The histamine H<sub>3</sub> receptor: structure, pharmacology and function

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# Non-standard abbreviations

5-HT	5-Hydroxytriptamine (serotonin)
aa	Amino acids
A <sub>1</sub> R	Adenosine A <sub>1</sub> receptor
$A_{2A}R$	Adenosine A <sub>2A</sub> receptor
ACh	Acetylcholine
AD	Alzheimer's disease
CNS	Central Nervous System
$D_1R$	Dopamine D <sub>1</sub> receptor
$D_2R$	Dopamine D <sub>2</sub> receptor
ECL	Extracellular loop
GABA	γ-Aminobutyric acid
GTS	Gilles de la Tourette's syndrome
GIRK	G protein-gated inwardly rectifying $K^+$ channel
GPCR	G protein-coupled receptor
$H_1R$	Histamine H <sub>1</sub> receptor
$H_2R$	Histamine H <sub>2</sub> receptor
$H_3R$	Histamine H <sub>3</sub> receptor
$H_4R$	Histamine H <sub>4</sub> receptor
HDC	Histidine decarboxylase
ICL	Intracellular loop
MSN	Striatal medium-sized spiny neuron
PD	Parkinson's disease
РКА	Protein kinase A
РКС	Protein kinase C
PLC	Phospholipase C
SN	Substantia nigra
SNc	Substantia nigra pars compacta
SNr	Substantia nigra pars reticulata
TMN	Tuberomammillary nucleus

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## Abstract

Among the four G-protein coupled receptors  $(H_1-H_4)$  identified as the mediators of the biological effects of histamine, the H<sub>3</sub> receptor  $(H_3R)$  is distinguished for its almost exclusive expression in the nervous system and the large variety of isoforms generated by alternative splicing of the corresponding mRNA. Additionally, it exhibits dual functionality as auto- and hetero-receptor, and this enables H<sub>3</sub>Rs to modulate the histaminergic and other neurotransmitter systems. The cloning of the H<sub>3</sub>R cDNA in 1999 by Lovenberg *et al.* allowed for detailed studies of its molecular aspects. In this work we review the characteristics of the H<sub>3</sub>R, namely its structure, constitutive activity, isoforms, signal transduction pathways, regional differences in expression and localization, selective agonists, antagonists and inverse agonists, dimerization with other neurotransmitter receptors, and the main pre- and post-synaptic effects resulting from its activation. The H<sub>3</sub>R has attracted interest as a potential drug target for the treatment of several important neurological and psychiatric disorders such as Alzheimer's and Parkinson's diseases, Gilles de la Tourette's syndrome and addiction.

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### **1. Introduction**

In 1910 Sir Henry Dale and his colleagues isolated histamine from ergot and later found that it had a stimulant effect on smooth muscle from the gut and the respiratory tract, caused vasodepression, stimulated cardiac contractility, and induced a shock-like syndrome when injected into animals. In 1920 Popielski demonstrated that histamine stimulated gastric acid secretion, and in 1927 the amine was isolated from the liver and the lung, evidencing that it was a natural constituent of the body (reviewed by Parsons and Ganellin, 2006).

Although histamine was detected in the brain in 1919 by John J. Abel, its role as a neuromodulator became evident only several decades later; using antibodies against the amine and its synthesizing enzyme, histidine decarboxylase (HDC), the morphological characterization of histamine-producing neurons proved the existence of a histaminergic system in the mammalian brain (Figure 1).

#### 2. The brain histaminergic system

Histamine-synthesizing neurons are located in the hypothalamus tuberomamillary nucleus (TMN), with ~4,500 neurons found in the rat TMN and ~64,000 neurons in the human TMN. These neurons send diffuse projections to the entire Central Nervous System (CNS) through three major pathways, two ascending bundles that innervate the forebrain structures and one descending bundle reaching the spinal cord (Watanabe *et al.*, 1984; Airaksinen and Panula, 1988; Haas *et al.*, 2008).

Histaminergic neurons have a resting membrane potential of about -50 mV and spontaneously fire action potentials at  $2.1 \pm 0.6$  Hz with a marked circadian rhythmicity,

that is, more active during wakefulness. A non-inactivating Na<sup>+</sup> current, active even at -70 mV, appears responsible for spontaneous firing, with low-threshold depolarizing Ca<sup>2+</sup> currents contributing to the repetitive firing. The action potential is broad with a significant contribution from Ca<sup>2+</sup> currents followed by a pronounced (15-20 mV) after-hyperpolarization, which activates a depolarizing cationic current ( $I_h$ ) and two A-type K<sup>+</sup> currents that delay the return to the resting potential. The Ca<sup>2+</sup> currents mediate dendritic histamine release and are the target of the autoreceptor-mediated negative feedback on action potential firing (Haas and Reiner, 1988; Haas *et al.*, 2008).

The behavioral state-dependent activity of the histaminergic neurons is influenced by several neuronal, humoral, and paracrine signals, and the activity is mainly regulated by excitatory glutamatergic inputs from the cerebral cortex and the hypothalamus, and by inhibitory GABAergic afferents from the hypothalamic ventrolateral preoptic nucleus (Ericson *et al.*, 1991; Haas *et al.*, 2008; Panula *et al.*, 2015).

## 2.1 Histamine synthesis, release and catabolism

Histamine is synthesized from the amino acid (aa) L-histidine by the enzyme HDC, which is expressed both in the neuronal bodies and terminals, and the bioavailability of the precursor is the rate-limiting factor. Histamine is stored in vesicles in neuronal cell bodies and axon varicosities by the vesicular monoamine transporter 2, VMAT-2 (Merickel and Edwards, 1995), and is released by exocytosis upon the arrival of action potentials (Haas *et al.*, 2008). The synthesis and release of histamine are regulated by H<sub>3</sub> auto-receptors (Arrang *et al.*, 1983, 1987a; Morisset *et al.*, 2000).

Most histaminergic fibers do not make typical synaptic contacts (Takagi *et al.*, 1986) and the amine is released from several points along the fibers, allowing its action on a large number of cells. In the brain, histamine is also produced by mast cells, which contribute modestly to the total amine levels in the adult brain, but during early post-natal development represent the principal source of the amine (Molina-Hernández *et al.*, 2012; Panula *et al.*, 2015).

Inactivation of histamine in the brain is primarily due to the action of histamine-Nmethyltransferase producing tele-methylhistamine that is transformed to tele-methylimidazolacetic acid by monoamine oxidase B (MAO-B). Diamine oxidase is the main histamine metabolizing enzyme in the peripheral tissues, but its activity in the brain is considerably low under basal conditions (Barnes and Hough, 2002; Maldonado and Maeyama, 2015). In contrast to most other aminergic neuronal cells, histaminergic neurons lack a specific re-uptake transporter, although astrocytes take up histamine with low affinity (Km 0.56 mM and 4.0 mM) through the activity of the plasma membrane monoamine transporter (PMAT) and, to a lesser extent, the organic cation transporter 3, OCT3 (Yoshikawa *et al.*, 2013).

## 2.2 Histamine receptors

The differing potency of antagonists in blocking histamine action to increase contraction rate in isolated mouse atria and gastric acid secretion or to induce smooth muscle contraction in isolated guinea-pig ileum led to the first classification of histamine receptors into the  $H_1$  and  $H_2$  subtypes by Ash and Schild in 1966, supported by the subsequent development of selective  $H_2$  receptor ( $H_2R$ ) antagonists (Parsons and Ganellin, 2006). The

bovine H<sub>1</sub> receptor (H<sub>1</sub>R) and the canine H<sub>2</sub>R were cloned in 1991 (Yamashita *et al.*, 1991; Gantz *et al.*, 1991), allowing for the classification of these receptors into the class A, rhodopsin-like, of G protein-coupled receptors (GPCRs). H<sub>1</sub>Rs and H<sub>2</sub>Rs are expressed in the brain, and the former signals primarily through  $G\alpha_{q/11}$  proteins whereas the latter activates mainly  $G\alpha_s$  proteins (Panula *et al.*, 2015).

A third receptor (H<sub>3</sub>R) was pharmacologically identified by Arrang *et al.* (1983) and cloned in 1999 by Lovenberg *et al.*; the H<sub>3</sub>R activates  $G\alpha_{i/o}$  proteins and is almost exclusively expressed by neuronal cells of the CNS and the peripheral nervous system (Panula *et al.*, 2015). Soon after, a fourth receptor was cloned by several groups (e.g. Nakamura *et al.*, 2000 and Oda *et al.*, 2000). The H<sub>4</sub>R is mainly expressed by cells of the immune system and, like the structurally related H<sub>3</sub>R, activates  $G\alpha_{i/o}$  proteins (Panula *et al.*, 2015).

## 3. The histamine H<sub>3</sub> receptor (H<sub>3</sub>R)

In 1983 Arrang *et al.* reported that in rat cerebro-cortical slices labeled with [<sup>3</sup>H]-histidine, the depolarization-evoked, Ca<sup>2+</sup>-dependent release of [<sup>3</sup>H]-histamine was reduced by exogenous histamine (IC<sub>50</sub> 41 nM, maximal inhibition 61%). The effect was insensitive to tetrodotoxin, which prevents the generation and propagation of action potentials, mimicked by  $N^{\alpha}$ -methylhistamine (NAMH), and antagonized by impromidine and burimamide with potencies significantly different from those reported for H<sub>2</sub>R blockade. More potent H<sub>2</sub>R antagonists and selective H<sub>1</sub>R antagonists also showed low potencies. It was therefore proposed that auto-inhibition of histamine release was mediated by a novel class of receptor (H<sub>3</sub>R). In a later study (Arrang *et al.*, 1985a) auto-inhibition of depolarization-evoked [<sup>3</sup>H]histamine release was also shown for isolated nerve terminals (synaptosomes) from rat

cerebral cortex (-30%) and slices of striatum (-49%), hippocampus (-47%) and hypothalamus (-64%). The same group reported that histamine also inhibited its own synthesis evoked by depolarization in rat cerebro-cortical slices (IC<sub>50</sub> 340 nM, maximal inhibition 70%; Arrang *et al.*, 1987a). This effect was competitively antagonized by burimamide and impromidine with potencies similar to those observed for the autoinhibition of release (Arrang *et al.*, 1983), supporting the function of the H<sub>3</sub>R as an autoreceptor.

In 1999 Lovenberg *et al.* identified a partial clone (GPCR97) and used it to probe a human thalamus cDNA library. This resulted in the isolation of a full-length clone encoding a 445 amino acid protein with the characteristics of the class A of GPCRs, and with 20-27% homology to biogenic amine receptors and 22% and 21.4% homology to the human H<sub>1</sub>R and H<sub>2</sub>R, respectively. Upon transfection into human HEK-293 cells, rat C6 glioma cells and human SK-N-MC neuroblastoma cells, GPCR97 displayed a pharmacological profile practically indistinguishable from that of the native H<sub>3</sub>R. Soon after, the receptor was cloned by sequence similarity from various other species, namely rat, guinea pig, mouse and monkey, with a high level of homology ( $\geq$  93%) across these species (see Figure 2).

