant bronchial tissue as part of a collaboration with S. Keshavjee (University of Toronto) and P. Karp and M. Welsh (National Institutes of Health Iowa Culture Facility). Cells were plated on collagen-coated transwells (6.5 mm diameter, 0.4 μm pore size; Corning) and grown at an air–liquid interface (ALI). Media in the basolateral compartment was comprised of a 1:1 mixture of DMEM and Ham’s F12 medium, supplemented with 2% UltraTroser G Serum Substitute (PALL France SAS). Transepithelial electrical resistance was measured with an ohmmeter (World Precision Instruments) and expected to be >800 Ω/cm² before any functional studies.

**Primary Nasal Cell Culture.** Nasal epithelial cells were obtained and cultured, as previously described, under local Research Ethics Board–approved protocols after subjects (or appropriate guardian) signed consent forms (Cao et al., 2015, 2018; Ahmadi et al., 2017). Frozen passage number 1 F508del-CFTR nasal cells were seeded on a collagen-coated flask and expanded at 37°C in a 5% CO₂ setting to 70%–80% confluence (Pneumacult EX; StemCell Tech). Passage number 3 cells were subsequently seeded in collagen-coated transwells (6.5 mm diameter, 0.4 μm pore size; Corning) at a density of 10⁵ cells per insert. Cells were maintained in Pneumacult EX media until confluent and changed to a basal differentiation media (Pneumacult ALI; StemCell Tech) at an ALI. Media was changed every other day in the basolateral compartment. After 14 days of growth under ALI, transepithelial electrical resistance was quantified with an ohmmeter to evaluate barrier function. Cells were then used to measure CFTR function using the membrane potential assay.

For drug rescue experiments, nasal cells were treated with 3 μM corrector VX-809 (Selleck Chemicals) for 48 hours.

**Cell Line Culture.** The CFBE cell line, overexpressing F508del CFTR (CFBE41o-), was received from D. Gruenert (University of California) and maintained with Eagle’s minimum essential medium with 10% FBS, 1% penicillin-streptomycin, and 300 μg/ml hygromycin B. CFBE cells were plated in 96-well black polystyrene plates and maintained for 4 to 5 days postconfluence for apical chloride conductance (ACC) assays. As CFBE cells do not express any apical arginine transporters, a broadly specific amino acid transporter, SLC6A14, was transduced into the cells by C. Tailor from Tailored Genes.

**NO Measurement Assay.** The NO measurement assay was performed on primary respiratory inserts with 700 μHanks’ buffered salt solution (HBSS) containing chloride in the basolateral compartment of each well containing inserts in a 24-well plate (Corning) and 200 μl NaCl buffer (145 mM NaCl, 3 mM KC1, 3 mM CaCl₂, 2 mM MgCl₂, 10 mM HEPES, 300 mOsm, pH 7.35) containing 7 μM 4-aminomethyl-methylene-2’-7’-difluorofluorescein (DAF-FM) diacetate (Cayman Chemical) and/or 10 μM Calcein Blue AM (Thermo Fisher Scientific) on the apical surface of the insert. The dye solution also contained chronic treatment in the form of 10 μM CB-1158 (MedKoo), 1 mM L-arginine (Sigma-Aldrich), and/or the appropriate vehicle controls. After 1 hour of incubation of the dye solution, the cells were washed with PBS to remove excess dye and then incubated in dye-free NaCl buffer containing the aforementioned chronic treatments at 37°C for 20 minutes. Using the well scan endpoint feature of the i3x-Spectrophotometer (Molecular Devices), an initial live cell fluorescence scan at excitation (322 nm) and emission (435 nm) wavelengths was performed. Following that, NO fluorescence was measured at excitation (495 nm) and emission (515 nm) wavelengths. Sixty-four points in each well were read and averaged. After several baseline reads, 1 mM L-arginine was added. As primary cell inserts are heterogeneous, final readout of DAF-FM fluorescence was calculated over Calcein Blue AM fluorescence. A minimum of three biologic replicates was used for primary insert studies.

**ACC Assay for CFTR.** Fluorescent imaging plate reader (FLIPR)–based ACC assay was performed on the CFBE cell line and the primary respiratory cell ALI inserts (both bronchial and nasal) and were previously validated (Ahmadi et al., 2017).

