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# $\alpha_{1A}$ -Adrenergic Receptors Regulate Cardiac Hypertrophy *In Vivo* Through IL-6 Secretion

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**Running Title:**  $\alpha_{1A}$ -AR regulates IL-6-mediated hypertrophy

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**Non-standard Abbreviations:** ANF, atrial natriuretic factor; AR, adrenergic receptor; BNP, brain natriuretic peptide; BP, blood pressure; CAM, constitutively active mutation; GP130, glycoprotein 130; GPCR, G-protein-coupled receptor; [<sup>125</sup>I]-HEAT, 2-[ $\beta$ -(4-hydroxy-3-[<sup>125</sup>I]iodophenyl)ethylaminomethyl]-tetralone; HW:BW, heart to body weight ratio; IL, interleukin; KO, knockout; LVEDD, left ventricular end diastolic dimensions; LVESD, left ventricular dimensions end systolic dimensions; MAPK, mitogen activated protein kinase; NE, norepinephrine; PE phenylephrine; PKC, protein kinase 3; STAT3, signal transducer and activator of transcription 3; WT, wild-type.

## ABSTRACT

The role of  $\alpha_1$ -adrenergic receptors (AR) in the regulation of cardiac hypertrophy is still unclear, as transgenic mice demonstrated hypertrophy or the lack of it despite high receptor overexpression. To further address the role of the  $\alpha_1$ -ARs in cardiac hypertrophy we analyzed unique transgenic mice that overexpress CAM  $\alpha_{1A}$ -ARs or CAM  $\alpha_{1B}$ -ARs under the regulation of large fragments of their native promoters. These constitutively active receptors are expressed in all tissues that endogenously express their WT counterparts as opposed to only myocyte-targeted transgenic mice. In this study, we discovered that CAM  $\alpha_{1A}$ -AR mice *in vivo* have cardiac hypertrophy independent of changes in blood pressure, corroborating earlier studies, but in contrast to myocyte-targeted  $\alpha_{1A}$ -AR mice. We also found cardiac hypertrophy in CAM  $\alpha_{1B}$ -AR mice, in agreement with previous studies, but hypertrophy only developed in older mice. We also discovered unique  $\alpha_1$ -AR-mediated hypertrophic signaling that was AR subtype-specific with CAM  $\alpha_{1A}$ -AR mice secreting ANF and IL-6, while CAM  $\alpha_{1B}$ -AR mice expressed activated NF- $\kappa$ B. These particular hypertrophic signals were blocked when the other AR subtype was co-activated. We also discovered that crossbreeding the two CAM models (double CAM  $\alpha_{1A/B}$ -AR) inhibited the development of hypertrophy and was reversible with single receptor activation, suggesting co-activation of the receptors can lead to novel antagonistic signal transduction. This was confirmed by demonstrating antagonistic signals that were even lower than normal controls in the double CAM  $\alpha_{1A/B}$ -AR mice for p-38, NF- $\kappa$ B and the IL-6/gp130/STAT3 pathway. As  $\alpha_{1A/B}$  double knockout mice fail to develop hypertrophy in response to IL-6, our results suggest that IL-6 is a major mediator of  $\alpha_{1A}$ -AR cardiac hypertrophy.

## INTRODUCTION

The sympathetic nervous system plays a crucial role in the regulation of cardiac function. Norepinephrine (NE) released from sympathetic neurons innervating the heart enhances cardiac contractility, hypertrophy, blood-flow and protects from ischemic injury. The effects of NE are mediated by nine different ARs ( $\alpha_{1A}$ -,  $\alpha_{1B}$ -,  $\alpha_{1D}$ -,  $\alpha_{2A}$ -,  $\alpha_{2B}$ -,  $\alpha_{2C}$ ,  $\beta_1$ -,  $\beta_2$ -,  $\beta_3$ -AR). These receptors are part of a larger superfamily of G-protein coupled receptors that mediate the effects of hormones and neurotransmitters.

Three different  $\alpha_1$ -AR subtypes have been cloned (Cotecchia et al., 1988; Perez et al., 1991; Perez et al., 1993). The  $\alpha_{1A}$ -AR and  $\alpha_{1B}$ -AR are present in the myocyte (Michel et al., 1994; Michel and Insel, 1994). However, the lack of  $\alpha_1$ -AR subtype-selective antagonists has made it difficult to identify the physiological roles of  $\alpha_1$ -AR subtypes in the heart. To circumvent this problem, several transgenic mouse models that either overexpress, knockout (KO), or heart-target the  $\alpha_1$ -AR subtypes have been created and analyzed (Milano et al., 1994; Cavalli et al., 1997; Grupp et al., 1998; Wang et al., 2000; Lemire et al., 2001; Lin et al., 2001; Zuscik et al., 2001; Yun et al., 2003; O'Connell et al., 2006). While most of these models agree that  $\alpha_1$ -ARs are important for physiological heart function, there is some variance on their roles in cardiac hypertrophy. While previous cellular studies using mildly selective ligands suggest that the  $\alpha_{1A}$ -AR is the mediator of hypertrophy in neonatal myocytes (Knowlton et al., 1993; Rokosh et al., 1996; Autelitano et al., 1998), the myocyte-targeted  $\alpha_{1A}$ -AR transgenic mouse did not display hypertrophy (Lin et al., 2001) despite high levels of receptor overexpression. Most

MOL Manuscript # 84483

of the mouse models with the exception of one (Grupp et al., 1998) that overexpress or myocyte-target the  $\alpha_{1B}$ -AR subtype demonstrated a mild, but significant cardiac hypertrophy.

We now further describe the role of the  $\alpha_1$ -ARs in cardiac hypertrophy utilizing unique transgenic mice that overexpress CAM  $\alpha_{1A}$ -ARs or CAM  $\alpha_{1B}$ -ARs under the regulation of their isogenic promoters to achieve both myocyte and non-myocyte expression. Not only did we find cardiac hypertrophy in both mouse models in contradiction to previous studies, we also discovered unique  $\alpha_1$ -AR-mediated hypertrophic signaling that was subtype-specific and focused on the IL-6 pathway for the  $\alpha_{1A}$ -AR subtype. Of particular interest, the hypertrophy and associated signals were blocked when the other AR subtype was co-activated through agonism or through crossbreeding the two CAM models (double CAM  $\alpha_{1A/B}$ -AR).