## 3.1 Expression in the Central Nervous System (CNS)

The  $H_3R$  is mainly expressed by neurons and in very low density by glial cells (Arrang *et al.*, 1987b; Ferreira *et al.*, 2012). The distribution of the  $H_3R$  in the CNS has been studied via *in situ* hybridization (mRNA), RT-PCR (mRNA), and autoradiography (binding sites) in rodents, human and monkey. *In situ* hybridization studies report very high levels of  $H_3R$  mRNA in the cortex (mainly in the V layer, with lower expression in the superficial layers),

hippocampus (CA1 and ventral CA3 pyramidal layers of Ammon's horn), caudate, and putamen. Strong mRNA expression is also observed in the anterior olfactory nucleus, amygdala, bed nucleus of the stria terminalis, cerebellum, thalamus (mostly in the sensory and intralaminar nuclei), and some hypothalamic nuclei, particularly the TMN where histaminergic neurons are located. Low to moderate mRNA expression is detected in the habenula and zona incerta; the signals are very low in the globus pallidus, substantia nigra (SN) and substantia innominata, and not detected in the islands of Calleja (Tardivel-Lacombe *et al.*, 2000; Pillot *et al.*, 2002; Sallmen *et al.*, 2003).

The analysis by RT-PCR of the expression of the  $H_3R$  isoforms of 445 and 365 aa in the human brain (see below for a description of the receptor isoforms) indicates high levels in cerebellum and caudate, moderate in hypothalamus and thalamus, low expression in SN, hippocampus, prefrontal cortex, corpus callosum and amygdala, and very low levels in the spinal cord (Bongers *et al.*, 2007b).

Binding studies show a similar H<sub>3</sub>R distribution in primate and rodent brain. The receptor is widely expressed but with heterogeneous density, and high levels are found in cerebral cortex (except in layer V), tenia tecta, nucleus *accumbens*, striatum, hippocampus, bed nucleus of the stria terminalis, olfactory nuclei, some hypothalamic nuclei (mainly the TMN), amygdala, and pyriform cortex. In contrast to mRNA expression, dense binding is found in the globus pallidus and the substantia nigra *pars reticulata* (SNr). A low density of binding sites is found in *locus coeruleus* and raphe nuclei, and the cerebellum and the pituitary gland are scarcely labeled (Martinez-Mir *et al.*, 1990; Pollard *et al.*, 1993; Anichtchik *et al.*, 2000; Pillot *et al.*, 2002).

The H<sub>3</sub>R location is mainly pre-synaptic, either as auto-receptor or as hetero-receptor, but there is also evidence for a post-synaptic location of the H<sub>3</sub>R in striatum, cerebral cortex, hippocampus, nucleus *accumbens*, lateral hypothalamus and zona incerta (Pillot *et al.*, 2002; González-Sepúlveda *et al.*, 2013; Parks *et al.*, 2014).

### **3.2 Structure**

With over 800 genes encoding GPCRs, these proteins constitute the largest family of membrane proteins contained in the human genome. These receptors share a common seven transmembrane (TM) domain structure that forms the core, an extracellular amino terminus (NT), an intracellular carboxyl terminus (CT), three extracellular (ECL), and three intracellular (ICL) loops.

The H<sub>3</sub>R possesses a DRF motif in the interface of TM3 and ICL2 (instead of the DRY sequence common to most class A GPCRs), a NPVLY motif in TM7 (corresponding to the NPXXY motif present in all GPCRs), and a palmitoylation site in the CT (Cys428) that allows for the formation of helix 8 (Figure 3). A disulfide bond is formed by Cys107 and Cys188 on ECL1 and ECL2, respectively. The H<sub>3</sub>R has a short NT (39 aa), with a glycosylation site on Asn11, and a long ICL3 (142 aa). These segments are the loci of the naturally occurring mutations D19E and A280V, respectively (Wiedemann *et al.*, 2002), and cleavage through splicing of the ICL3 leads to several H<sub>3</sub>R isoforms as discussed below.

Since 2000, the rat, guinea pig, monkey and mouse genes encoding the H<sub>3</sub>R have been cloned (Lovenberg *et al.*, 2000; Tardivel-Lacombe *et al.*, 2000; Chen *et al.*, 2003; Yao *et al.*, 2003), and this work revealed a homology of  $\geq$  93% in the H<sub>3</sub>R protein sequence

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among these species (Figure 2). The inter-species differences in the pharmacological profiles rely on a double change in the residues 119 and 122 located nearby Asp114 in TM3. Human and monkey receptors have Thr119 and Ala122 at these species-variant sites, whereas rodents have Ala119 and Val122, with the exception of the guinea-pig receptor (Thr119 and Val122). When compared with the human H<sub>3</sub>R (hH<sub>3</sub>R), a single-residue change (V362I) in TM6 is found in the rat, mouse and guinea pig. No differences exist between human and monkey H<sub>3</sub>Rs in the transmembrane domains (Hancock *et al.*, 2003). In contrast to the small changes in the helical domains, a significant number of differences among species are found in a 65-66 aa-length sequence in the ICL3 (aa 236 to 300 in the hH<sub>3</sub>R), but this does not affect the presumed Ser and Thr substrates of phosphorylation, suggesting a conserved kinase modulation profile.

## 3.3 Determinants of G-protein coupling and activation

Structurally and functionally, two faces can be identified on all GPCRs: the extracellularly accessible orthosteric binding site, and the internal region responsible for G protein activation. The crystallization of GPCRs coupled to a G protein has provided insight into the mechanisms of receptor-G protein interaction and activation of the latter. These studies show that the  $\alpha$ -CT and the helixes 4 and 5 of the G $\alpha$  subunit dock to a cavity formed mainly by TM5, TM6, and ICL2 in the GPCR, which adopts an "open" conformation upon receptor activation. The Arg of the DRY motif plays a key role in docking the  $\alpha$ -CT of the G protein (Rasmussen *et al.*, 2011), and residues in ICL3, helix 8 and the CT appear to contribute to stabilizing the receptor-G protein interaction because a truncation close to the NPXXY motif prevents G protein activation (van Rijn *et al.*, 2013; Flock *et al.*, 2015).

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Computational models of the H<sub>3</sub>R-G protein interaction have not yet been published, but functional studies suggest that ICL3 plays a role in G protein activation. Alternative splicing generates several H<sub>3</sub>R isoforms (see below), and the hH<sub>3</sub>R of 445 aa (hH<sub>3</sub>R<sub>445</sub>) inhibited forskolin-induced cAMP formation in CHO cells, but the hH<sub>3</sub>R<sub>365</sub> (lacking 80 aa in ICL3) failed to do so (Cogé *et al.*, 2001). In rat C6 glioma cells, the hH<sub>3</sub>R<sub>365</sub> was less efficacious in a calcium mobilization assay (Esbenshade *et al.*, 2006), but agonists were 3to 20-fold more potent in the R-SAT assay, based on β-galactosidase activity (Wellendorph *et al.*, 2002). The rat H<sub>3</sub>R<sub>413</sub> and H<sub>3</sub>R<sub>397</sub> isoforms that lack 32 and 48 aa in ICL3 showed similar efficacy and higher agonist potency for the inhibition of forskolin-induced cAMP formation, but for 42/44-MAPK phosphorylation the H<sub>3</sub>R<sub>445</sub> coupled considerably better (Drutel *et al.*, 2001). The naturally occurring A280V mutation on ICL3 also modifies the functionality of the hH<sub>3</sub>R<sub>445</sub> to inhibit cAMP accumulation and stimulate 42/44-MAPK phosphorylation (Flores-Clemente *et al.*, 2013).

Altogether, the previous information indicated that there is not a single structural determinant for the H<sub>3</sub>R functionality, but that the interplay of several regions provides the appropriate physiological output.

## 3.4 Constitutive activity and determinants

The term constitutive activity refers to a ligand-independent state of the receptor that spontaneously adopts the active conformation. The H<sub>3</sub>R possesses high constitutive activity as indicated by the reduction of basal G protein activation induced by inverse agonists (Wieland *et al.*, 2001; Rouleau *et al.*, 2002). Constitutive activity has mainly been shown for transfected human and rat H<sub>3</sub>Rs, but also for native rodent receptors with inverse

agonists reducing basal [ $^{35}$ S]-GTP $\gamma$ S binding to membranes from the cerebral cortex and hippocampus, enhancing depolarization-induced [ $^{3}$ H]-histamine release from cerebrocortical synaptosomes and increasing the levels of the histamine metabolite telemethylhistamine in homogenates from the cerebral cortex (Morisset *et al.*, 2000; Sallmen *et al.* 2003).

The DRY motif is responsible for the equilibrium between the inactive and active receptor conformations, and therefore plays a pivotal role in constitutive activity. A salt bridge between the Arg in the DRY motif (TM3) and an Asp or Glu in TM6 stabilizes or 'locks' the inactive state. Upon receptor activation, this interaction is broken and the Arg residue in TM3 rotates towards TM5 to form a hydrogen bond with a Tyr residue to establish an 'active lock' (Valentin-Hansen *et al.*, 2012). Accordingly, the R112A mutation in the hH<sub>4</sub>R prevents G protein activation (Schneider *et al.*, 2010), and the R116A mutation in the rat H<sub>2</sub>R resulted in a highly structurally instable receptor whose expression could only be detected after stabilization with either an agonist or inverse agonist; furthermore, this receptor showed increased agonist affinity and reduced efficacy (Alewijnse *et al.*, 2000). However, there is no direct evidence for a role of the DRF motif in H<sub>3</sub>R constitutive activity.

As pointed by Morisset *et al.* (2000), the CT of ICL3 in the rat  $H_3R$  has a stretch of eight amino acids that is similar (six identical and two conserved residues) to the corresponding sequence of a mutated human  $\beta_2$ -adrenoceptor with high constitutive activity (Lefkowitz *et al.*, 1993). This region is critical for constitutive activity in other native or mutated GPCRs. Although the sequence is conserved in all  $H_3R$  isoforms and species (see Figure 2),

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constitutive activity varies among isoforms and it can be different between species and cells lines (Arrang *et al.*, 2007).

## 3.5 H<sub>3</sub>R isoforms

The existence of  $H_3R$  isoforms was initially suggested by the pharmacological heterogeneity of the receptor expressed in several brain regions in binding and functional assays (West *et al.*, 1990). The molecular cloning of the receptor indicated that the structure of the h $H_3R$  gene comprised three exons and two introns (Tardivel-Lacombe *et al.*, 2001; Wiedemann *et al.*, 2002) or four exons and three introns (Cogé *et al.*, 2001), that allows for the generation of isoforms via RNA splicing. Alternatively, for humans and rodents, the last intron is proposed to be a pseudo-intron located in the region coding for ICL3, which is retained in the  $hH_3R_{445}$ , but deleted in the  $hH_3R_{413}$  (Tardivel-Lacombe *et al.*, 2001; Bongers *et al.* 2007a). In both proposed structures the two first introns are located in the same position in the human and rodent genes, suggesting the existence of a variety of functional and non-functional isoforms with certain similarity among species (Tardivel-Lacombe *et al.*, 2000; Drutel *et al.*, 2001; Morisset *et al.*, 2001; Wellendorph *et al.*, 2002).

RT-PCR analysis identified several isoforms that differ in the length of their NT or CT, deletions in the ICL3 or shorter sequences in TMs. To date the pharmacological and functional characteristics of the  $H_3R$  isoforms have only been evaluated in heterologous systems (Table 1).