CFBE cells were grown at 37°C to 100% confluence in 96-well (black, flat-bottom; Corning) plates and allowed to differentiate for 4 to 5 days. Following 48-hour incubation in the presence of the corrector 3 μM VX-809 (Selleck Chemicals) at 27°C, the cells were placed in FLIPR blue membrane potential dye (Molecular Devices) at a concentration of 0.5 mg/ml dissolved in buffer (112.5 mM N-methyl-D-glucamine-glucuronate, 36.25 mM NaCl, 2.25 mM K-gluconate, 0.75 mM KC1, 0.75 mM CaCl₂, 0.5 mM MgCl₂, and 10 mM HEPES, and 300 mOsm, pH 7.35) supplemented with 3 μM VX-809, to detect changes in transmembrane potential of the differentiated cells. Pretreatment with 10 μM CB-1158 (MedKoo) and/or 50 μM 1400 W (Cayman Chemical) was tested. As previously described (Molinski et al., 2015), following a 40-minute incubation period of the dye solution, a kinetic read of the plate was made in a fluorescence plate reader (SpectraMax i3; Molecular Devices) at 27°C. After reading the
1 mM L-arginine was added to the cells with buffer addition as a parallel control. CFTR was stimulated using 10 μM forskolin (FSK; Sigma-Aldrich) with DMSO vehicle as the negative control. The experiment was terminated with CFTR-specific inhibitor 10 μM CFTRinh-172 (EMD Millipore). Changes in transmembrane potential were normalized to the point taken at the time of agonist addition prior to activation. Four biologic replicates were used for the ACC assay studying these CFBE cell lines.

For primary ALI inserts, the FLIPR-based ACC assay was performed differently than CFBE cells. Following 48-hour incubation in the presence of 3 μM correcor VX-809 at 37°C, the basal and apical solutions were kept different in the 24-well plates (Corning); the apical solution of the insert contained 0.5 mg/ml blue membrane potential dye (Molecular Devices) in buffer (112.5 mM N-methyl-D-glucamine-gluconate, 36.25 mM NaCl, 2.25 mM K-glucurate, 0.75 mM KCl, 0.75 mM CaCl₂, 0.5 mM MgCl₂, and 10 mM HEPES, and 300 mMos, pH 7.35), whereas the basal side contained Hanks’ buffered solution containing chloride. In the apical dye solution, pretreatment with 10 μM ABH (2(S)-amino-6-boronohexanoic acid) ammonium salt (Santa Cruz), 10 μM CB-1158, or DMSO controls was added prior to incubation. After 30- minute incubation at 37°C, the fluorescent readings at excitation wavelength (530 nm) and emission wavelength (560 nm) were quantified with a micro-plate reader (Paradigm; Molecular Devices). Sixty-four points in each well were read, averaged, and thresholded. After several baseline reads, pharmacological modulators (1 mM L-arginine or the respective vehicle controls) were added, followed by 10 μM FSK (Sigma-Aldrich) ± 1 μM VX-770 or DMSO control, and finally CFTR-specific inhibitor, 10 μM CFTRinh-172 (EMD Millipore). A minimum of three separate patient tissue samples was used for each demonstrated condition.

Upon completion of the ACC experiments, the raw data were exported and analyzed using the hdf5.xyz analysis platform.

**Ussing Chamber Studies.** F508del-CFTR Nasal cells were pretreated with 3 μM VX-809 for 48 hours. Prior to the start of the Ussing chamber recordings, nasal cells were pretreated with 10 μM CB-1158 or DMSO for 1 hour. Drugs for chronic or pretreatment were added to the culture media on the basolateral side of the transwell insert. Nasal cells were treated with 10 mM forskolin (FSK; Sigma-Aldrich) and 1 μM VX-809 for 48 hours. Prior to the start of the Ussing chamber recordings, nasal cells were pretreated with 10 μM CB-1158 or the respective vehicle controls) were added, followed by 10 μM FSK (Sigma-Aldrich) ± 1 μM VX-770 or DMSO control, and finally CFTR-specific inhibitor, 10 μM CFTRinh-172 (EMD Millipore). A minimum of three separate patient tissue samples was used for each demonstrated condition.

Upon completion of the ACC experiments, the raw data were exported and analyzed using the hdf5.xyz analysis platform. fluorescence boost rescue of F508del-CFTR by ORKAMBI

**Fluorescent Bead-Tracking Assay.** Twenty-four hours prior to bead-tracking assay, primary inserts were gently washed on the apical surface and incubated in HBSS for 1 hour, before cleared of any apical fluids. One hour prior to the experiment, 50 μl fluorescent probe suspension in HBSS, consisting of FluoSpheres Poly styrene Microspheres 1.0 μm, green fluorescent or red fluorescent (ThermoFisher Scientific) at 0.02% was placed onto the apical surface of the inserts. In the fluorescent probe suspension, pretreatment was added as well, which included 10 μM CB-1158, 10 μM ABH, or the respective vehicle controls.