## MATERIALS AND METHODS

**Transgenic Mice and Cross-Mating.** The generation of CAM  $\alpha_{1A}$ -AR and CAM  $\alpha_{1B}$ -AR mice have been described elsewhere (Zuscik et al., 2000; Rorabaugh et al., 2005). Normal littermates are used as controls. Tissue-specific distribution was achieved using large fragments of the mouse  $\alpha_{1A}$ -AR or  $\alpha_{1B}$ -AR promoters (Zuscik et al., 1999; O'Connell et al., 2001) to drive over expression of cDNA that encodes the CAM receptors (Zuscik et al., 2000; Rorabaugh et al., 2005). All procedures on the mice conform to the "Guide for the Care and Use of Laboratory Animals" by the National Institutes of Health and approved through the institutional animal use committee (ARC 08906).

**Radioligand Binding.** The protocols used for membrane preparation and radioligand binding has been previously described (Rorabaugh et al., 2005). Saturation binding was performed using the  $\alpha_1$ -AR-selective radioligand 2-[ $\beta$ -(4-hydroxy-3-[ $^{125}$ I]iodophenyl)ethylaminomethyl]-tetralone ([ $^{125}$ I]-HEAT).

**Measurement of Inositol-1,4,5-Trisphosphate (IP<sub>3</sub>).** Heart tissue were weighed, chopped into small pieces and incubated for 1 h at 37°C in serum free Dulbecco's Modified Eagle Medium containing 10mM LiCl with or without 10uM PE. The IP<sub>3</sub> was measured using a radioreceptor assay kit from Perkin Elmer Life Sciences (Boston, MA) according to the manufacturer's protocol.

**Drug Treatments and Measurement of Cardiac Hypertrophy.** 6-8 mo old CAM or normal mice were subjected to the following protocol. First,  $\beta$ -ARs were blocked in all experimental mice with propranolol (i.p., 1mg/kg body weight).  $\alpha_{1A}$ -ARs were stimulated in CAM mice using cirazoline (i.p., 0.3mg/kg).  $\alpha_{1B}$ -ARs were stimulated in CAM mice using

MOL Manuscript # 84483

norepinephrine (NE) (i.p., 1mg/kg) and the  $\alpha_{1A}$ -AR antagonist, 5-methylurapidil (i.p., 10 $\mu$ g/kg).

In separate studies, mice were injected i.p. with IL-6 (0.1ml, 40ng). Control mice were injected with saline (0.9% NaCl). All mice were injected twice daily for two weeks. Mice were then weighed, anesthetized with 0.2ml Nembutal, hearts removed, blotted free of blood 5x and weighed to determine heart to body weight ratio (HW:BW).

**Echocardiograph.** Mice were subjected to echocardiographic analysis. The mice were anesthetized with isoflurane (0.2% V/v). Images were acquired using an echocardiographic machine Vevo 770 (Visual Sonics, Toronto, Ontario, Canada). The m-mode echocardiograms obtained from 9-10 beats allowed quantification of mean and SEM for left ventricle (LV) size, anterior and posterior wall thickness and LV cavity dilation.

**Blood Pressure.** The measurement of the mean carotid artery BP in conscious mice was performed as described previously (Zuscik et al., 2001). The mice were anesthetized with 0.1mg/g ketamine and 2 $\mu$ g/g acepromazine maleate. The recording began immediately after surgery and continued for a 7 h period.

**Fibrosis.** Hearts were post-fixed in ice-cold solution containing 2% paraformaldehyde, 75mM lysine, 37mM sodium phosphate and 10mM sodium peroxide, paraffin-embedded and processed for Masson's Trichrome staining to assess the extent of myocardial collagen deposition. Six 10 $\mu$ m transverse (short-axis) sections at the level of the papillary muscles were analyzed from each animal for bright blue staining using the Image J analysis program.

**Serum IL-6 levels.** Mice were injected with 0.2ml of sodium pentobarbital solution (50mg/ml) (Ovation Pharmaceutical, Deerfield, IL) and blood samples were collected through the tail vein and set at room temperature for 2 h. Levels of IL-6 in serum were determined by ELISA using the Quantikine mouse kit from R&D systems following the manufacturer's instructions.

MOL Manuscript # 84483

**Western blots.** Hearts were homogenized and processed as previously described (Gonzalez-Cabrera et al., 2003). After transfer, the blot was blocked and then incubated with one of the following primary antibodies overnight at 4°C: rabbit anti Stat3 or gp130 at 1:1000; rabbit anti-p-Ser-Stat3 at 1:500; rabbit anti-p-Tyr-Stat3 at 1:500; mouse anti-phospho-IkappaB $\alpha$  at 1:1000; mouse anti-p38 or phospho-p38 at 1:1000, rat anti-IL-6 at 0.1 $\mu$ g/ml; goat anti-GAPDH at 1:1000 (Cell Signaling Technologies, Danvers, MA). The blots were incubated with the appropriate secondary antibody for 1 h at room temperature (IgG HRP at 1:10,000, Jackson ImmunoResearch, West Grove, PA). The blots were washed before incubation with the Pierce SuperSignal Chemiluminescent reagents and exposed using CL-Xposure film (Pierce)

**Statistical Analysis.** Analysis of Variance and Newman-Keuls post-test were used to compare functional and signaling parameters. A probability value  $p < 0.05$  was considered statistically significant. Prism software (GraphPad, San Diego, CA) was used for all data analyses.