Some of the identified isoforms lack regions critical for agonist binding (TM 3 and 5-7) or signaling (ICL2, ICL3 and CT), and therefore do not trigger the signaling pathways typically associated with H<sub>3</sub>R activation (Wess, 1997; Uveges *et al.*, 2002; Oldham and

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Hamm, 2007; Ishikawa *et al.*, 2010; Kim *et al.*, 2011; Kuramasu *et al.*, 2011). However, three rat isoforms (rH<sub>3</sub>R<sub>497</sub>, rH<sub>3</sub>R<sub>465</sub> and rH<sub>3</sub>R<sub>449</sub>) that do not possess TM7, but do have an extracellular CT of 105 aa without homology to the functional isoforms reduce the cell surface expression of the rat H<sub>3</sub>R<sub>445</sub> upon co-expression in COS-7 cells (Bakker *et al.*, 2006). The expression and signaling of functional H<sub>3</sub>Rs could thus be regulated by isoforms incapable of triggering the signaling pathways described below. These isoforms could also directly interact with other GPCRs and affect their binding or signaling properties. Furthermore, non-canonical signaling, either agonist-independent or mediated by alternative pathways, cannot be discarded for the truncated or longer H<sub>3</sub>R isoforms, and merits further investigation.

## **3.6 Signaling pathways**

The coupling of the H<sub>3</sub>R to  $G\alpha_{i/o}$  proteins was first suggested by the inhibitory effect of Pertussis toxin (PTX) activity, which decreased the affinity for [<sup>3</sup>H]-NMHA of the H<sub>3</sub>R endogenously expressed by murine pituitary AtT cells (Clark *et al.*, 1993) and prevented H<sub>3</sub>R-stimulated [<sup>35</sup>S]-GTP $\gamma$ S binding in rat cerebro-cortical membranes (Clark and Hill, 1996). As for other GPCRs, both the G $\alpha$  subunits and the G $_{\beta\gamma}$  complexes mediate the G $\alpha_{i/o}$ protein-dependent signaling of the H<sub>3</sub>R (Figure 4).

**Inhibition of adenylyl cyclases.** In the study that reported the cloning of the hH<sub>3</sub>R (Lovenberg *et al.*, 1999), receptor activation inhibited forskolin-induced cAMP accumulation, and this effect was disrupted by PTX (Shi *et al.*, 2012). Likewise for other  $G\alpha_{i/o}$  protein-coupled GPCRs, a direct interaction between the  $G\alpha_{i/o}$  subunit and sensitive

adenylyl cyclases (1, 3, 5, 6 and 8) appears to be the mechanism that mediates this effect (Cooper and Crossthwaite, 2006).

Inhibition of the Na<sup>+</sup>/H<sup>+</sup> exchanger (NHE). The activity of the Na<sup>+</sup>/H<sup>+</sup> exchanger represents one of the key mechanisms for restoring the intracellular pH following ischemiainduced acidosis by extruding protons concomitantly with Na<sup>+</sup> influx (Karmazyn, 1999). A rise in intracellular Na<sup>+</sup> may reverse the Na<sup>+</sup>/Cl<sup>-</sup> dependent noradrenaline transporter (NET) and induce carrier-mediated neurotransmitter release. H<sub>3</sub>R activation reduces NHE activity in sympathetic nerve terminals leading to inhibition of noradrenaline release in myocardial ischemia (Silver *et al.*, 2001); the mechanism is not fully understood, although a direct  $G\alpha_{i/0}$  subunit/NHE interaction appears likely (van Willigen *et al.*, 2000).

Inhibition of N- and P/Q-type voltage-gated Ca<sup>2+</sup> channels. The inhibitory effect of H<sub>3</sub>Rs on neurotransmitter release (see below) is most likely linked to the reduction in depolarization-induced Ca<sup>2+</sup> entry via the binding of G<sub>βγ</sub> complexes to the pore-forming  $\alpha_1$ -subunit of N- and P/Q-type voltage-gated Ca<sup>2+</sup> channels (Zamponi and Currie, 2013). Accordingly, H<sub>3</sub>R activation reduces depolarization-induced Ca<sup>2+</sup> entry in dissociated hypothalamic histaminergic neurons (Takeshita *et al.*, 1998), striatal synaptosomes (Molina-Hernández *et al.*, 2001), transfected human neuroblastoma SH-SY-5Y cells (Silver *et al.*, 2002), and transfected rat pheochromocytoma PC12 cells (Morrey *et al.*, 2008). The inhibition of voltage-gated Ca<sup>2+</sup> currents by H<sub>3</sub>Rs in histaminergic neurons was abolished by PTX (Takeshita *et al.*, 1998), and both a G<sub>βγ</sub> scavenger and a phosphoducin-like anti-G<sub>βγ</sub> peptide prevented the H<sub>3</sub>R-mediated reduction in depolarization-induced Ca<sup>2+</sup> entry and neurotransmitter exocytosis in pheochromocytoma PC12 cells (Morrey *et al.*, 2008), supporting the participation of G<sub>βγ</sub> dimers in these processes.

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Activation of G protein-gated inwardly rectifying K<sup>+</sup> channels (GIRKs).  $G_{\beta\gamma}$  subunits bind and activate GIRK channels (Bünemann *et al.*, 2001), and transfected hH<sub>3</sub>R<sub>445</sub> and hH<sub>3</sub>R<sub>365</sub> activate channels formed by the GIRK1 (Kir3.1) and GIRK4 (Kir3.4) subunits expressed in *Xenopus* oocytes (Sahlholm *et al.*, 2012). GIRKs can inhibit synaptic transmission (Meneses *et al.*, 2015), and activation of pre-synaptic GIRKs would thus represent an additional mechanism for H<sub>3</sub>Rs to modulate neurotransmitter release. Activation of GIRK channels by H<sub>3</sub>Rs has also been observed at the postsynaptic level in neurons producing melanin-concentrating hormone (MCH), where the effect was prevented by GDP $\beta$ S, an inhibitor of G protein signaling (Parks *et al.*, 2014).

**Phospholipase C (PLC) activation.** In transfected CHO and SK-N-MC cells, activation of the hH<sub>3</sub>R<sub>445</sub> induces a significant increase in the intracellular concentration of Ca<sup>2+</sup> ions  $([Ca^{2+}]_i)$  due to PLC activation and release of Ca<sup>2+</sup> from intracellular stores via inositol-1,4,5-trisphosphate (IP<sub>3</sub>) formation (Cogé *et al.*, 2001; Bongers, 2008). The H<sub>3</sub>R-mediated increase in  $[Ca^{2+}]_i$  was prevented by PTX, which implicates the participation of Gα<sub>i/o</sub> proteins (Bongers, 2008). The PLC/IP<sub>3</sub>/Ca<sup>2+</sup> pathway is most often triggered by the Gα subunits of Gα<sub>q/11</sub> proteins, but G<sub>βγ</sub> complexes can also activate PLCβ by binding to a region (PH and Y domains) different from the Gα<sub>q/11</sub> subunit binding domain (C2 domain and carboxyl terminal region; Rebecchi and Pentyala, 2000; Rhee, 2001).

Activation of the mitogen-activated protein kinase (MAPK) pathway. H<sub>3</sub>R activation stimulates 42/44-MAPK phosphorylation both in heterologous systems and native tissues (Drutel *et al.*, 2001; Giovannini *et al.*, 2003; Flores-Clemente *et al.* 2013). G<sub> $\beta\gamma$ </sub> complexes appear to play a central role in this action because pharmacological inhibition and G $\alpha$ -transducin, a G<sub> $\beta\gamma$ </sub> scavenger, prevent H<sub>3</sub>R-mediated 42/44-MAPK phosphorylation (Lai *et al.*)

*al.*, 2016). However, other mechanisms, such as the binding to activated receptors of  $\beta$ -arrestins, that act as a signaling scaffold (Gutkind, 2000), or the transactivation of the epidermal growth factor (EGF) receptor (Lai et al., 2016), could also contribute to MAPK activation.

Activation of the phosphatidylinositol 3-kinase (PI3K) pathway. In transfected cells, primary cultures of rat cerebro-cortical neurons and rat striatal slices, H<sub>3</sub>R activation stimulate the phosphorylation of Akt or protein kinase B (PKB), which subsequently phosphorylates and thereby inhibits the action of glycogen synthase kinase 3- $\beta$  (GSK3 $\beta$ ) (Bongers *et al.*, 2007c). This action on the PI3K/Akt pathway was prevented by PTX and probably depends on G<sub>By</sub> complexes, which are known to activate PI3K (Murga *et al.*, 1998).

**Stimulation of phospholipase A**<sub>2</sub>. The activation of phospholipase A<sub>2</sub> by the H<sub>3</sub>R induces the release of arachidonic acid, docosahexaenoic acid, and lysophospholipids, inducing functional consequences such as the relaxation of guinea-pig bronchioles by enhanced release of the endothelium-derived relaxing factor (EDRF), a metabolite of arachidonic acid (Burgaud and Oudart, 1993).

## 3.7 Regulation of H<sub>3</sub>R signaling

**Desensitization.** This process, which leads to changes in signaling efficacy and receptor expression at cell surfaces, represents a major mechanism to regulate GPCR functional responses. Homologous desensitization is triggered by the phosphorylation of activated receptors by GPCR kinases (GRKs), whereas in the heterologous process activation of one GPCR leads to the desensitization of one or more unrelated receptors in the same cell. The

latter process often involves GPCR phosphorylation by second messenger-activated kinases, in particular protein kinases A (PKA) and C (PKC). GPCR phosphorylation results in conformational changes that impair G protein activation and triggers receptor internalization (Gainetdinov *et al.*, 2004; Gurevich *et al.*, 2012).

In CHO-K1 cells stably transfected with the  $hH_3R_{445}$ , exposure to agonists results in functional desensitization as well as reduced receptor expression in the cell surface due to the action of GRKs 2/3 and clathrin-dependent endocytosis (Osorio-Espinoza *et al.*, 2014). In the same expression system, the  $hH_3R_{445}$  also experiences PKC-mediated heterologous desensitization upon the activation of a second GPCR coupled to the PLC/IP<sub>3</sub>/DAG pathway (Montejo-López *et al.*, 2016).

**RGS proteins.** The regulator of G protein signaling (RGS) proteins modulate the intracellular effects of activated GPCRs. Four RGS subfamilies (RZ, R4, R7, R12) act as GTPase-activating proteins to increase the rate of GTP hydrolysis by G $\alpha$  subunits (Hollinger and Hepler, 2002; Sjögren *et al.*, 2010). Whereas there are no reports on the regulation by RGS of the H<sub>3</sub>R signaling, RGS proteins are co-expressed with H<sub>3</sub>Rs in the CNS, for example in cerebral cortex (RGS 4-8, 10), nucleus *accumbens* and striatum (RGS 4, 8, 9), hippocampus (RGS 7, 8, 10) and hypothalamus (RGS 4, 6, 7, 8) (Gold *et al.*, 1997), making the RGS-mediated regulation of H<sub>3</sub>R signaling an aspect deserving attention.

## 4. Pharmacology

The H<sub>3</sub>R shows a complex pharmacology, with drugs acting as full agonists, partial agonists, neutral antagonists, inverse agonists and protean ligands. H<sub>3</sub>R affinity for ligands

has been determined by radioligand binding assays (*K*i or p*K*i, Table 2) and efficacy (Emax) and potency (pEC<sub>50</sub>, EC<sub>50</sub>, p*K*<sub>B</sub>, pA<sub>2</sub>, pD<sub>2</sub>) through the analysis of [ $^{35}$ S]-GTP $\gamma$ S binding, cAMP formation, 42/44-MAPK phosphorylation, calcium mobilization, and PI3K activation (Table 3).

In 2008 the crystal structure of the GPCR opsin was resolved (Scheerer *et al.*, 2008), leading to a revolutionary change in the study of GPCR-drug interactions. Although the crystal structure of the  $H_3R$  has yet to be elucidated, homology models and point-mutation studies allow for the assessment of ligand recognition by its binding pocket.