Methods were adapted from Matsui et al. (1998). All experiments were conducted at 37°C with 5% CO₂. Mucus transport rates over the surface of the planar cultures were measured from images (5 seconds) at 10× and 20× magnifications with an inverted epifluorescence microscope with a temperature control cage (Nikon eclipse TE2000) and a Hamamatsu orca ER camera capable of taking images at a rate of 9 to 12 frames per second. A baseline recording of bead movement was conducted for each cell monolayer prior to apical administration of a 2 μl test solution containing DMSO control, 10 μM FSK, or 10 μM FSK with 1 μM VX-770. Thirty minutes after addition of test solution, 10× and 20× magnification videos were taken again, focusing on the fluorescent beads. Five videos were taken per magnification in the center of the insert as well as in the north, south, east, and west quadrants. Upon completion of each set of experiments, the fluorescence beads of each video were enhanced via the contrast enhancement tool and exported as TIFF files in Velocity 6.3. The tracking software, Arivis vision4d, was used to analyze each individual bead velocity and speed using a predetermined tracking pipeline, used to analyze 3 seconds of imported TIFF files (~27 images) with the top 25 percentile of fluorescence intensity, and exported as an excel file.
The following formula was used to generate the outputted tracked displacement (meters) and to determine the velocity of the beads:

\[
\text{Velocity} = \frac{\text{displacement}}{\text{time}} = \frac{\text{speed}}{\text{time}} = \frac{\text{frames}}{\text{seconds}} = \frac{\text{number of frames}}{\text{seconds}} \times \frac{\text{speed}}{\text{frames}} = \frac{\text{speed}}{\text{frames}} \times \frac{\text{frames}}{\text{seconds}}
\]

The displacement values were multiplied by 10^6 to convert meters to micrometers. The excel file—generated “the number of frames that the beads were observed in” was used to generate the individual frame-to-frame velocity and then multiplied by the camera speed in frames per second to generate the velocity per unit of time in seconds. The reported values describe the arithmetic means of these values. Analysis was either given as the velocity in micrometers per second or frames per second to generate the velocity per unit of time in seconds.

Statistical Analysis. One-way ANOVA with Tukey's multiple comparison test was performed on all data with more than two datasets for comparison. S.D. was calculated using data from biologic replicates from patients and the average of technical replicates per plate from cell lines. Unpaired two-tailed t test was performed on data with two data sets. P < 0.05 was considered statistically significant. Statistical analyses were performed using GraphPad Prism 8.

Results

Addition of Apical Arginine Plus Inhibitors of Arginase-Enhanced NO Production in Primary Bronchial Cultures Obtained from Non-CF and CF Donors.

In our previous work, we showed that arginine is transported across the apical membrane of murine intestinal epithelia and converted to NO (Ahmadi et al., 2018). Now, we show that arginine uptake across the apical membrane of primary bronchial cultures (from nine donors) also leads to an increase in cytosolic NO in non-CF cultures (Fig. 1, white bars). As expected, the fluorescence signal, conferred by DAF-FM and corresponding to cytosolic NO, increased after the apical addition of L-arginine (1 mM) alone, and when arginine addition was combined with addition of either competitive arginase inhibitors, ABH (1 μM) or CB-1158 (10 μM), compounds that are expected to inhibit both forms of arginase (I and II) (Steggerda et al., 2017; van den Berg et al., 2018). The structures of these compounds are shown in Supplemental Fig. 1.
Fig. 3. Inhibition of arginase activity enhances rescue of F508del-CFTR channel activity at the surface of primary respiratory epithelial tissues by VX-809 plus VX-770. (A) Bar graph represents maximum change in ACC fluorescence from baseline ($\Delta F/F_0$) normalized to mock activation (with DMSO as vehicle control for arginine or FSK plus VX-770) for F508del-CFTR primary bronchial cells with 48-hour chronic treatment with either DMSO or 3 $\mu$M VX-809 (mean ± S.D.). Cells were pretreated acutely for 1 hour with 1 mM L-arginine, 10 $\mu$M CB-1158, 10 $\mu$M ABH, or buffer in the FLIPR dye solution. WT baseline is based on the mean FSK-stimulated values of eight individual WT-CFTR primary bronchial cells. One-way ANOVA with Tukey’s multiple comparison test relative to VX-809 plus VX-770 was performed (**$P < 0.007$; ****$P < 0.0001$, N = 4 biologic replicates, n = 2 technical replicates). (B) Representative line graphs represent change in ACC fluorescence from baseline ($\Delta F/F_0$) relative to DMSO control, as a measure of CFTR channel function in F508del-CFTR bronchial cells grown on inserts at ALI with 48-hour chronic treatment of 3 $\mu$M VX-809 or DMSO. Cells were pretreated with 10 $\mu$M CB-1158, or buffer in the FLIPR dye solution. At the 10-minute point, 1 mM L-arginine (Arg) was added into the apical FLIPR membrane dye solution, and, at 25 minutes, cAMP stimulation (Stim) occurred due to 10 $\mu$M FSK and 1 $\mu$M VX-770 addition. At 45 minutes, CFTR-specific inhibitor, CFTRinh-172 (Inh172), was added to confirm CFTR-specific function. (C) Bar graph represents the maximum change in ACC fluorescence from baseline ($\Delta F/F_0$) normalized to first DMSO control on F508del-CFTR primary nasal cells with 48-hour chronic treatment of either DMSO or 3 $\mu$M VX-809 (mean ± S.D.). Cells are pretreated for 1 hour with 10 $\mu$M CB-1158, or buffer in the FLIPR dye solution. WT baseline is based on the mean FSK-stimulated values of 16 individual WT-CFTR primary nasal cells. One-way ANOVA with Tukey’s multiple comparison test was performed (ns = not statistically significant, *$P < 0.04$; ***$P = 0.005$, N = 3 biologic replicates, n = 1 to 2 technical replicates). (D) Representative trace shows change in ACC fluorescence from baseline ($\Delta F/F_0$) relative to DMSO control, as a measure of CFTR channel function in F508del-CFTR nasal cells grown on inserts at ALI for 14 days with 48-hour chronic treatment of 3 $\mu$M VX-809 or DMSO. Cells were pretreated with 10 $\mu$M CB-1158 or buffer in the FLIPR dye solution. At the 10-minute point, 1 mM L-arginine (Arg) was added into the apical buffer, and, at 25 minutes, cAMP stimulation (Stim) occurred due to 10 $\mu$M FSK and 1 $\mu$M VX-770 addition. At 45 minutes, CFTR-specific inhibitor, CFTRinh-172 (Inh172), was added to confirm CFTR-specific function. (E) Representative trace shows Ussing chamber measurements of CFTR function in nasal cell culture from CF patients bearing F508del/F508del pretreated with VX-809 in absence (left) or presence of CB-1158 (1 mM) for 1 hour (right). CFTR function was determined after inhibition of the epithelial sodium channel (ENaC) with 30 $\mu$M amiloride and cAMP activation with 10 $\mu$M FSK. The subsequent addition included 10 $\mu$M CFTRinh-172 to determine CFTR-specific activity. (F) Bar graph showing mean (± S.D.) FSK and VX-770-activated short-circuit transepithelial current ($I_{sc}$) for nasal cultures from three patients bearing F508del/F508del mutation, after pretreatment of 48 hours with VX-809 (3 $\mu$M) ± CB-1158 (1 $\mu$M) (mean ± S.D.). Unpaired t test was performed (**$P = 0.0059$, N = 3 biologic replicates, n = 1 technical replicate). For VX-809 or VX-809 plus CB1158 pretreatment, the confidence limits were 2.4–4.4 and 4.6–8.9 $\mu$A/cm$^2$, respectively, using a confidential level of 95%.
Interestingly, in bronchial cultures generated from a total of nine donors who are homozygous for F508del, the basal levels of NO were significantly less, statistically, than those measured in the non-CF cultures, and there was no increase in these basal levels after the addition of apical arginine unless the arginase inhibitor CB-1158 was also added (Fig. 1). These findings are consistent with previous reports that CF bronchial epithelial cells exhibit elevated arginase activity relative to non-CF (Grasemann et al., 2005b; Jaecklin et al., 2014). Although the transport of arginine in the presence of arginase inhibitors led to an increase in cytosolic NO in the F508del cultures, NO levels were not fully rescued to those measured in basal conditions in non-CF cultures (Fig. 1).