## RESULTS

**Crossbreeding and Characterization of CAM Mice.** CAM  $\alpha_{1A}$ -AR and CAM  $\alpha_{1B}$ -AR homozygous mice were crossbred and subsequent generations intercrossed to produce bi-transgenic mice that contained both CAM  $\alpha_{1A}$ -AR and CAM  $\alpha_{1B}$ -AR homozygous alleles as determined by Southern analysis (Fig. 1). We performed radioligand binding to determine the total density of  $\alpha_1$ -AR receptors (Fig. 2A). In some tissue such as the heart, lung and spleen, the  $\alpha_1$ -AR density in CAM  $\alpha_{1A/B}$ -AR mice was additive. In the higher expressing tissue such as brain or liver,  $\alpha_1$ -AR density was not additive in the CAM  $\alpha_{1A/B}$ -AR, suggesting some regulatory mechanism present in those organs or the result of crossover events that affected promoter activity. While mouse liver is considered an  $\alpha_{1B}$ -AR dominant tissue, the  $\alpha_{1A}$ -AR is present in the liver vasculature, NK killer cells and B lymphocytes as well as other immune cells in the liver sinusoids (Grisanti et al., 2011). To determine the levels of receptor activity and constitutive signaling in the heart, we analyzed the amount of IP<sub>3</sub> under basal and stimulated (PE, 10  $\mu$ M) conditions. While the basal IP<sub>3</sub> activity for the various CAM mouse models was significantly increased compared to normal hearts, the level of stimulated activity was greater in CAM than normal mice but plateau between the transgenic mouse models (Fig. 1B).

**Characterization of Cardiac Hypertrophy.** CAM  $\alpha_{1B}$ -AR mice have been previously shown to have mild, yet significant cardiac hypertrophy (Zuscik et al., 2001). To determine if the other CAM mouse models also had cardiac hypertrophy, we assessed heart/body weight ratios in similarly aged (6-8 mo) mice (Fig 3A). Both the CAM  $\alpha_{1A}$ -AR and CAM  $\alpha_{1B}$ -AR mice had significantly increased heart to body weight ratios compared to normal mice but the double CAM  $\alpha_{1A/B}$ -AR mice did not. A marker of maladaptive hypertrophy is fibrosis, which

MOL Manuscript # 84483

can be assessed through Masson-Trichrome staining. Only the CAM  $\alpha_{1B}$ -AR mice had significant fibrosis (Fig. 3B). We also determined mRNA expression of hypertrophy-associated fetal markers (Fig. 3C). Only CAM  $\alpha_{1A}$ -AR had weak but significantly elevated levels of ANF and only the double CAM  $\alpha_{1A/B}$ -AR mice displayed significantly increased BNP. This is consistent with our previous report that the CAM  $\alpha_{1B}$ -AR mice did not display elevated ANF even though it had cardiac hypertrophy (Zuscik et al., 2001). To determine if potential changes in BP effected hypertrophy, we measured both basal and induced BP with an indwelling catheter in the CAM  $\alpha_{1A}$ -AR mice. While basal BP in the CAM  $\alpha_{1A}$ -AR mice was lower, it was not significantly different from controls and CAM  $\alpha_{1A}$ -AR mice also had no significant changes in BP from normal control mice when stimulated with phenylephrine (Fig. 3D). We had previously published that CAM  $\alpha_{1B}$ -AR mice had decreased resting BP and pressure was blunted when stimulated by PE (Zuscik et al., 2001).

In addition to ANF and BNP levels, other hypertrophic signals previously associated with  $\alpha_1$ -AR activation were analyzed such as p38 (Zechner et al., 1997; Clerk et al., 1998; Nemoto et al., 1998) and NF- $\kappa$ B (Hirotsu et al., 2002). In western blot analysis, we found that the levels of phospho-I $\kappa$ B $\alpha$  that regulates NF- $\kappa$ B activity was substantially higher in the CAM  $\alpha_{1B}$ -AR heart (Fig. 4), but was not elevated in the other mouse lines, even in the double CAM  $\alpha_{1A/B}$ -AR mice. We also measured p-ERK and phospho-p-38 levels (Fig. 4). While phospho-p38 did not display any differences from normal mice in the single CAM mice, there was a significant decrease in phospho-p-38 in the double CAM  $\alpha_{1A/B}$ -AR mice. In contrast, p-ERK levels were not different between any of the mouse lines. These results suggest that specific

inhibitory signal transduction is occurring in the double CAM  $\alpha_{1A/B}$ -AR mice that may be associated with its inhibition of the cardiac hypertrophy response.

**Echocardiography.** To confirm cardiac hypertrophy *in vivo* in the CAM mouse models, we performed echocardiography at two different age ranges. In agreement with the heart:body weight ratios, CAM  $\alpha_{1A}$ -AR mice had significantly increased posterior wall dimensions at both 4-6 mo and 11-12 mo of age (Fig 5AB). At older ages of 11-12 mo, the CAM  $\alpha_{1B}$ -AR mice displayed significantly increased wall thickness (Fig 5AB). In chamber size, CAM  $\alpha_{1A}$ -AR mice displayed increased left ventricular dimensions in both end systolic (LVESD) and end diastolic dimensions (LVEDD) at both age ranges, while the CAM  $\alpha_{1B}$ -AR mice only displayed increased chamber size at older ages and only for end diastole (Fig 5C-F). Double CAM  $\alpha_{1A/B}$ -AR mice did not display any increase in wall thickness or chamber size at any age and actually displayed significantly smaller chamber size than normal mice. There were no significant differences between males and females in any of the mouse models.

**Co-stimulation of  $\alpha_1$ -AR Subtypes Decreases Heart:Body Weight Ratio.** Since the double CAM  $\alpha_{1A/B}$ -AR mice did not display cardiac hypertrophy while the single receptor CAM mice did, we tested the theory that co-expression of the  $\alpha_1$ -AR subtypes might lead to the repression of hypertrophy. First, normal mice were injected twice per day for two weeks with propranolol (to block  $\beta$ -AR effects) and either NE alone or NE in conjunction with the  $\alpha_{1A}$ -AR antagonist 5-methylurapidil (to stimulate  $\alpha_{1B}$ -ARs), or the  $\alpha_{1A}$ -AR agonist cirazoline (to stimulate  $\alpha_{1A}$ -ARs). We found that normal mice induced cardiac hypertrophy to similar degree with any subtype after  $\alpha_1$ -AR stimulation (Fig. 6A). We next used the same protocol and injected CAM  $\alpha_{1A}$ -AR or CAM  $\alpha_{1B}$ -AR mice with either cirazoline or the  $\alpha_{1B}$ -AR stimulation cocktail.