## 4.1 Determinants of histamine binding

Histamine (2-[4-imidazolyl]ethylamine) is an hydrophilic non-chiral molecule, consisting of an imidazole ring and an ethylamine side-chain, and its binding to the H<sub>3</sub>R depends on features shared by other biogenic amine receptors. Although the ligand binding site comprises residues in TM3 to TM7, two main residues are essential for histamine binding. One is the negatively charged Asp114 in TM3 that interacts with the protonated amine group of histamine, and the other is Glu206 in TM5 that forms a hydrogen bond with the nitrogen present in the imidazole ring.

In addition to Glu206, other residues important for histamine binding are Trp196, Thr201, Ala202, Thr204 and Phe208 in TM5. Mutations in these residues decrease binding affinity, with the E206A mutation resulting in the most marked change. Interestingly, variations in binding affinity induced by mutations are not always matched in functional assays, with the W196A, T204A, E206A and F208A mutations increasing ligand potency to inhibit cAMP formation, indicating that conformational changes in the binding pocket do not necessarily

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translate into receptor-driven G protein activation (Uveges et al., 2002). Other residues involved in histamine binding are Tyr115 and Cys118 in TM3; Trp371, Tyr374 and Leu401in TM6; and Tyr189 in ECL2 and Trp402 in TM7 (Ishikawa *et al.*, 2010). The high affinity of the H<sub>3</sub>R for the endogenous agonist does not rely on Asp114 (conserved in all four histamine receptors, and essential for histamine binding), but on Glu206, only present in H<sub>3</sub>Rs and H<sub>4</sub>Rs, explaining the non-selective actions of several classical H<sub>3</sub>R ligands at the H<sub>4</sub>R (Axe *et al.*, 2006). The increased affinity of H<sub>3</sub>Rs and H<sub>4</sub>Rs for histamine may be due, at least in part, to the stronger interaction of the imidazole ring with Glu206 compared to the interaction with the Asn or Thr residue found on the same position in H<sub>1</sub>Rs or H<sub>2</sub>Rs, respectively (Uveges *et al.*, 2002).

The previous information allows a pharmacophore structure to be drawn for the  $H_3R$  (Figure 5) where Glu206 anchors the imidazole moiety of histamine and the other residues form a lipophilic bed in which histamine lays, favoring the interaction of the basic amine moiety with Asp114 in TM3 (de Esch *et al.*, 2000).

### 4.2 Binding of synthetic imidazole-containing and non-imidazole ligands

**Imidazole-containing agonists.** So far, all agonists at the  $H_3R$  are based on the structure of histamine and therefore contain the imidazole moiety, which is critical for agonist activity (Leurs *et al.*, 1995). Modifications of the imidazole ring have been unsuccessful. By contrast, modifications of the histamine side chain that preserve the basic amino group or other proton donor moieties have allowed for the design of more selective and potent agonists. Like histamine, these molecules bind to the  $H_3R$  by using Glu206 as anchor for the imidazole moiety and establishing hydrogen bonds with Asp114 (Figure 5).

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The first highly selective and potent H<sub>3</sub>R ligands were the agonist RAMH (R- $\alpha$ methylhistamine) and the antagonist thioperamide, and the differences in the affinity and potency of the ligand enantiomers demonstrated the stereoselectivity of the H<sub>3</sub>R (Arrang *et al.*, 1987b; Kovalainen *et al.*, 1999; De Esch *et al.*, 1999). The replacement of the histamine amine group by an isothiourea group led to the very potent and selective H<sub>3</sub>R agonist imetit (Garbarg *et al.*, 1992), and other histamine analogues with a piperidine ring in the side chain, such as immepip, showed improved affinity and efficacy at the H<sub>3</sub>R (Figure 6 and Table 2). Modifications in the piperidine nitrogen, like VUF-5681, resulted in decreased affinity and functional activity (Shih *et al.*, 1998; Kitbunnadaj *et al.*, 2003, 2005). The H<sub>4</sub>R has high homology to the H<sub>3</sub>R, and also high affinity for H<sub>3</sub>R agonists such as imetit and immepip. The search for more selective ligands led to methimepip (N-methyl-substituted immepip), which retains high affinity and efficacy (Tables 2 and 3), and shows 2000-fold selectivity for the hH<sub>3</sub>R over the hH<sub>4</sub>R (Kitbunnadaj *et al.*, 2003, 2005).

**Imidazole-containing antagonists.** In addition to the imidazole moiety, the majority of these compounds posses a central electro-negative group and a cyclic moiety (Figure 7). These groups form a conserved pharmacophore with three interactions: a) a hydrogen bond of the imidazole ring with Glu206 in TM5; b) a salt bridge of the central electro-negative group with either Tyr374 in TM6 or Asp114 in TM3, which may dictate the torsion of the antagonist; and, c) a  $\pi$ -stacking of the hydrophobic cyclic group with Phe198 in TM5, Tyr189 in ECL2, or Trp110 in TM3 (Levoin *et al.*, 2010; Figure 5).

The extension of the ethylamine side chain, derived from the imidazolyl piperidine compounds by varying the piperidin-substituting groups, resulted in drugs devoid of agonist activity and led to the antagonist thioperamide (Arrang *et al.*, 1987b). The more

potent antagonist clobenpropit was derived from imetit through the benzylation of the isothiourea group and other modifications, and its iodinated analogue (iodophenpropit) is also a potent antagonist (van der Goot and Timmerman, 2000). Other imidazole-containing antagonists are referred to in Table 3.

The discovery of H<sub>3</sub>R constitutive activity led to the reclassification of some antagonists as inverse agonists or protean ligands. Thioperamide and ciproxifan, classically considered antagonists, also behave as inverse agonists. Proxyfan acts as agonist, inverse agonist or neutral antagonist, depending on the level of H<sub>3</sub>R constitutive activity, and is therefore considered a protean ligand (Morisset *et al.*, 2000; Rouleau *et al.*, 2002; Arrang *et al.*, 2007).

Non-imidazol antagonists. The effects of H<sub>3</sub>R activation on physiological and pathological conditions are the main focus of research into the therapeutic potential of selective H<sub>3</sub>R ligands. However the imidazole ring reduces penetration of the blood-brain barrier (Young *et at.*, 1988), and imidazole-based drugs inhibit the hepatic cytochrome P450 (Ishikawa *et al.*, 2010). To avoid these side-effects, antagonists lacking the imidazole ring, but still capable to form a hydrogen bond with Glu206, were synthesized (Figure 7). The first two non-imidazole antagonists were UCL1972 and VUF5391 where the imidazole ring was replaced for a piperidine or pyrrolidine group, respectively. The heterocyclic nitrogen interacts with Glu206, the central oxygen forms a salt bridge with a hydroxylcontaining residue, and the heterocyclic moiety establishes *π*-stacking interactions (Ganellin *et al.*, 1998, Menge *et al.*, 1998; Levoin *et al.*, 2010).

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By exploration of the structure-activity relationship, a series of highly potent and selective non-imidazole antagonists were developed, including ABT-239, JNJ-5207852, NNC 38-1049 and GSK189254, which show anti-obesity properties, promote the wake state, and have pro-cognitive effects (Barbier *et al.*, 2004; Esbenshade *et al.*, 2005; Fox *et al.*, 2005; Medhurst *et al.*, 2007).

The imidazole-containing compounds display similar affinities for the  $H_3R$  across species (see Tables 2 and 3). Nevertheless, some antagonists, such as thioperamide or ciproxifan, are less potent at the hH<sub>3</sub>R than at the rat H<sub>3</sub>R, and as mentioned previously these differences have been attributed to changes in two residues located in TM3 (T119A and A122V). In contrast, the non-imidazole compounds are more potent and selective at the hH<sub>3</sub>R (West *et al.*, 1999; Ligneau *et al.*, 2000; Parsons and Ganellin, 2006). Furthermore, binding studies with thioperamide and burimamide in rat, human and monkey tissues indicate the presence of high- and low-affinity sites, which could be related to either different states of the same receptor or to the expression of more than one isoform (West *et al.*, 1990, 1999).

## 5. Function

## 5.1 Pre-synaptic effects

The best-known function of the H<sub>3</sub>R is the pre-synaptic regulation of neurotransmitter release in the central and peripheral nervous systems. This regulation has been reported for histamine itself, noradrenaline, dopamine, acetylcholine (ACh), GABA, glutamate, serotonin (5-hydroxytryptamine, 5-HT), and some neuropeptides. Whereas the evidence for

a direct action of  $H_3Rs$  is consistent for most of these neurotransmitters, this is not established for acetylcholine and dopamine.

**Histamine.** The observation that histamine inhibited it own release led to the identification of the H<sub>3</sub>R by Arrang *et al.* (1983). Control by pre-synaptic H<sub>3</sub>Rs of histamine release has been shown for slices of rat cerebral cortex, striatum, hippocampus and hypothalamus, as well as for rat cerebro-cortical synaptosomes (Arrang *et al.*, 1983, 1985a,b). *In vivo* microdialysis experiments have shown that H<sub>3</sub>R agonists reduce histamine release in the rat hypothalamus and cerebral cortex, whereas antagonists increased the release in the hypothalamus, nucleus *basalis magnocellularis*, and cerebral cortex (Jansen *et al.*, 1998; Lamberty *et al.*, 2003; Giannoni *et al.*, 2009).

Acetylcholine (ACh). The modulation of cholinergic transmission by  $H_3Rs$  was first reported for the peripheral nervous system; histamine and  $H_3R$  agonists inhibited the electrically-evoked contraction of guinea-pig ileum strips, but had no effect on the action of exogenous ACh (Trzeciakowski, 1987). It was later shown that in the longitudinalis smooth muscle/mienteric plexus preparation the release of [<sup>3</sup>H]-ACh induced by electrical stimulation was reduced by  $H_3R$  activation (Poli *et al.*, 1991).

In the CNS,  $H_3R$  activation inhibited K<sup>+</sup>-induced [<sup>3</sup>H]-ACh release from rat entorhinal cortex slices, but this effect was not detected in synaptosomes from the same region or in slices from the hippocampus (Arrang *et al.*, 1995; Alves-Rodrigues *et al.*, 1998), questioning the presence of the receptor on cholinergic nerve terminals. *In vivo* microdialysis shows that  $H_3R$  activation reduces ACh release in the rat fronto-parietal cortex, hippocampus, nucleus *accumbens* and basolateral amygdala (Blandina *et al.*, 1996;

Prast *et al.*, 1999; Passani *et al.*, 2001; Bacciottini *et al.*, 2002). These studies also suggest the involvement of trans-synaptic effects. For example, H<sub>3</sub>R-mediated inhibition of GABA or dopamine release could subsequently relieve the inhibitory control by these transmitters of ACh release (Schlicker *et al.*, 1993; Garcia *et al.*, 1997; Prast *et al.*, 1999).

**Noradrenaline.** H<sub>3</sub>R-mediated inhibition of noradrenaline release has been reported for both the CNS and the peripheral nervous system. In cardiac sympathetic terminals H<sub>3</sub>R stimulation reduces noradrenaline release by various mechanisms, including inhibition of voltage-activated Ca<sup>2+</sup> and Na<sup>+</sup> channels, reduction of NHE activity, and transactivation of prostanoid receptors (Endou *et al.*, 1994; Imamura *et al.*, 1995, 1996; Hatta *et al.*, 1997; Mazenot *et al.*, 1999; Silver *et al.*, 2002; Seyedi *et al.*, 2005; Levi *et al.*, 2007).