We showed previously in our studies of intestinal epithelium that arginine-mediated NO generation enhanced the channel activity of wild-type (WT)-CFTR and F508del-CFTR, after rescue of its trafficking defect using lumacaftor or VX-809 (Ahmadi et al., 2018). In this study, we confirmed that a similar augmentation occurs in CF bronchial epithelium provided by D. Gruenert (University of California), namely the cell line: CFBE41o– stably overexpressing F508del-CFTR (Treharne et al., 2008). In Fig. 2, we show, using the plate-based, fluorescence assay of F508del-CFTR-mediated chloride conductance (Molinski et al., 2015; Ahmadi et al., 2017), that in VX-809–corrected cells, after electrogentic uptake of arginine, there is an increase in the FSK-mediated response by the mutant CFTR. This increase is enhanced by the pretreatment with the arginase inhibitor: CB-1158. Importantly, and as expected for a NO-mediated effect, both the arginase and CB1158 effects on the FSK response were inhibited by pretreatment with the iNOS inhibitor, 1400 W (Ahmadi et al., 2018). Together, these results suggest that the regulated function of corrected F508del-CFTR in airway cells is augmented by NO generated after arginine accumulation intracellularly and iNOS activation, as shown in the model depicted in Fig. 8.

**VX-809 Plus VX-770–Mediated Rescue of F508del-CFTR Channel Activity in Primary Bronchial and Nasal Epithelial Cultures Was Enhanced by Apical Arginine Plus Inhibitors of Arginase.** Because we found previously that arginine-dependent NO signaling enhanced the function of residual F508del-CFTR protein in the intestinal epithelium of mice (Ahmadi et al., 2018), we were prompted to determine whether arginine-dependent NO signaling also enhanced F508del-CFTR protein in human bronchial and nasal epithelial cultures.

In Fig. 3, A and B, we show the results of studies on cultures generated from a minimum of four different patients (homozygous for F508del), each with two technical replicates.