MOL Manuscript # 84483

We found that only co-stimulation of the opposite  $\alpha_1$ -AR subtype significantly reduced the heart:body weight ratio (Fig. 6B) while additional stimulation of the same  $\alpha_1$ -AR subtype did not further increase hypertrophy. Finally, using the same protocol, we injected either cirazoline or the  $\alpha_{1B}$ -AR stimulation cocktail into the double CAM  $\alpha_{1A/B}$ -AR mice and found that stimulation of either  $\alpha_1$ -AR subtype increased cardiac hypertrophy (Fig. 6C).

**IL-6 Levels.** Since the IL-6/gp130/STAT3 pathway can mediate cardiac hypertrophy (Hirota et al., 1995; Kunisada et al., 1996; Kunisada et al., 1996) and we have previously shown that  $\alpha_1$ -ARs can couple to this pathway and regulate the secretion of IL-6 *in vitro* (Gonzalez-Cabrera et al., 2003; Perez et al., 2009; Shi et al., 2012), we tested the level of IL-6 in the serum of the various mouse models. We found that only the CAM  $\alpha_{1A}$ -AR mice had significant increased serum levels of IL-6 (Fig. 7A) while double CAM  $\alpha_{1A/B}$ -AR mice had levels similar to normal mice. These results suggest that IL-6 may be a prominent component of the hypertrophy response for the  $\alpha_{1A}$ -AR and not for the  $\alpha_{1B}$ -AR and may explain why myocyte-targeted transgenic mice for the  $\alpha_{1A}$ -AR did not display cardiac hypertrophy.

**IL-6 Signaling.** Besides involvement in the secretion of IL-6,  $\alpha_1$ -ARs can couple to the IL-6 signaling pathway independent of IL-6 through PKC/ERK signaling (Gonzalez-Cabrera et al., 2003; Perez et al., 2009; Shi et al., 2012). Therefore, we determined protein levels for gp130 and STAT3 in the various mouse models. We found that levels of gp130 as well as both phosphorylated forms of STAT3 in the hearts only from the double CAM  $\alpha_{1A/B}$ -AR mice were reduced compared with normal controls (Fig. 7B). These results suggest that the double CAM  $\alpha_{1A/B}$ -AR mice may be defective in gp130/STAT3 signaling.

MOL Manuscript # 84483

**Double CAM  $\alpha_{1A/B}$ -AR Mice are Defective for IL-6 Mediated Cardiac Growth. We**

next determined if the IL-6 signaling pathway is involved in  $\alpha_1$ -AR mediated hypertrophy and if that pathway is defective in the double CAM  $\alpha_{1A/B}$ -AR mice. We injected exogenous IL-6 into mice for two weeks and determined its effects on heart growth. Both normal and CAM  $\alpha_{1B}$ -AR mice responded to IL-6 treatment by increasing the heart:body weight ratio by 20-26%, while CAM  $\alpha_{1A}$ -AR mice were unresponsive to IL-6 as they already possessed high IL-6 serum concentrations (Fig. 7C). Our results suggest that IL-6 is a contributing factor to the  $\alpha_1$ -AR-mediated hypertrophic response. In addition, double CAM  $\alpha_{1A/B}$ -AR mice was unresponsive to IL-6, confirming that the IL-6 pathway was defective and at least part of the mechanism for the inhibition of cardiac hypertrophy.

## DISCUSSION

Early studies (Simpson, 1983) demonstrated that incubation of myocytes with catecholamines caused cellular hypertrophy by activation of  $\alpha_1$ -ARs. While many pathways have been shown to affect  $\alpha_1$ -AR mediated hypertrophy, several of these pathways merge into the mitogen-activated protein kinase pathways (MAPKs)(Zechner et al., 1997; Clerk et al., 1998; Nemoto et al., 1998) but have not been previously associated with IL-6/gp130/STAT3 signaling. We have recently shown that  $\alpha_1$ -AR mediated PKC and MAPK activation can affect the phosphorylation status of STAT3 independent of IL-6 (Shi et al., 2012) and that  $\alpha_1$ -AR mediated p38 and NF- $\kappa$ B activation can regulate the expression and secretion of IL-6 (Gonzalez-Cabrera et al., 2003; Perez et al., 2009).

While previous studies suggest that the  $\alpha_{1A}$ -AR subtype mediated hypertrophy in neonatal myocytes (Knowlton et al., 1993; Rokosh et al., 1996; Autelitano et al., 1998), myocyte-targeted mouse models suggested otherwise, independent from expression levels (Lin et al., 2001). In the current study, we show for the first time that a mouse model of the  $\alpha_{1A}$ -AR subtype can mediate cardiac hypertrophy *in vivo* similar to CAM  $\alpha_{1B}$ -AR mice (Zuscik et al., 2001). The  $\alpha_{1A}$ -AR appears to mediate hypertrophy not through direct effects on the myocyte, consistent with the myocyte-targeted studies of Lin et al., (2011), but on secreted factors in the blood from non-cardiac tissue, prominent of which is IL-6 (Fig 8). As the native promoter in our transgenic mice allows systemic expression,  $\alpha_1$ -ARs are expressed in other cell types that may be required for secretion of paracrine factors that ultimately affect the myocyte, such as IL-6 (Fig 8). IL-6 is secreted from various cell types regulated through  $\alpha_1$ -ARs (Yamauchi-Takahara et al., 1995; Loppnow et al., 1990; Jensen et al., 2010; Hirasawa et al., 1996; Grisanti et al., 2011;

Tayebati et al., 2000; Faber et al., 2001), such as smooth muscle cells (Loppnow et al., 1990) and fibroblasts (Faber et al., 2001). IL-6 appears to play a prominent role in  $\alpha_{1A}$ -AR mediated hypertrophy since both normal and CAM  $\alpha_{1B}$ -AR mice still respond to exogenous IL-6 (Fig 7C), but not the CAM  $\alpha_{1A}$ -AR mice, which were already saturated due to high serum levels (Fig 7A). In addition, norepinephrine failed to initiate hypertrophy in IL-6 KO mice (Meier et al., 2009) and IL-6 failed to initiate a hypertrophic response in  $\alpha_{1A/B}$  KO mice (Fig 7C), suggesting that IL-6 is a prominent factor in  $\alpha_1$ -AR mediated cardiac hypertrophy.