For the CNS, *in vitro* experiments indicated that H<sub>3</sub>R activation reduces depolarizationinduced [<sup>3</sup>H]-noradrenaline release in rodent cerebral cortex, spinal cord, cerebellum, hippocampus, hypothalamus and olfactory bulb, and human cerebral cortex (Schlicker *et al.*, 1989, 1992; 1994, 1999; Celuch, 1995; Timm *et al.*, 1998; Aquino-Miranda *et al.*, 2011). *In vivo* microdialysis experiments showed that H<sub>3</sub>R activation reduces noradrenaline release in rat hippocampus and cerebral cortex (Di Carlo *et al.*, 2000; Medhurst *et al.*, 2007).

**5-hydroxytryptamine (5-HT).** In rat cerebral slices and synaptosomes as well as in SNr slices, H<sub>3</sub>R activation inhibits 5-HT release evoked by electrical or chemical stimulation (Schlicker *et al.*, 1988; Fink *et al.*, 1990; Threlfell *et al.*, 2004). By contrast, in rat olfactory

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bulb slices,  $H_3R$  activation had no effect on depolarization-induced [<sup>3</sup>H]-5-HT release (Aquino-Miranda *et al.*, 2011).

**Dopamine.** In mouse striatum and rat substantia nigra *pars reticulata* (SNr), depolarization-evoked [<sup>3</sup>H]-dopamine release is inhibited by H<sub>3</sub>R activation (Schlicker *et al.*, 1993; Garcia *et al.*, 1997), suggesting that the receptor resides on the terminals and dendrites of the dopaminergic nigro-striatal neurons. However, H<sub>3</sub>R activation had no effect on depolarization-evoked [<sup>3</sup>H]-dopamine release from rat and rabbit striatal slices (Smits and Mulder, 1991; Schlicker *et al.*, 1993), indicating differences between species and brain regions.

In microdialysis studies,  $H_3R$  activation increases the extracellular dopamine levels in rat prefrontal cortex, but not in the striatum (Fox *et al.*, 2005; Medhurst *et al.*, 2007). The systemic or local administration of  $H_3R$  antagonists augments dopamine release induced by methamphetamine in the nucleus *accumbens*; however, the effect of the local perfusion of the antagonists was lower than that produced by their systemic administration (Munzar *et al.*, 2004), casting doubt on the presence of  $H_3Rs$  on the terminals of ventral tegmental area (VTA) neurons, the main source of dopaminergic innervation to nucleus *accumbens* (Wise, 2004).

**Glutamate.** Pre-synaptic H<sub>3</sub>Rs inhibits glutamatergic transmission in rat hippocampus, striatum, basolateral amygdala, thalamus and globus pallidus (Doreulee *et al.*, 2001; Jiang *et al.*, 2005; Garduño-Torres *et al.*, 2007; Osorio-Espinoza *et al.*, 2011). In rat striatal and thalamic synaptosomes H<sub>3</sub>R stimulation reduces both glutamate release and an increase in the intracellular Ca<sup>2+</sup> concentration induced by depolarization (Molina-Hernández *et al.*,

2001; Garduño-Torres *et al.*, 2007). Optogenetic experiments confirmed the H<sub>3</sub>R-mediated inhibition of cortico-striatal and thalamo-striatal glutamatergic transmission, and the increased paired-pulse ratio supports the pre-synaptic location of H<sub>3</sub>Rs in cortico-striatal and thalamo-striatal synapses. Of note, H<sub>3</sub>R activation had no effect on the plasticity of cortico-striatal synapses, but the thalamo-striatal synapses became significantly facilitatory (Ellender *et al.*, 2011).

**GABA.** In slices from rat SNr and striatum, the activation of dopamine D<sub>1</sub> receptors, coupled to  $G\alpha_s$  proteins, enhances depolarization-evoked [<sup>3</sup>H]-GABA release and this effect is selectively counteracted by H<sub>3</sub>R-mediated inhibition of P/Q-type voltage-activated  $Ca^{2+}$  channels (Garcia *et al.*, 1997; Arias-Montaño *et al.*, 2001, 2007). Likewise, in the nerve terminals of striato-pallidal neurons, H<sub>3</sub>R activation counteracts the facilitatory action of adenosine A<sub>2A</sub> receptors (A<sub>2A</sub>Rs), which are also coupled to G $\alpha_s$  proteins (Morales-Figueroa *et al.*, 2014).

H<sub>3</sub>R-mediated inhibition of GABA release has been observed *in vivo* in rat medial vestibular nucleus, and *in vitro* in primary cultures of rat cerebro-cortical neurons and dissociated neurons from the rat hypothalamus ventromedial nucleus (Jang *et al.*, 2001; Bergquist *et al.*, 2006; Dai *et al.*, 2007). In contrast, H<sub>3</sub>R activation does not modify depolarization-evoked [<sup>3</sup>H]-GABA release from rat thalamus and olfactory bulb slices (Garduño-Torres *et al.*, 2007; Aquino-Miranda *et al.*, 2011), indicating that not all GABAergic neurons express pre-synaptic H<sub>3</sub>Rs.

**Neuropeptides.** Histamine inhibits non-adrenergic/non-cholinergic contraction of the bronchial and intestinal smooth muscle (Ichinose and Barnes, 1989; Taylor and Kilpatrick,

1992), and H<sub>3</sub>R activation reduces substance P release from sensorial nerve terminals of the rat hind paw (Ohkubo *et al.*, 1995) and the release of the calcitonin gene-related peptide (CGRP) from the peri-arterial nerve terminals of the rat mesenteric artery (Sun *et al.*, 2011).

## 5.2 Post-synaptic effects

There is evidence for post-synaptic H<sub>3</sub>Rs in some areas of the brain, namely striatum, cerebral cortex, hippocampus, nucleus *accumbens*, lateral hypothalamus, and zona incerta (Pillot *et al.*, 2002; Panula and Nuutinen, 2013, González-Sepúlveda *et al.*, 2013; Parks *et al.*, 2014).

## **5.2.1 Activation of the MAPK and Akt pathways.** The detection of 42/44-MAPK

phosphorylation upon the activation of the rat  $H_3R_{445}$  led to the discovery of the link between  $H_3Rs$  and the MAPK pathway (Drutel *et al.*, 2001), which were also observed for native receptors (Mariottini *et al.*, 2009). In rat hippocampus slices,  $H_3R$  activation stimulates the MAPK pathway in CA3 pyramidal cells, and MAPK activation seems to be required for  $H_3R$ -induced memory improvement and consolidation in rats after contextual fear conditioning (Giovannini *et al.*, 2003).

In transfected SK-N-MC cells,  $hH_3R$  activation stimulates the activity of the Akt/GSK3 $\beta$  axis (Bongers *et al.*, 2007c), and in rat cortical neurons  $H_3R$  stimulation results in the phosphorylation of Akt at Ser473 and GSK3 $\beta$  at Ser9, via PI3K and MAPK activation (Mariottini *et al.*, 2009). Akt regulates the expression of apoptosis inhibitors such as Bcl-2 and Bcl-x, and thus promotes neuronal cell survival (Song *et al.*, 2004), and in rat cortical neurons,  $H_3R$  activation increases the expression of Bcl-2 in an Akt-dependent manner. The

Akt/GSK3 $\beta$  pathway plays a relevant role in regulating several important cellular processes including cell plasticity and survival, proliferation and metabolism, and H<sub>3</sub>R activation exerts a protective effect against serum deprivation-induced cell death in rat cortical neurons and NMDA-induced neurotoxicity in mixed cultures of mouse cortical cells through the activation of the PI3K-Akt pathway (Mariottini *et al.*, 2009).

**5.2.2 GIRK activation.** In melanin-concentrating hormone (MCH)-producing neurons located in the rodent lateral hypothalamus, H<sub>3</sub>R activation stimulates GIRKs and inhibits neuronal firing (Parks *et al.*, 2014).

## 5.3 H<sub>3</sub>R heterodimerization and functional consequences

GPCR dimerization is now a well-accepted phenomenon that can be defined as a transitory state in which, through protein-protein interactions, a GPCR can alter the binding, signaling or desensitization of the second GPCR that it is dimerized with. Although this phenomenon has been described as temporarily, short-lived, and the result of stochastic interactions, it has sufficient impact to cause or modify a physiological output (Milligan, 2006; Calebiro *et al.*, 2013).

Because of its hetero-receptor nature, the  $H_3R$  is co-expressed with a large number of GPCRs in different neuronal populations. For example, in striatal medium-sized spiny neurons (MSNs),  $H_3Rs$  co-exist with dopamine  $D_1$  ( $D_1R$ ) or  $D_2$  ( $D_2R$ ) receptors (González-Sepúlveda *et al.*, 2013), allowing for heterodimer formation. In both interactions,  $H_3R$  acts as a negative modulator of agonist binding to and signaling of dopamine receptors.

The first insight into  $H_3R/D_1R$  interactions came from functional studies where the  $H_3R$  inhibited  $D_1R$ -mediated facilitation of GABA release in SNr and striatum slices (Garcia *et* 

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*al.*, 1997; Arias-Montaño *et al.*, 2001). In a heterologous expression system H<sub>3</sub>R activation induces a shift from cooperative to a non-cooperative binding of D<sub>1</sub>R agonists, which indicates that an intra-membrane cross-talk occurs between these receptors. In contrast, D<sub>1</sub>R stimulation did not modify agonist binding to H<sub>3</sub>Rs. A change in the D<sub>1</sub>R signaling pathway from  $G\alpha_s$  to  $G\alpha_{i/o}$  was also observed in cAMP formation assays. Furthermore, H<sub>3</sub>R activation did not induce 42/44-MAPK phosphorylation, but did so when the D<sub>1</sub>R was co-expressed. H<sub>3</sub>R antagonist prevented the effect of a D<sub>1</sub>R agonist and vice versa (Ferrada *et al.*, 2009), and cross-antagonism in rat striatal slices of wild-type and D<sub>1</sub>R-KO mice suggests that the interaction also occurs *in vivo*. The phosphorylation of 42/44-MAPKs appears to be a particular print of the H<sub>3</sub>R/D<sub>1</sub>R interaction, as this effect was not observed in D<sub>2</sub>R-MSNs. In addition, behavioral analysis showed that a H<sub>3</sub>R antagonist enhanced D<sub>1</sub>R-induced locomotor activity (Ferrada *et al.*, 2008; Moreno *et al.*, 2011).

The  $H_3R/D_2R$  interaction is supported by Förster Resonance Energy Transfer (FRET) analysis in transfected cells and by binding studies in which  $H_3R$  activation reduced agonist affinity of the  $D_2R$  high- and low-affinity sites in sheep striatal membranes (Ferrada *et al.*, 2008). However, the lack of synergism in  $D_2R$ - and  $H_3R$ -stimulated [<sup>35</sup>S]-GTP $\gamma$ S binding in rat striatal membranes (Humbert-Claude *et al.*, 2007) argues against a direct  $H_3R/D_2R$ interaction.

The  $G\alpha_s$ -coupled  $A_{2A}R$  is highly expressed and distinctively limited to  $D_2R$ -MSNs.  $A_{2A}R$  activation inhibits GABA release from MSN collaterals (Kirk and Richardson, 1994), but in the striato-pallidal projections, facilitates the release of the neurotransmitter (Mayfield *et al.*, 1993). The latter effect is functionally opposed by H<sub>3</sub>R activation, which also decreases  $A_{2A}R$  affinity for the agonist CGS-21680 in membranes from globus pallidus

synaptosomes, suggesting a direct, protein-protein interaction between  $A_{2A}Rs$  and  $H_3Rs$  (Morales-Figueroa *et al.*, 2014).