First, we compared the effects of multiple interventions simultaneously in a multiwell assay of primary bronchial tissues using the fluorescence-based FLIPR method for measuring CFTR-mediated changes in membrane potential (ACC or the ACC assay) (Ahmadi et al., 2017). As shown in the bar graph (Fig. 3A), as expected, a statistically significant rescue of F508del-CFTR–mediated channel function, or ACC:ΔF/ΔF₀, was measured after 48-hour pretreatment with the corrector (3 μM VX-809) and stimulation with FSK (10 μM) and the potentiator (1 μM VX-770). The acute addition of L-arginine (1 mM) to the apical surface of VX-809–corrected cultures led to a trend toward greater depolarization of the apical membrane following stimulation, as expected for this electrogentic transporter (Ahmadi et al., 2018). But, as clear from the bar graph of Fig. 3A, arginine addition alone did not enhance the stimulation caused by FSK plus VX-770. In contrast, if arginine was added together with inhibitors of arginase, either ABH or CB1158, there was almost a 1.5-fold enhancement of the stimulated channel activity. Together with the results shown in Figs. 1 and 2, these results suggest that a positive effect of arginine-dependent NO signaling to surface-localized F508del-CFTR channels requires simultaneous inhibition of arginine metabolism. In Fig. 3B, we show a representative ACC trace,...
corresponding to F508del-CFTR channel activity stimulated by FSK and VX-770 after correction (3 μM VX-809) in the presence or absence of arginine plus the arginase inhibitor CB-1158 (10 μM).

Nasal epithelial cultures (differentiated at ALI) are an accepted in vitro model of patient-dependent responses to CFTR modulators (de Courcey et al., 2012; Müller et al., 2013; Cao et al., 2015), and thus, we conducted a similar set of studies in patient-derived nasal epithelial cultures. In this case, we compared ACC responses in cultures generated from three different patients with one to two technical replicates. In this study, acute arginine addition led to a modest depolarization compared with that observed in the bronchial cultures. But, similar to the responses observed in the bronchial cultures, the combination of apical arginine plus an arginase inhibitor enhanced the functional rescue mediated by FSK and VX-770 in VX-809–corrected cultures by approximately 1.5-fold (Fig. 3, C and D). Addition of the arginase inhibitor, in the absence of added arginine, was not sufficient to enhance the response to VX-809 plus VX-770 (Supplemental Fig. 2), supporting the idea that apical uptake of arginine provides necessary substrate on which the arginase acts. Together with the results shown in Fig. 1, these studies suggest that NO generated by L-arginine in the presence of arginase inhibition further enhances potentiated channel activity of F508del-CFTR after its biosynthetic correction.

Having determined that arginine addition together with an arginase inhibitor like CB1158 was effective in augmenting stimulated F508del-CFTR channel function after biosynthetic rescue with VX-809 in nasal epithelial cultures using the FLIPR assay, we were prompted to confirm this effect using the lower throughput Ussing chamber assay. Representative short-circuit traces for nasal cultures generated from the same CF individual homozygous for F508del-CFTR are shown. These cultures were corrected using VX-809 and then stimulated with FSK plus VX-770 alone or together with arginine plus arginase inhibitor, as shown in Fig. 3E. It is clear, from the comparison, that the addition of arginine plus CB1158 augments the functional stimulation of mutant CFTR channel activity in corrected cultures. We confirmed that this increase was not due to a change in F508del-CFTR expression or processing by immunoblotting (Supplemental Fig. 4). This enhancement was observed for a total of three paired cultures, each derived from a different individual (Fig. 3F). Interestingly, there was no statistically significant effect of arginine plus CB1158 on amiloride-sensitive currents in these experiments.

**Fig. 5.** Velocity and pattern of bead movement are defective in F508del respiratory cultures. (A) Left: Representative MCCV of a WT bronchial epithelial insert. Each color represents an individual bead movement over the course of 10 seconds following 1-hour equilibration of WT-CFTR bronchial epithelial inserts in HBSS solution containing 0.02% polystyrene microspheres. MCCV appears as a mostly homogenous circular motion. Right: Representative MCCV of a F508del-CFTR bronchial epithelial insert shows less movement of each individual bead compared with the WT bronchial epithelial insert. (B) Bar graph represents the raw MCCV (micrometers per second) of either WT-CFTR or F508del-CFTR primary bronchial cells with 48-hour chronic treatment of DMSO (mean ± S.D.). Cells were pretreated with buffer in the HBSS solution containing 1 μm green or red polystyrene microspheres (0.02%) following 1 hour of equilibration. Unpaired t test was performed (****P < 0.0001, N > 8 biologic replicates, n = 1 technical replicate).

**VX-809 Plus VX-770–Mediated Rescue of CBF and Mucociliary Movement in Primary CF Epithelial Cultures Were Enhanced by Apical Arginine Plus Inhibitors of Arginase.** We then asked whether apical arginine and arginase inhibition improved CBF and mucociliary movement (MCCV) in CF airway cultures, as both of these in vitro phenotypes are thought to reflect CFTR channel function. First, we measured CBF of non-CF bronchial cultures in the presence of FSK (10 μM). In the presence of vehicle alone, CBF is approximately 8 Hz, which can be increased to 10 Hz with FSK (Supplemental Fig. 3). This change in CBF is consistent with values that were reported previously (Devalia et al., 1990; Sutto et al., 2004; Chen et al., 2016).