Interestingly, the signals associated with hypertrophy are different and unique in the two mouse models. The CAM  $\alpha_{1A}$ -AR mice expressed ANF (Fig. 3C) and secreted IL-6 into the bloodstream (Fig. 7A). CAM  $\alpha_{1B}$ -AR mice, while not secreting IL-6, robustly activated the NF- $\kappa$ B (Fig. 4) hypertrophic pathway in the heart (Hirotsani et al., 2002) and displayed fibrosis (Fig. 3). While both IL-6 and NF- $\kappa$ B are associated with hypertrophy, they have not been previously associated with  $\alpha_1$ -AR cardiac signaling. The selectivity of ANF expressing in the CAM  $\alpha_{1A}$ -AR mice is not unexpected as several studies suggested that ANF transcriptional activity is  $\alpha_{1A}$ -AR driven (Knowlton et al., 1993; Autelitano and Woodcock, 1998; McWhinney et al., 2000). BNP was only expressed in the double CAM  $\alpha_{1A/B}$ -AR (Fig. 3C). While BNP is often associated as a marker of hypertrophy and heart failure, exogenous and endogenous application of BNP is anti-hypertrophic, anti-fibrotic, and cardioprotective (reviewed in Ritchie et al., 2009), consistent with the phenotype of the double CAM  $\alpha_{1A/B}$ -AR mice and is also a novel signal produced through co-activation of the two  $\alpha_1$ -AR subtypes.

Our data suggest that both the CAM  $\alpha_{1A}$ -AR and CAM  $\alpha_{1B}$ -AR mice develop eccentric hypertrophy (Fig 5) with both increased posterior wall thickness and chamber dilation, although

MOL Manuscript # 84483

this takes a longer time to develop in the CAM  $\alpha_{1B}$ -AR mice and the effect is much milder. Eccentric hypertrophy is often seen with volume and not pressure overload (Spotnitz et al., 1973). Cardiac hypertrophy initially has beneficial effects in terms of muscular economy by normalizing wall stress (i.e. adaptive hypertrophy). However, several studies have demonstrated that chronic hypertrophy can be associated with a significant increase in the risk of heart failure, ischemic heart disease, and apoptosis (i.e. maladaptive hypertrophy; reviewed in Selvetella et al., 2004). Several studies have suggested that activation of the  $\alpha_{1A}$ -AR but not the  $\alpha_{1B}$ -AR subtype can be cardioprotective, which indicates a different involvement of the  $\alpha_1$ -AR subtypes in the progression of adaptive to maladaptive hypertrophy (reviewed in Perez and Doze, 2011; Jensen et al., 2011). As IL-6 mediated hypertrophy is also adaptive and cardioprotective (Kunisada et al., 2000; Jacoby et al., 2003; Hilfiker-Kleiner et al., 2004; Butler et al., 2006), our results suggest that IL-6 may be partially responsible for cardioprotection seen in the CAM  $\alpha_{1A}$ -AR mouse. In addition, collagen synthesis is an indication of fibrosis, a condition of maladaptive hypertrophy and only the CAM  $\alpha_{1B}$ -AR mice displayed increased collagen deposition (Fig 3B). As collagen synthesis is decreased when STAT3 is inhibited (Mir et al., 2012), this may also explain why the double CAM  $\alpha_{1A/B}$ -AR mouse inhibited collagen deposition.

Surprisingly, double CAM  $\alpha_{1A/B}$ -AR transgenic mice did not develop hypertrophy as did the single CAM receptor transgenic mice (Fig. 3, 5) and hypertrophy was repressed when the opposite  $\alpha_1$ -AR subtype was co-activated in the CAM single receptor mouse models (Fig. 6, 8). The double CAM  $\alpha_{1A/B}$ -AR mouse also showed depressed hypertrophic signals for p-38, NF- $\kappa$ B, gp130 and p-STAT3 (Fig. 4, 7B, 8), even less than normal receptors. However, hypertrophy developed in the double CAM  $\alpha_{1A/B}$ -AR mouse when either receptor subtype was further stimulated (Fig. 6C), suggesting that the regulation of hypertrophy was through signaling *per se*



MOL Manuscript # 84483

and not any permanent defect or artifact in the mouse model. Indeed, the inhibition of hypertrophy in the double CAM  $\alpha_{1A/B}$ -AR seems resultant of the antagonistic hypertrophic signaling changes caused by co-expression and co-activation of the  $\alpha_{1A}$ - and  $\alpha_{1B}$ -ARs. The co-expression of CAM  $\alpha_{1B}$ -AR essentially blocked the ability of CAM  $\alpha_{1A}$ -AR mice to secrete IL-6 (Fig 7A). Likewise, the co-expression of the CAM  $\alpha_{1A}$ -AR blocked the ability of the CAM  $\alpha_{1B}$ -AR mice to activate NF- $\kappa$ B (Fig 4). While inhibition of particular signals has been previously shown to reverse hypertrophy, this is the first report of co-receptor activation mediating the same effect.

Mechanistically, inhibition of p38 and NF- $\kappa$ B signaling in the double CAM  $\alpha_{1A/B}$ -AR likely downregulated IL-6 since we have shown that  $\alpha_1$ -AR mediated IL-6 expression is regulated through p38 in myocytes (Fig 8)(Perez et al., 2009). In fact, both p-38 and NF- $\kappa$ B regulate IL-6 expression and release in myocytes (Craig et al., 2000). Gp130 may downregulate through  $\alpha_1$ -AR signaling due to gp130 phosphorylation by CaM kinases that target Ser 782 to increase its internalization (Gibson et al., 2005).