## 6. H<sub>3</sub>Rs and neurological and psychiatric disorders

The H<sub>3</sub>R is a potential drug target for the treatment of several important neurological and psychiatric disorders and this aspect will be discussed briefly in reference to Alzheimer's disease, attention-deficit hyperactivity disorder, Parkinson's disease, Gilles de la Tourette's syndrome, schizophrenia, addiction, and sleep disorders.

## 6.1 Parkinson's disease (PD)

PD is a progressive neurodegenerative movement disorder that primarily results from the death of substantia nigra *pars compacta* (SNc) dopaminergic neurons. In addition, the noradrenergic, cholinergic and serotonergic systems are also affected and may contribute to the disorder. Parkinsonian symptoms include bradykinesia, muscular rigidity, rest tremor, and postural and gait impairment (Moore *et al.*, 2005; Kalia and Lang, 2015).

As discussed previously, H<sub>3</sub>Rs modulate striatal GABAergic, glutamatergic and dopaminergic transmission at the pre- and post-synaptic levels in addition to controlling the release of GABA, glutamate, and 5-HT in several other nuclei of the basal ganglia. In hemiparkisonian rats, H<sub>3</sub>R levels increase in the striatum and SNr ipsilateral to the lesioned SNc. Post-mortem analysis of PD patients shows increased histaminergic innervation to SN, augmented histamine levels in caudate/putamen, globus pallidus and SN, higher H<sub>3</sub>R density in the SNr and increased H<sub>3</sub>R mRNA in the external globus pallidus (reviewed in Panula and Nuutinen, 2013). Injection of the H<sub>3</sub>R agonist immepip into the SNr reverses apomorphine-induced contralateral turning behavior in hemiparkinsonian rats, whereas in

naive animals the compound induces ipsilateral turning (García-Ramírez *et al.*, 2004). In hemiparkinsonian rats apomorphine-induced turning behavior is enhanced by the systemic administration of L-histidine and reduced by inhibiting histamine synthesis (Liu *et al.*, 2008).

Dopamine-replacement therapy has dominated the treatment of PD motor symptoms since the early 1960s. However, chronic administration of the dopamine precursor L-DOPA results in severe side effects, particularly dyskinesias related to excessive  $D_1R$ -mediated signaling in the basal ganglia (Santini *et al.*, 2007). In parkinsonian marmosets the systemic administration of immepip exacerbates the symptoms in non-treated animals, but in L-DOPA-treated marmosets reduces the total dyskinesia score without affecting the antiparkinsonian action (Gomez-Ramírez *et al.*, 2006). Altogether, the available information indicates a role for histamine and the H<sub>3</sub>R in PD pathophysiology, and a potential use for drugs acting at the receptor in the treatment of both the disease and the complications of the pharmacological therapies.

## 6.2 Gilles de la Tourette's syndrome (GTS)

GTS is a disorder characterized by motor and phonic tics (echolalia, echopraxia and coprolalia), sensory and cognitive symptoms, and co-morbidities such as obsessivecompulsive and attention-deficit hyperactivity disorders (Shan *et al.*, 2015). GTS is related to the dysfunction of the cortico-striatal-thalamic-cortical circuitry, and involves the transmitters dopamine, noradrenaline, 5-HT, and histamine (Panula and Nuutinen, 2013; Rapanelli and Pittenger, 2015).

A mutation (W317X) in one of the HDC gene alleles is associated with the familiar occurrence of GTS (Ercan-Sencicek *et al.*, 2010). HDC-knockout mice, with brain histamine levels almost negligible in homozygote animals, exhibit stereotypic movements and spontaneous tic-like symptoms after the intraperitoneal injection of amphetamine (Castellan Baldan *et al.*, 2014), supporting the involvement of the histaminergic system in GTS.

## 6.3 Schizophrenia

Schizophrenia is a mental disorder defined by positive symptoms (hallucinations, delusions, and thought and movement disorders), negative symptoms (reduced feelings, difficulty to initiate and maintain activities, and reduced speaking), and cognitive symptoms such as poor understanding of information, trouble focusing, and problems with working memory (Flores *et al.*, 2016).

In schizophrenic patients,  $H_3R$  receptor expression is increased in the prefrontal cortex and decreased in the hippocampus, areas closely related to memory and cognitive processes (Jin *et al.*, 2009). An increase in the histamine metabolite tele-methylhistamine was reported for chronic patients (Prell *et al.*, 1995), and antipsychotics drugs affect the activity of the histaminergic neurons by acting at dopamine, 5-HT, and glutamate (NMDA) receptors expressed by these neurons (Javitt *et al.*, 1991; Morisset *et al.*, 1999, 2002) and by antagonizing  $H_1$ ,  $H_2$ , and  $H_3$  receptors (Alves-Rodrigues *et al.*, 1996; Green and Maayani, 1977; Richelson *et al.*, 2000). This information suggests that the histaminergic system plays a role in the disease.

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Schizophrenia is characterized by the hyperactivity of dopaminergic neurons and the hypoactivity of glutamatergic neuronal cells. H<sub>3</sub>R antagonists/inverse agonists attenuate dopamine receptor-mediated facilitation of locomotor sensitization (Clapham and Kilpatrick, 1994) and locomotor hyperactivity resultant from blockade of NMDA receptors (Faucard *et al.*, 2006; Mahamood *et al.*, 2012). In DBA/2 mice, administration of a H<sub>3</sub>R antagonist/inverse agonist reduces the natural deficits in sensorimotor gating (Fox *et al.*, 2005). Although the evidence in animal models supports the antipsychotic properties of H<sub>3</sub>R antagonists, two clinical trials with ABT-288 and MK-0249 failed to improve the cognitive function in schizophrenic patients (Egan *et al.*, 2013; Haig *et al.*, 2014).

#### 6.4 Addiction

Addiction is a compulsive and persistent dependence on behaviors or substances in which the reward brain circuitry (the dopaminergic meso-cortico-limbic system) plays a major role. HDC-KO mice show increased cocaine tolerance and reduction in the placepreference test. Conversely, HDC-KO mice show an increase in alcohol-evoked conditioned place preference and consumption (Zimatkin and Anichtchik, 1999). Substances like alcohol, cocaine and morphine modulate histamine synthesis, release and turnover (Nishibori *et al.*, 1985; Ito *et al.*, 1997), suggesting the involvement of the histaminergic system in addiction processes. In H<sub>3</sub>R-KO mice, a reduction in alcoholinduced place preference and consumption is observed, and a similar effect is induced by H<sub>3</sub>R blockade, indicating the participation of the H<sub>3</sub>R in alcohol addiction (Brabant *et al.*, 2007; Nuutinen *et al.*, 2010; Galici *et al.*, 2011).

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Hyperactivity caused by amphetamine/methamphetamine is attenuated by the  $H_3R$ antagonists thioperamide, ciproxifan, pitolisant (BF2.649), and ABT-239 (Clapham and Kilpatrick, 1994; Fox *et al.*, 2005; Ligneau *et al.*, 2007a,b; Motawaj and Arrang, 2011). However, other antagonists (GSK-207040, JNJ-5207852 and JNJ-10181457) failed to replicate this response (Komater, 2003; Southam *et al.*, 2009). Moreover, thioperamide and clobenpropit increased methamphetamine self-administration (Munzar *et al.*, 2004). On the basis of the previously described cross-talk between the dopaminergic and histaminergic systems, and the direct modulation of histaminergic transmission by addictive drugs, targeting the histaminergic neurons is a plausible therapeutic proposal.

### 6.5 Attention-deficit hyperactivity disorder (ADHD)

ADHD, most prevalent in children, is characterized by an ongoing pattern of inattention and/or hyperactivity-impulsivity. This disorder affects several neurotransmitter systems, mainly the dopaminergic, noradrenergic, cholinergic, and serotonergic systems (Vohora and Bhowmik, 2012). H<sub>3</sub>R antagonists enhance the release of neurotransmitters involved in cognition including ACh and dopamine in the prefrontal cortex; ACh, dopamine and noradrenaline in the cingulate cortex; and ACh in the hippocampus (Fox *et al.*, 2005; Medhurst *et al.*, 2007; Ligneau *et al.*, 2007b). In rodents, the pro-attentional and procognitive actions of these drugs suggest that these compounds have a potential therapeutic use in this disorder (reviewed by Passani and Blandina, 2011, and Vohora and Bhowmik, 2012). However, the H<sub>3</sub>R antagonist bavisant (JNJ-31001074) did not show clinical effectiveness in human adults with ADHD, whereas both atomoxetine and methylphenidate induced improvement (Weisler *et al.*, 2012).

### 6.6 Alzheimer's disease

Alzheimer's disease (AD) is a progressive neurodegenerative brain disorder resulting in the loss of memory and cognitive functions that is often accompanied by behavioral disturbances like aggression and depression (Querfurth and LaFerla, 2010). The pathological hallmarks of AD include the accumulation of the protein  $\beta$ -amyloid (A $\beta$ ), which leads to the production of extracellular A $\beta$  plaques and hyper-phosphorylation of the protein tau. This in turn results in the formation of intracellular neurofibrillary tangles and the massive loss of cholinergic neurons (Brioni *et al.*, 2011).

In AD patients, neurofibrillary tangles occur in the TMN along with a significant loss (~50%) of the histaminergic neurons (Nakamura et al., 1993, Shan et al., 2015), but the latter effect is not matched by the reduction (-24%) in HDC mRNA expression, suggesting that enhanced histamine production by the remaining neurons compensates the cell loss. Some reports indicate that brain histamine levels are reduced in hypothalamus, hippocampus and temporal cortex from AD patients, although others show an increase in the same cerebral regions together with frontal, parietal and occipital cortices. Furthermore, H<sub>3</sub>R mRNA levels seem to be higher in the prefrontal cortex only in female AD patients, indicating a gender-dependent change (Shan et al., 2015). In this regard, differences in histamine levels in AD and normal brains may originate from methodological issues, genetic background, time elapsed between death and analysis, and proper diagnosis. However, measurement of histamine content with a sensitive HPLC fluorimetric method in brains from controls and AD patients, with matched age and post-mortem time, found a significant decrease in the hypothalamus (-58% of control values), hippocampus (-57%), and temporal cortex (-47%) in AD brains (Panula et al., 1998).

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H<sub>3</sub>R activation could account for the diminished release of noradrenaline and ACh in the prefrontal cortex, both transmitters with an important role in cognition (Blandina *et al.*, 1996; Schlicker *et al.*, 1999). Based on studies with transgenic mice, it may be hypothesized that neurotransmitter release evoked by H<sub>3</sub>R antagonists leads to post-synaptic effects such as the phosphorylation of the cAMP response element binding protein (CREB), a transcription factor related to cognitive function, or the inhibition of GSK3β, responsible for tau hyper-phosphorylation in AD (Hooper *et al.*, 2008; Bitner *et al.*, 2011). These *in vivo* studies raise the possibility that H<sub>3</sub>R antagonists indirectly modulate signaling pathways resulting in symptomatic alleviation in AD patients. H<sub>3</sub>R antagonists like PF-03654746, GSK189254, MK-0249, ABT-239, and ABT-288 bind the hH<sub>3</sub>R with high affinity (Ki 0.2 to 3.2 nM) and some have advanced to clinical trials (Brioni *et al.*, 2011; Sadeq *et al.*, 2016).