Then we assessed changes in CBF in differentiated bronchial and nasal epithelial cultures derived from patients homozygous for the F508del mutation. In the case of untreated (no VX-809 or VX-770) bronchial cultures (n = 6 patients per treatment condition), FSK-dependent CBF was approximately 50% of the CBF observed in the non-CF cultures. Following VX-809 plus VX-770 rescue, CBF increased significantly (Fig. 4, top). Pretreatment with arginine (1 mM) for 1 hour did not significantly increase CBF relative to that observed in VX-809–corrected and VX-770–potentiated cultures. Interestingly, the combination of arginine plus arginase inhibition...
Modulation of CBF was then measured in differentiated nasal cultures derived from three individual CF patients homozygous for F508del (n = 18 technical replicates in aggregate). Correction with VX-809 and potentiation with VX-770 increased CBF in nasal cultures by approximately 20% (Fig. 4, bottom panel). As in the case of the bronchial cultures, the addition of arginine together with arginase inhibitors augmented the CBF over that measured for nasal cultures treated with the corrector (VX-809) and the potentiator, VX-770.

MCCV on the surface of differentiated bronchial epithelial cultures was measured by tracking the velocity of fluorescent beads added to the airway surface fluid. Qualitatively, the beads on non-CF bronchial cultures moved in a sweeping hurricane-like pattern (Fig. 5A). In the case of CF cultures (homozygous for F508del), a number of bead-tracking patterns were observed, but most of the beads moved in tighter vortex-like patterns relative to the WT-CFTR bronchial cultures (Fig. 5A). The absolute velocity of such movement in WT-CFTR bronchial cultures equated to approximately 40 μm/s, 4-fold greater than CF bronchial cultures (Fig. 5B).

Bead velocity on the apical surface of CF bronchial cultures showed a modest increase following VX-809 plus VX-770 rescue (in cultures from more than six donors; Fig. 6A). Arginine pretreatment together with either of the two arginase inhibitors (ABH or CB-1158) further increased the bead velocity (Fig. 6A).

CF nasal cultures from three individual F508del homozygous patients (with a total of n = 18 technical replicates) were also assessed for MCCV using the bead-tracking assay. As in the case of the bronchial cultures, preincubation with arginine and CB-1158 (10 μM) enhanced the increase in (either ABH or CB-1158) on top of corrector and potentiation modestly increased CBF.

Fig. 6. Inhibition of arginase activity enhances rescue of MCCV on the surface of primary respiratory epithelial tissues by VX-809 plus VX-770. (A) Bar graph represents MCCV (micrometers per second) of F508del-CFTR primary bronchial cells with 48-hour chronic treatment of either DMSO or 3 μM VX-809 (mean ± S.D.). Cells were pretreated with 1 mM L-arginine, 10 μM CB-1158, 10 μM ABH, or buffer in the HBSS solution containing 1 μg green or red polystyrene microspheres (0.02%) following 1 hour of equilibration and 30 minutes of either 10 μM FSK or 10 μM FSK with 1 μM VX-770 apical addition to the HBSS. WT baseline is based on the mean FSK-stimulated values of eight individual WT-CFTR primary bronchial cells. The MCCV values were normalized to each biologic replicate's respective VX-809 plus VX-770 treatment. One-way ANOVA with Tukey's multiple comparison test was performed (***P < 0.001; ****P < 0.0001, N > 4 biologic replicates, n = 3 technical replicates). (B) Connected line plot represents the FSK-stimulated MCCV (micrometers per second) of the fully differentiated (day 30 postseeding) F508del-CFTR primary nasal cells treated with 3 μM VX-809 following equilibration in HBSS solution containing 1 μm polystyrene microspheres (0.02%) for 1 hour. Each dot represents a single biologic replicate (n = 2 to 3 technical replicates). Paired t test was performed (*P < 0.05, N = 3 biologic replicates, n = 2 technical replicates). (C) Bar graph represents MCCV of the fully differentiated (day 30 postseeding) F508del-CFTR primary nasal cells with 48-hour chronic treatment of either DMSO or 3 μM VX-809 (mean ± S.D.). Cells were pretreated with 1 mM L-arginine, 10 μM CB-1158, 10 μM ABH, or buffer in the HBSS solution containing 1 μg green or red polystyrene microspheres following 1 hour of equilibration and 30 minutes of either 10 μM FSK or 10 μM FSK with 1 μM VX-770 apical addition to the HBSS. The MCCV values were normalized to each biologic replicate's respective VX-809 plus VX-770 treatment. One-way ANOVA with Tukey's multiple comparison test was performed (ns = not statistically significant, *P < 0.05, N = 3 biologic replicates, n = 2 to 3 technical replicates).
bead velocity conferred by VX-809 plus VX-770 treatment, from 19 to 30 μm/s (Fig. 6B). Figure 6C shows the MCCV data from these experiments normalized relative to the VX-809 plus VX-770. This analysis shows that the augmentation of bead movement caused by arginine plus arginase inhibitors was similar in both types of cultures, bronchial and nasal.