One intriguing possibility is that heterodimer signaling of the  $\alpha_1$ -AR subtypes is the initial step that suppresses hypertrophic signals (Fig 8). There is precedence for this paradigm in various G-Protein Coupled Receptors (GPCR) heterodimers that allow either mutually opposite, decreased signaling or promoted novel signaling pathways (Jordan and Devi, 1999; Jordan et al., 2003; Rediger et al., 2011; Stanasila et al., 2003; Hague et al., 2006).  $\alpha_{1A}$ - and  $\alpha_{1B}$ -ARs have been shown to form heterodimers (Stanasila et al., 2003) and novel functional activities (Hague et al., 2006). Under physiological conditions, the heart contains a disproportionate ratio of the  $\alpha_1$ -AR subtypes. The rodent and human heart expresses approximately a 70/30 ratio in receptor

MOL Manuscript # 84483

density for the  $\alpha_{1B}$ - and  $\alpha_{1A}$ -AR subtypes (5-6) that may allow endogenous catecholamines to induce hypertrophy *in vivo* via a single  $\alpha_1$ -AR subtype.

Our results are consistent with the theory that there are different signals mediating cardiac hypertrophy between the  $\alpha_{1A}$ -AR and  $\alpha_{1B}$ -AR. There is a prominent role of IL-6 in mediating  $\alpha_{1A}$ -AR hypertrophy. Co-activation of  $\alpha_{1A}$ - and  $\alpha_{1B}$ -ARs results in antagonistic hypertrophic signaling for p38, NF- $\kappa$ B, gp130 and STAT3 (Fig 8) that besides verifying the importance of the IL-6 pathway in  $\alpha_1$ -AR mediated hypertrophy, may offer an alternative therapeutic strategy for heart failure once sufficiently selective  $\alpha_1$ -AR agonists are developed.

MOL Manuscript # 84483

**Authorship Contributions:**

Participated in research design: Perez, Shi, Papay, Piascik, Naga Prasad

Conducted experiments: Shi, Papay, Piascik, Naga Prasad

Performed data analysis: Perez, Shi, Papay, Piascik, Naga Prasad

Wrote or contributed to the writing of the manuscript: Perez, Naga Prasad, Shi, Papay

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## Footnotes

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## Figure Legends

### **Figure 1. Southern Blot analysis of CAM $\alpha_{1A}$ -AR and CAM $\alpha_{1B}$ -AR cross-breeding to**

**produce double CAM  $\alpha_{1A/B}$ -AR transgenic mice.** Pups from CAM  $\alpha_{1A}$ -AR x CAM  $\alpha_{1B}$ -AR breeding were genotyped from tail DNA and subjected to southern blot analysis. Each pup DNA was screened against an  $\alpha_{1A}$ -AR specific probe, designated as "A" on the blot (21) or an  $\alpha_{1B}$ -AR specific probe, designated as "B" on the blot (14). Pup DNA that demonstrated positive results for both probes ( $A^+/B^+$ ) were used as founders for the CAM  $\alpha_{1A/B}$ -AR mouse line and verified for homozygosity by back-breeding to WT mice.

### **Figure 2. Expression and constitutive activity of CAM $\alpha_{1A/B}$ -AR.**

Saturation binding (**A**) was performed using [ $^{125}$ I]-HEAT to determine the density of  $\alpha_1$ -ARs in hearts of transgenic and normal mice. <sup>\*#</sup>Indicates a significant difference ( $p < 0.01$  or  $0.05$ ) compared to normal hearts. IP<sub>3</sub> concentrations (**B**) were measured in heart tissue from transgenic and normal mice and normalized to wet tissue weight. In normal hearts, <sup>+</sup> indicates significant activation of IP<sub>3</sub> over non-stimulated tissue. <sup>=</sup>Indicates significance of basal IP<sub>3</sub> over non-stimulated tissue. Data represent the mean  $\pm$  S.E.M. of 4-8 mice of equal sexes.

### **Figure 3. Heart:body weight ratios (A), fibrosis (B), ANF/BNP levels (C) and blood**

**pressure (D).** The heart:body weight ratio was determined in 6-8 mo mice (A). Hearts were subjected to Masson Trichrome staining and the amount of fibrosis determined through Image J analysis (B). Total RNA from hearts were subjected to northern analysis and probed for ANF and BNP mRNA (C). Measurement of the mean carotid artery blood pressure in conscious mice

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(D). Blood pressure studies in CAM  $\alpha_{1B}$ -AR are published (Zuscik et al., 2001). Data represent the mean  $\pm$  S.E.M. of 4-8 mice of equal sexes. \*Indicate a significant difference ( $p < 0.05$ ) compared to non-transgenic hearts.

**Figure 4. Protein levels of phosphorylated p-38 and IKB $\alpha$ .** Hearts were homogenized from normal, CAM  $\alpha_{1A}$ -AR (CAM A), CAM  $\alpha_{1B}$ -AR (CAM B), CAM  $\alpha_{1A/B}$ -AR (CAM A/B) mice and subjected to western analysis. Phosphorylated proteins were normalized to total protein and GAPDH. Data represent the mean  $\pm$  S.E.M. of 4-6 mice of equal sexes. \* Indicate a significant difference ( $p < 0.05$ ) compared to control.

**Figure 5. Echocardiographic analysis of posterior wall dimensions and chamber size at 4-6 and 11-12 mo of age.** Mice were subjected to echocardiographic analysis and anesthetized with isoflurane (0.2% V/v). M-mode echocardiograms (G) obtained from 9-10 beats per mouse allowed direct measurement (mean  $\pm$  SEM) of posterior wall thickness (A, B) and left ventricular end systolic diameter (LVESD)( C, D) and left ventricular end diastolic diameter (LVEDD) (E, F). \*significance ( $p < 0.05$ ) compared to age-matched normal controls. N=6-8 mice of equal sexes.