#### 6.7 Sleep disorders

The brain circuitry that regulates sleep-wake cycle in mammals comprises cell groups in the thalamus, brainstem, hypothalamus and basal forebrain. The histaminergic system plays a key role in the maintenance of cortical activation and wakefulness (Lin, 2000). The histaminergic neurons fire tonically, are more active during wakefulness, and send widespread inputs to areas crucially implicated in sleep-wake control, for instance the cerebral cortex and thalamus. In the latter region, H<sub>1</sub>R activation decreases a resting leak K<sup>+</sup> conductance (I<sub>KL</sub>), which results in prolonged depolarization of thalamo-cortical neurons leading to inhibition of burst firing and the promotion of single-spike firing. This action abolishes sleep-related activity in thalamo-cortical networks and facilitates the single-spike activity typical of the waking state (McCormick and Bal, 1997).

Impaired wakefulness and increased sleep are observed after the inhibition of histamine synthesis and in HDC-KO mice (Partmentier *et al.*, 2002). The wake-promoting activity of histamine is shared by a variety of H<sub>3</sub>R antagonists/inverse agonists (Gao *et al.*, 2013). H<sub>3</sub>Rs pre-synaptically modulate the release of histamine and other neurotransmitters that participate in the wake-sleep cycle and post-synaptically reduce the excitability of MCH-producing neurons that are also involved in the cycle (Parks *et al.*, 2014). H<sub>3</sub>R-KO mice present a wide-range of apparently contradictory wake-sleep alterations; the animals show wake deficiency and sleep deterioration, but also display signs of enhanced vigilance (Gondard *et al.*, 2013).

Histaminergic neurons are activated by the neuropeptide hypocretin, and type I narcolepsy is characterized by excessive daytime sleepiness and cataplexy. The main cause of type I narcolepsy is the loss of hypocretinergic neurons; however, an increase in the number of histaminergic neurons has been reported (Valko *et al.*, 2013). Although histamine dysregulation is not central to the pathophysiology, H<sub>3</sub>R antagonists/inverse agonists such as pitolisant are useful for the treatment of excessive sleepiness disorders, namely narcolepsy and idiopathic hypersomnia by improving alertness (Lin *et al.*, 2008; Inocente *et al.*, 2012; Dauvilliers *et al.*, 2013). Furthermore, pitolisant reduces sleepiness in PD patients without interfering with anti-parkinsonian drugs (Schwartz, 2011). On March 2016, pitolisant (Wakix<sup>TM</sup>) was approved in the European Union for the treatment of narcolepsy with or without cataplexy in adults, becoming thus the first drug acting at H<sub>3</sub>Rs that reachs the market (Syed, 2016).

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### 7. Final remarks

The histaminergic system exerts a significant modulatory effect on different brain functions, from movement to cognitive processes. The H<sub>3</sub>R plays a key role in this effect through its wide expression and action as a modulator of several neurotransmitter systems. Although the main effects of H<sub>3</sub>R activation are known for some brain areas, such as the striatum and the hippocampus, its actions in other areas have yet to be fully explored. Furthermore, determining the precise H<sub>3</sub>R expression in distinct cells of several neuronal circuits, such as the cortico-striato-thalamo-cortical and meso-cortico-limbic circuits, will help to understand the participation of the histaminergic system in aspects such as the control of motor activity, cognition and the sleep-wake cycle, and certain disorders, including PD, AD, and addiction. A deeper knowledge of the functional and molecular interactions of H<sub>3</sub>Rs with other receptors is also important for the design of novel therapeutic approaches targeting the histaminergic system, and for this purpose the elucidation of the H<sub>3</sub>R crystal structure will represent an important discovery. Finally, more clinical studies are needed to evaluate or confirm the usefulness of H<sub>3</sub>R ligands in several neuro-psychiatric disorders.

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# 9. Authorship contribution

Wrote or contributed to the writing of the manuscript: Nieto-Alamilla, Márquez-Gómez, García-Gálvez, Morales-Figueroa and Arias-Montaño

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# Footnotes

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## Legends for figures

**Figure 1. The histaminergic system in the rat brain.** Histamine-synthesizing neurons are located in the hypothalamus tuberomamillary nucleus and these neurons send projections to the Central Nervous System through three major pathways, two ascending bundles that innervate the forebrain structures and one descending bundle reaching the spinal cord. Thal, thalamus; Str, striatum.

Figure 2. Alignment of the amino acid sequence of the human, monkey, guinea-pig, rat and mouse H<sub>3</sub>Rs. Sequences were obtained from Uniprot and correspond to the full length H<sub>3</sub>R (445 aa). Alignment was performed with the Clustal Omega server from the European Bioinformatic Institute. The highly conserved sequences in the seven transmembrane domains are shown in grey. The DRF and NPVLY motifs and the glycosylation site (Asn11) are well-conserved among species (green). Residues in blue are responsible for the inter-species differences in H<sub>3</sub>R pharmacology. Residues in red are likely to be involved in the receptor high constitutive activity on the basis of their identity with a mutated  $\beta_2$ -adrenoceptor. The third intracellular loop (ICL3) possesses a region (residues 236 to 300; italics) that is highly variable among species, followed by a highly conserved sequence. The hH<sub>3</sub>R has  $\geq$  93% sequence identity with the other species, and the same identity can be found in the guinea-pig, mouse and rat sequences, with 99% identity between mouse and rat, and among the primate proteins. \*, conserved residues; :, conservative mutations; •, non-conservative mutations.

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**Figure 3. Structure of the human H<sub>3</sub>R.** As a GPCR, the H<sub>3</sub>R contains seven spanning transmembrane domains, an extracellular amino terminus (NT), an intracellular carboxyl terminus (CT), three extracellular (ECL), and three intracellular (ICL) loops, with a long ICL3 (142 aa). Potential residues for phosphorylation are shown in green. The conserved DRF and NPVLY motifs are shown in yellow. The naturally occurring mutations D18E and A280V are depicted in blue. The glycosylation site (Asn11) is shown in red and the palmitoylation site (C228) in grey. Residues Thr119 and Ala122 (purple) are responsible for the inter-species pharmacological differences. Residues indicated in black in ECL1 and ECL2 correspond to the cysteins forming a disulfide bond important for receptor trafficking. Residues important for agonist recognition are colored in pink.

**Figure 4.** H<sub>3</sub>**R signaling pathways.** H<sub>3</sub>R activation triggers or modulates several pathways through the G $\alpha$  subunits and G<sub> $\beta\gamma$ </sub> complexes of G $\alpha_{i/o}$  proteins. AA, arachidonic acid; AC, adenylyl cyclases; cAMP, 3',5'-cyclic adenosine monophosphate; MAPK, mitogen-activated protein kinases; NHE, Na<sup>+</sup>/H<sup>+</sup> exchanger; PI3K, phosphatidylinositol 3-kinase; PKA, protein kinase A; PLA<sub>2</sub>, phosholipase A<sub>2</sub>; PLC, phosholipase C.

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**Figure 5.** Binding sites of agonists and antagonists at the human  $H_3R$  of 445 aa (h $H_3R_{445}$ ). A. Molecular docking of the endogenous agonist histamine in a model of the h $H_3R_{445}$  in the active state. Residues Glu206 and Asp114 are pivotal for agonist binding. B. Planar view of the histamine binding pocket in the h $H_3R_{445}$ . C. Proposed binding site of a protean ligand (proxyfan) in the inactive h $H_3R_{445}$  as observed by molecular docking, depicting the three functional groups of the ligand important for binding (nitrogen-containing ring, central electronegative group and aromatic ring). D. Planar view of the suggested binding residues for an antagonist at the h $H_3R_{445}$ .

Figure 6. Structure of H<sub>3</sub>R agonists.

Figure 7. Structure of H<sub>3</sub>R antagonists.

# Table 1. Brain expression and signaling of H<sub>3</sub>R isoforms from different species.

Species Isoform (aa)		Expression in the CNS	Signaling	References		
Human	H <sub>3</sub> (445)	thalamus, striatum, cerebral cortex,	$\downarrow$ cAMP, $\uparrow$ [Ca <sup>2+</sup> ] <sub>i</sub>	1-10		
		cerebellum, amygdala, substantia nigra,	↑ p42/p44-MAPK,			
		hippocampus, hypothalamus, corpus callosum, spinal cord	$\uparrow$ [ <sup>35</sup> S]-GTPγS binding			
	H <sub>3</sub> (431)	amygdala, cerebellum, striatum, thalamus, prefrontal cortex, striatum,	ND			
	H <sub>3</sub> (415)	thalamus, cerebellum, amygdala	$\uparrow [Ca^{2+}]_i$	-		
	H <sub>3</sub> (365)	cerebellum, thalamus, hypothalamus, striatum, substantia nigra, hippocampus, amygdala, prefrontal cortex	$\uparrow [Ca^{2+}]_{i}, \downarrow cAMP,$ $\uparrow [^{35}S]\text{-}GTP\gamma S \text{ binding}$			
	H <sub>3</sub> (329a)	substantia nigra, amygdala, cerebral cortex, hypothalamus	NF			
	H <sub>3</sub> (326)	substantia nigra, prefrontal cortex, amygdala, hypothalamus	ND			
	H <sub>3</sub> (413)	striatum, amygdala	ND	_		
	H <sub>3</sub> (453)	ND	$\downarrow$ cAMP			
	H <sub>3</sub> (301)	ND	NF			
	H <sub>3</sub> (373)	hippocampus, substantia nigra, amygdala, hypothalamus	↓ cAMP			
	H <sub>3</sub> (309)	ND	NF			
	H <sub>3</sub> (221)	ND	ND			
	H <sub>3</sub> (409)	ND	ND			
	H <sub>3</sub> (329b)	ND	ND			
	H <sub>3</sub> (395)	ND	_			
	H <sub>3</sub> (379)	ND	ND	_		
	H <sub>3</sub> (293)	ND	ND			
	H <sub>3</sub> (290)	ND	ND			
	H <sub>3</sub> (351)	ND	ND			
	H <sub>3</sub> (340)	ND	ND			
Monkey	H <sub>3</sub> (445)	frontal cortex, parietal cortex, occipital cortex, para-hippocampal gyrus, hippocampus, caudate nucleus, putamen, amygdala, thalamus, cerebellum		11,12		
	H <sub>3</sub> (413)	frontal cortex, parietal cortex, para- hippocampal gyrus, caudate nucleus, putamen, amygdala, thalamus	$\uparrow [Ca^{2+}]_i$			
	H <sub>3</sub> (410)	frontal cortex, parietal cortex, para- hippocampal gyrus, caudate nucleus, putamen, amygdala, thalamus	$\uparrow [Ca^{2+}]_i$			
	H <sub>3</sub> (335)	frontal cortex, parietal cortex, occipital cortex, para-hippocampal gyrus, hippocampus, caudate nucleus, putamen, amygdala, thalamus, cerebellum	NF			
Rat	H <sub>3</sub> (445) cerebral cortex, hippocampus, midbrain, $\downarrow$ cAMP,		↓ cAMP, ↑ p42/p44-MAPK	13-17		