As previously mentioned, both in vitro phenotypes, CBF and MCCV, are thought to reflect CFTR channel function. Hence, we predicted that there would be a positive correlation between the F508del-CFTR channel activity (measured using the FLIPR assay) and CBF or MCCV for each of the primary bronchial cultures studied. In fact, we did find a positive correlation between F508del-CFTR channel activity and CBF or MCCV when all phenotypes were normalized relative to WT-CFTR (Fig. 7).

Interestingly, the slopes of the two correlations are different, with the gain in CBF associated with increasing F508del-CFTR channel function being approximately 2-fold greater than the gain in MCCV (Fig. 7). The combination of arginine, arginase inhibition, and CFTR modulators rescues both channel function and CBF to near WT levels (left panel). In contrast, complete rescue of F508del-CFTR channel activity fails to completely rescue MCCV.

**Discussion**

The combination of CFTR modulators, lumacaftor and ivacaftor, in ORKAMBI is modestly effective in improving lung function in some, but not all individuals bearing the common mutations, F508del-CFTR (Cholon et al., 2016). Therefore, the results of the current studies of airway epithelium from CF patients are encouraging and support the idea that the ORKAMBI effect size could be enhanced by targeting a CFTR signaling pathway, the NO pathway. In contrast to our previous studies of arginine-dependent NO activation of F508del-cftr in mouse intestine, in this study we show that, in human bronchial epithelial cells, enhancement of NO accumulation and F508del-CFTR channel activation ...

![Fig. 7. Restoration of normal channel function translates to complete rescue of CBF but only partial rescue of MCCV in VX-809 plus VX-770–treated bronchial epithelia from patients homozygous for F508del. CFTR channel activity, CBF, and MCCV outcome measurements of three conditions treated with 10 μM FSK: 48-hour DMSO (red), 48-hour VX-809 plus VX-770 (blue), and 48-hour VX-809 plus VX-770 with CB-1158 and arginine (green), which were normalized to experimental WT controls and plotted against channel activity. Left: CFTR channel activity was plotted against CBF, and the equation of the line graph was generated by calculating linear regression using Spearman’s correlation test (**P < 0.0001, r = 0.867). Right: CFTR channel activity was plotted against MCCV, and the equation of the line graph was generated by calculating linear regression using Spearman’s correlation test (r = 0.8854).](image)

![Fig. 8. Combinational therapy with VX-809 plus VX-770 and L-arginine–NO pathway agonists can ameliorate the CFTR channel activity, CBF, and mucociliary clearance defects observed in F508del-CFTR respiratory tissues. Increased protein kinase G (PKG) phosphorylation activates CFTR channel activity and the ATPase motor of cilia to increase ciliary beating. In CF patients, there is increased arginase expression, which results in a buildup of proline (buildup of fibrotic mass) and polyamine (inhibitor of NO synthase activity). This, in turn, decreases NO synthase expression and activity, decreases NO production, and consequently decreases CFTR channel activity and cilia motility. By using L-arginine–NO pathway agonists in VX-809 plus VX-770–rescued F508del-CFTR tissue, PKG and protein kinase A (PKA) agonists in conjunction activate corrected CFTR at the apical surface as well as the ATPase motor of cilia, resulting in a higher pH and less viscous environment for metachronal ciliary beating and thus mucociliary clearance to occur.](image)
arginine improve lung function in CF patients by modulating and MCCV on the apical surface of the patient-derived cultures. Interestingly, there have already been several attempts to improve lung function in CF patients by modulating the arginine–NO pathway through the delivery of inhaled NO (Ratjen et al., 1999), arginine supplementation (Grasemann et al., 1999, 2005a, 2013), the use of growth hormone (Grasemann et al., 2008) to augment NO synthase, and dietary nitrate supplementation (Kerley et al., 2016). None of these approaches led to statistically significant improvements in lung function (Grasemann et al., 1999, 2005a, 2008, 2013; Ratjen et al., 1999; Snyder et al., 2002; Taylor-Cousar et al., 2015; Kerley et al., 2016). Our in vitro studies suggest that an inhibitor of arginase supplementation might be more effective in future clinical studies if added in combination with an inhibitor of arginase like CB1158. This suggestion is in keeping with previous studies showing that the epithelium derived from CF mice (Jaeklin et al., 2014) exhibits elevated arginase activity, a phenotype that would prevent intracellular arginine.