**Figure 6.  $\alpha_1$ -AR subtype induced cardiac hypertrophy and suppression by co-activation.**

Normal or CAM mice were subjected to IP injections of various  $\alpha_1$ -AR agonists and antagonists.  $\alpha_{1A}$ -ARs were stimulated using cirazoline (i.p., 0.3mg/kg).  $\alpha_{1B}$ -ARs were stimulated using NE (i.p., 1mg/kg) and the  $\alpha_{1A}$ -AR antagonist, 5-methyurapidil (i.p., 10ug/Kg). Control mice were

MOL Manuscript # 84483

injected with saline (0.9% NaCl). All mice were injected twice daily for two weeks and heart to body weight ratios determined. Data represent the mean  $\pm$  S.E.M. of 6-8 mice of equal sexes. \* Indicates a significant difference ( $p < 0.05$ ) compared to control.

**Figure 7. IL-6/gp130/STAT3 levels and mediated hypertrophy in CAM mice. A.** Serum IL-6 was determined using the Quantikine mouse kit following the manufacturer's instructions. **B.** Levels of gp130, phosphorylated and total STAT3 as assessed by western blot. **C.** Mice were injected daily for two weeks i.p. with IL-6 (0.1ml, 40ng) and heart to body weight ratios determined. Data represent the mean  $\pm$  S.E.M. of 4-6 mice of equal sexes. \* Indicates a significant difference ( $p < 0.05$ ) compared to non-transgenic mice.

**Figure 8. Schematic of  $\alpha_{1A}$ -AR mediated cardiac hypertrophy and antagonistic**

**hypertrophic signaling initiated with co-activation with the  $\alpha_{1B}$ -AR.**  $\alpha_{1A}$ -ARs mediate the secretion of IL-6 into the bloodstream from various cell types such as myocytes, vascular smooth muscle cells, fibroblasts, lymphocytes and endothelial cells. The secreted IL-6 acts on the myocyte to mediate cardiac hypertrophy through STAT3 nuclear signaling.  $\alpha_{1A}$ -ARs also phosphorylate STAT3 independent of IL-6 secretion.  $\alpha_{1B}$ -ARs mediate hypertrophic NF- $\kappa$ B signaling. When  $\alpha_{1A}$ - and  $\alpha_{1B}$ -ARs are co-expressed and co-activated, hypertrophic signals through p38, NF- $\kappa$ B and STAT3 are inhibited. Inhibition of both p38 and NF- $\kappa$ B downregulate the expression and secretion of IL-6 from the myocyte.



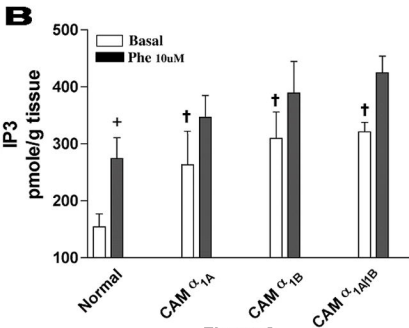
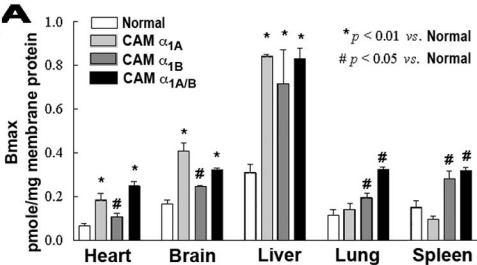
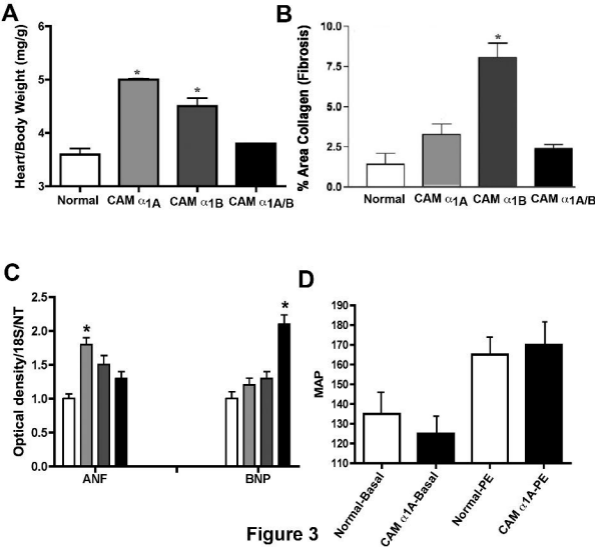
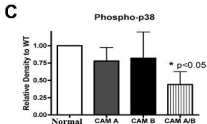
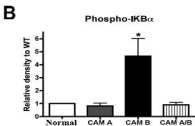
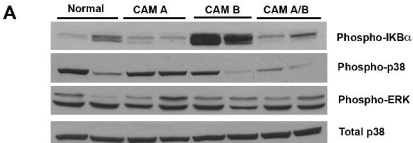