It remains to be determined whether the positive effects observed with CB1158 in combination with VX-809 and VX-770 in patient-derived airway epithelial cultures will be clinically relevant. Patient-derived primary bronchial epithelial cultures were used previously to inform CF drug development. Positive changes in F508del-CFTR channel function measured in primary airway cultures using the modulator VX-770 provided the evidence of efficacy required for their future evaluation in clinical trials (Van Goor et al., 2009; Shah, 2011; Yu et al., 2012). The correlations between effective size measured in vitro and clinical studies are still being evaluated. The group of Sermet-Gaudelus and colleagues showed that there was a statistically significant correlation between patient-specific responses to ORKAMBI in vitro measures of rescued F508del-CFTR channel activity in nasal cultures and improvements in lung function (Pranke et al., 2017). Similarly, the Beekman research group showed that there is also a correlation between rectal organoid swelling, an indirect measure of CFTR channel function in patient-derived rectal epithelium and that individuals’ clinical improvement, measured as forced expiratory volume in 1 second (percent predicted) (Beekman, 2016; Dekkers et al., 2016). Yet, the power of in vitro assays to predict health outcomes is still being debated. For example, in contrast to the above studies, no statistically significant correlations between direct measures of CFTR channel function in patient-derived intestinal biopsies and clinical improvement after ORKAMBI were detected in studies by Mall et al. (2004) (Gräber et al., 2018).

It has been suggested that the power of in vitro assays of patient-derived tissues to predict clinical outcome will be enhanced by including multiple in vitro phenotypes from the same tissue. In the current paper, we examined three different in vitro outcomes of airway epithelial function, F508del-CFTR channel activity, CBF, and MCCV. All of these outcomes showed that there was an additive effect of arginase inhibition and CFTR modulators. These findings were not surprising because these in vitro phenotypes are thought to be related to F508del-CFTR channel modulation. As shown in the cartoon of Fig. 8, NO accumulation is expected to directly enhance ciliary motor proteins via cyclic GMP-dependent phosphorylation in addition to its modulation of membrane-localized F508del-CFTR (Wirschell et al., 2011). In fact, of the maximal CBF stimulated in CF epithelia in these studies of 9.3 Hz, approximately 20% was inhibited by CFTRinh-172, reducing the mean CBF to 7.3 Hz. So, it is possible that increases in CBF with CB1158 and arginine reflect stimulation of the ciliary motor and the mutant channel.

Interestingly, the slope of the correlation between changes in channel function and CBF was greater than the slope for the correlation between channel function and MCCV. The basis for this difference in slope was not studied in this work, but, in the future, we will investigate the proposal that CFTR channel modulators more easily modify the periciliary fluid than the mucus solids on top.

Each of the in vitro phenotypes, F508del-CFTR channel activity, CBF, and MCCV, were studied in both primary bronchial epithelial cultures and primary nasal epithelial cultures (Figs. 1–6). The bronchial and nasal cultures were not derived from the same individuals, and, hence, the results are not directly comparable. But, overall, the magnitude of the responses to the interventions targeting the NO signaling pathway and the CFTR modulators, VX-809 and VX-770, is similar. These findings are consistent with those reported by Brewington et al., 2018, showing that nasal epithelial cultures serve as adequate surrogates for bronchial cultures with respect to modulator effects on F508del-CFTR channel function. Our studies of CBF plus MCCV support the claim that the effect of modulators on CF-associated phenotypes can also be modeled in nasal epithelial cultures.

In summary, we demonstrate that strategies to augment arginine–NO pathway in the context of CFTR modulation can improve CFTR channel activity and downstream airway epithelial phenotypes. Because the small-molecule inhibitor of arginase, CB1158, has been shown to be safe for treatment of cancer, we suggest that it has the potential to be repurposed as a companion therapy to be given together with ORKAMBI to patients who are homozygous for F508del-CFTR.

Acknowledgments

We recognize the exceptional service provided by Tailored Genes in generating lentivirus containing SLC6A14-GFP and stably transducing epithelial cells; Dr. Jacqueline McCormack in editing the manuscript; and consultation with Dr. Jason Chen (University of California-Irvine) regarding analysis of CBF. Primary bronchial cultures (non-CF and CF) were obtained from Dr. Philip Karp (National Institutes of Health–Iowa Culture Facility). Nasal epithelial cultures were obtained from the SickKids and CF Canada Program in Individualized Cystic Fibrosis Therapy. We also acknowledge the expertise provided by Kimberly Lau (SickKids Imaging Centre) in optimizing imaging methods for the measurement of MCCV.

Authorship Contributions

Participated in research design: Wu, Ahmadi, Wellhauser, Gonska, Moraes, Bear.
Conducted experiments: Wu, Jiang, Ahmadi, Lew, Laselva, Xia, Bartlett, Ip, Ouyang, Gonska.
Contributed new reagents or analytic tools: Wu, Jiang, Laselva, Bartlett, Ip, Wellhauser, Gonska.
Wrote or contributed to the writing of the manuscript: Wu, Bartlett, Gonska, Moraes, Bear.