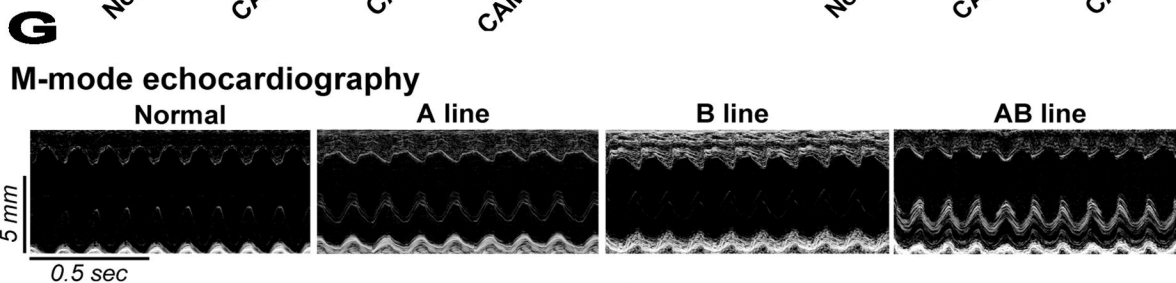
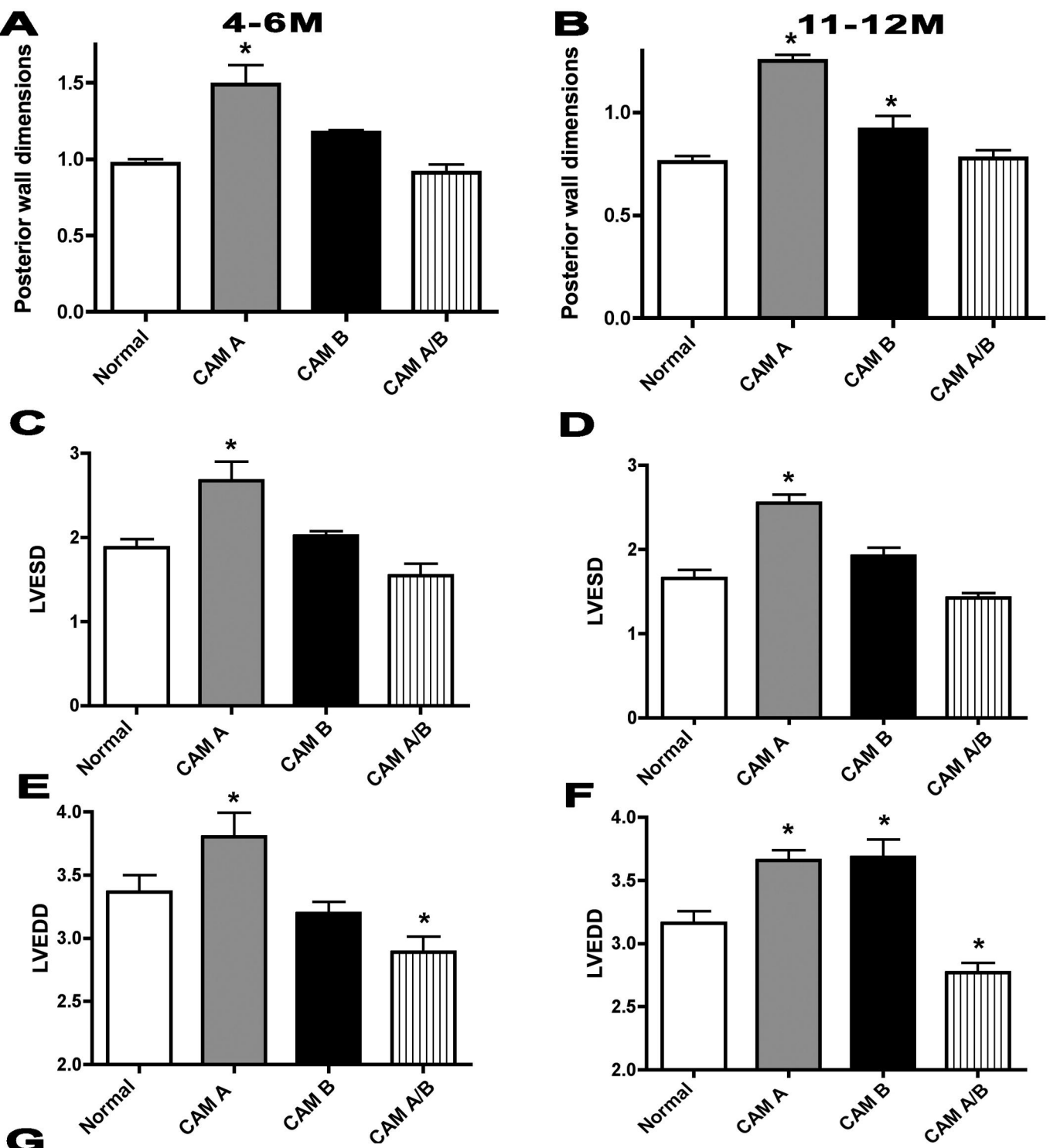
Figure 2



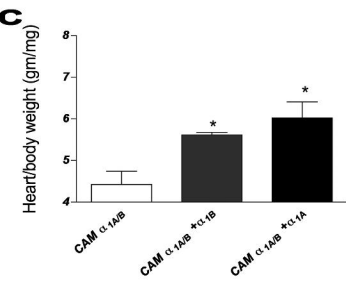
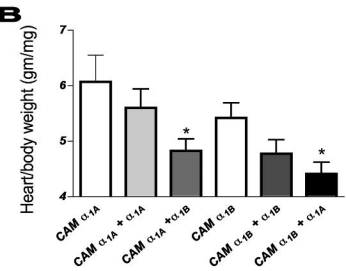
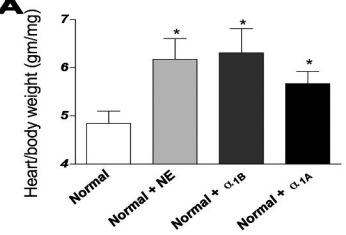




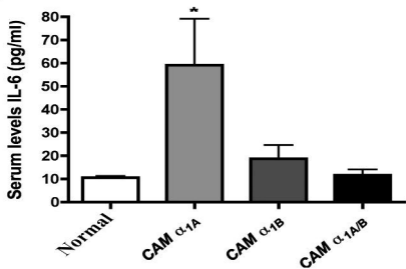
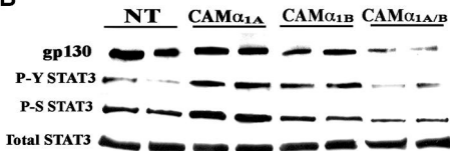
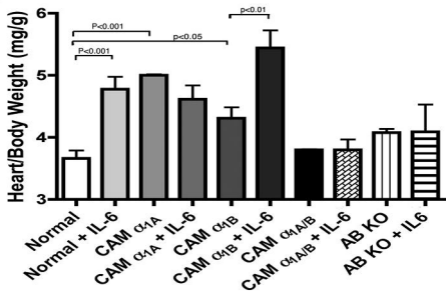
**Figure 4**



**Figure 5**



**Figure 6**

**A****B****C****Figure 7**

$\alpha$ 1A-AR expressing  
Fibroblasts



$\alpha$ 1A-AR expressing  
Vascular Smooth Muscle Cells