	H <sub>3</sub> (413)	cerebral cortex, hippocampus, midbrain, striatum	↓ cAMP, ↑ p42/p44-MAPK ↑ [ <sup>3</sup> H]AA release ↑ [ <sup>35</sup> S]-GTPγS binding	
	H <sub>3</sub> (410)	cerebral cortex, hippocampus, midbrain, striatum	ND	
	H <sub>3</sub> (397)	cerebral cortex, hippocampus, midbrain, hypothalamus, striatum, olfactory tuberculum	↓ cAMP, ↑ p42/p44-MAPK	
	H <sub>3</sub> (497)	cortex layers II to VIb, caudate-putamen, piriform cortex, hippocampus	NF	
	H <sub>3</sub> (465)	cortex layers II to VIb, caudate-putamen, piriform cortex, hippocampus	NF	
	H <sub>3</sub> (449)	cortex layers II to VIb, caudate-putamen, piriform cortex, hippocampus	NF	
Mouse	H <sub>3</sub> (445)	cerebral cortex, striatum, hypothalamus	$\uparrow [Ca^{2+}]_i$	18,19
	H <sub>3</sub> (413)	cerebral cortex, striatum, hypothalamus	ND	
	H <sub>3</sub> (397)	cerebral cortex, striatum, hypothalamus	ND	
Guinea pig	H <sub>3</sub> (445)	cerebral cortex, striatum	ND	20
	H <sub>3</sub> (415)	cerebral cortex, striatum	ND	
Dog	H3(ND)	ND	ND	21

↑, increase; ↓, decrease. ND, not determined, NF, non-functional,  $[Ca^{2+}]_i$ , intracellular  $Ca^{2+}$  concentration. AA, arachidonic acid. \*The human  $H_3R_{329a}$  and  $H_3R_{329b}$  isoforms possess the same number of amino acids, but differ in the region where alternative splicing occurs. 1) Lovenberg *et al.*, 1999; 2) Tardivel-Lacombe *et al.*, 2001; 3) Nakamura *et al.*, 2000; 4) Cogé *et al.*, 2001; 5) Tsui, 2001; 6) Wiedemann *et al.*, 2002; 7) Wellendorph *et al.*, 2002; 8) Gallagher and Yates, 2007; 9) Bongers *et al.*, 2007a; 10) Bongers *et al.*, 2007b; 11) Yao *et al.*, 2003; 12) Strakhova *et al.*, 2008; 13) Lovenberg *et al.*, 2012; 18) Chen *et al.*, 2001; 15) Morisset *et al.*, 2002; 20) Tardivel-Lacombe *et al.*, 2000; 21) Ireland-Denny *et al.*, 2001.

# Table 2. Affinities of the H<sub>3</sub>R for agonists and antagonists.

Imidazole-containing	ng p <i>K</i> i							
agonists	Rat	Mouse	Guinea pig	Monkey	Dog	Human		
Histamine	Native $8.27^1$ $8.28^2$ $7.92^3$ $8.29 \pm 0.03^4$ $8.20 \pm 0.10^5$ $8.30^6_{-}$	7.92 $\pm 0.54$ (high) <sup>11</sup> 6.09 $\pm 0.61$ (low) <sup>11</sup>	$7.58^{1} \\ 8.18 \pm 0.15^{4}$	7.88 <sup>13</sup>	8.50 ± 0.08 <sup>4</sup>	$\begin{array}{c} 8.59 \pm 0.08^{4} \\ 8.63^{6} \\ 8.08^{13} \end{array}$		
	8.13 <sup>7</sup> <b>Recombinant</b> 7.87 <sup>3</sup> 8.57 <sup>6</sup> 7.69 <sup>8</sup>	7.82 <sup>12</sup>		$8.78 \pm 0.10^{14}$		7.81 <sup>3</sup> 8.58 <sup>6</sup> 7.88 <sup>8</sup>		
	$\begin{array}{c} 5.70 \pm 0.15^9 \\ 7.89 \pm 0.07^{10} \end{array}$					$\begin{array}{c} 8.20\pm 0.04^{10}\\ 8.55\pm 0.01^{14}\\ 8.00\pm 0.10^{15}\\ 8.03\pm 0.06^{16}\\ 8.30\pm 0.10^{17}\\ 8.60\pm 0.00^{18}\\ 8.50^{19}\\ 8.40\pm 0.20^{20}\\ \end{array}$		
RAMH	Native $8.88^{1,2}$ $8.82^3$ $8.71 \pm 0.08^4$ $8.95^7$ $8.71 \pm 0.08^{21}$	$\begin{array}{l} 7.91 \pm 0.09 \; (\text{high})^{11} \\ 6.67 \pm 0.21 \; (\text{low})^{11} \end{array}$	$\begin{array}{c} 8.49^1 \\ 8.63 \pm 0.25^4 \\ 9.48 \pm 0.16^{22} \\ 10.07 \pm 0.16^{22} \end{array}$	8.50 <sup>13</sup>	$8.93 \pm 0.19^4$	$\begin{array}{c} 9.15 \pm 0.06 \ ^{4} \\ 8.82^{13} \\ 9.16 \pm 0.07^{21} \end{array}$		
	<b>Recombinant</b> $8.72^3$ $8.44^8$ $6.40 \pm 0.20^9$ $8.62 \pm 0.07^{10}$ $9.35 \pm 0.20^{21}$	8.40 <sup>12</sup>		$9.55 \pm 0.04^{14}$		$\begin{array}{c} 8.67^3 \\ 8.56^8 \\ 8.91 \pm 0.07^{10} \\ 9.41 \pm 0.05^{14} \\ 8.20 \pm 0.10^{15} \\ 8.36 \pm 0.07^{16} \\ 8.92 \pm 0.11^{17} \\ 9.00 \pm 0.10^{18} \\ 9.16 \pm 0.08^{21} \\ 8.56^{23} \end{array}$		
SAMH	Native $7.30^{1}$ $7.33 \pm 0.06^{4}$ $7.11^{7}$	$5.93 \pm 0.04^{11}$	$7.30^{1} \\ 7.63 \pm 0.18^{4}$	7.69 <sup>13</sup>	$7.79 \pm 0.11^4$	$7.49^{13} \\ 8.33 \pm 0.18^4$		
	Recombinant					$\begin{array}{c} 7.20 \pm 0.10^{15} \\ 7.60 \pm 0.20^{18} \end{array}$		
NAMH	Native $8.92^3$ $8.78 \pm 0.13^4$ $9.15^7$		$\begin{array}{c} 8.67 \pm 0.27^{4} \\ 9.99 \pm 0.24^{22} \\ 10.31 \pm 0.24^{22} \end{array}$	8.76 <sup>13</sup>	$9.15 \pm 0.09^4$	$9.41 \pm 0.06^4 \\ 9.08^{13}$		
	<b>Recombinant</b> $8.82^3$ $8.70 \pm 0.09^{10}$	8.95 <sup>12</sup>				$\begin{array}{c} 8.61^3 \\ 9.22 \pm 0.03^{10} \\ 8.40 \pm 0.10^{15} \\ 9.00 \pm 0.10^{18} \end{array}$		

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						9.80 <sup>19</sup>
Immepip	Native $9.30^3$ $8.99 \pm 0.20^4$	$\begin{array}{l} 9.50 \pm 0.66 \; (high)^{11} \\ 7.48 \; \pm 0.33 \; (low)^{11} \end{array}$	$8.68 \pm 0.34^4$		$9.25\pm0.06^4$	$9.58 \pm 0.06^4$
	<b>Recombinant</b> 8.85 <sup>3</sup> 7.50 ± 0.08 <sup>9</sup>	9.79 <sup>12</sup>				$\begin{array}{c} 8.79^3\\ 9.30\pm 0.10^{15}\\ 9.32\pm 0.04^{16}\\ 9.51\pm 0.03^{17}\\ 9.40\pm 0.10^{18}\\ 9.70^{19}\\ 9.40\pm 0.10^{20}\\ 9.30^{24} \end{array}$
Imetit	Native $10.00^2$ $10.00^3$ $9.46 \pm 0.10^4$ $9.82^7$ $9.53 \pm 0.09^{21}$	$\begin{array}{l} 9.09 \pm 0.18 \ (high)^{11} \\ 7.02 \pm 0.60 \ (low)^{11} \end{array}$	$8.99 \pm 0.25^4$	9.01 <sup>13</sup>	$9.31 \pm 0.06^4$	$\begin{array}{c} 9.67 \pm 0.06^{4} \\ 9.50^{13} \\ 9.79 \pm 0.07^{21} \end{array}$
	<b>Recombinant</b> 9.69 <sup>3</sup> 9.38 $\pm$ 0.08 <sup>10</sup> 10.11 $\pm$ 0.10 <sup>21</sup>	9.69 <sup>12</sup>		$9.84 \pm 0.03^{14}$		$\begin{array}{c} 9.22^3\\ 9.20\pm 0.05^{10}\\ 9.59\pm 0.09^{14}\\ 8.80\pm 0.10^{15}\\ 9.23\pm 0.19^{17}\\ 9.40\pm 0.10^{18}\\ 9.70^{19}\\ 9.59\pm 0.09^{21}\\ \end{array}$
Impentamine	$\begin{array}{c} \textbf{Recombinant} \\ 6.90 \pm 0.06^9 \\ 10.11 \pm 0.05^{10} \end{array}$					$\begin{array}{c} 8.84 \pm 0.06^{10} \\ 8.30 \pm 0.10^{15} \\ 8.29 \pm 0.14^{16} \\ 8.50 \pm 0.10^{18} \end{array}$
Proxyfan	Native $8.51 \pm 0.05^{21}$ Recombinant $8.53^8$ $8.08 \pm 0.10^{10}$ $8.62 \pm 0.10^{21}$		$\begin{array}{c} 8.32 \pm 0.13^{22} \\ 8.80 \pm 0.23^{22} \end{array}$			$\begin{array}{c} 8.38 \pm 0.13 \ ^{21} \\ 8.56^8 \\ 7.90 \pm 0.10^{15} \\ 8.35 \pm 0.06^{21} \\ 8.40 \pm 0.20^{18} \\ 7.87 \pm 0.07^{10} \end{array}$
VUF 5296	Native $7.60 \pm 0.10^5$ Recombinant					$7.17 \pm 0.09^{16}$
VUF 5297	Native $8.76 \pm 0.10^5$ Recombinant					$8.03 \pm 0.08^{16}$
Methimepip	Recombinant					$\begin{array}{c} 9.00 \pm 0.10^{15} \\ 9.00 \pm 0.10^{24} \end{array}$
Imidazole- containing antagonists	Rat	Mouse	p <i>K</i> i Guinea pig	Monkov	Deg	Human
	rcat	wouse	Guinea pig	Monkey	Dog	numan

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Thioperamide	Native					
	$\begin{array}{c} 8.67^1 \\ 7.99^3 \\ 8.10 \pm 0.06^4 \\ 8.12^6 \\ 8.39^7 \\ 8.85^{25} \\ 8.48 \pm 0.01^{26} \\ 8.15 \pm 0.06^{27} \end{array}$	$\begin{array}{c} 8.37 \pm 0.12^{11} \\ 8.30 \pm 0.15^{26} \end{array}$	$\begin{array}{c} 8.69^1 \\ 8.34 \pm 0.12^4 \\ 8.69 \pm 0.05^{22} \\ 9.08 \pm 0.13^{22} \\ 8.34 \pm 0.11^{27} \end{array}$	6.61 <sup>13</sup>	$\begin{array}{c} 8.17 \pm 0.15^{4} \\ 7.91 \pm 0.10^{26} \\ 8.17 \pm 0.12^{27} \end{array}$	$\begin{array}{c} 7.13 \pm 0.06^{4} \\ 7.21^{6} \\ 6.69^{13} \\ 7.18 \pm 0.01^{27} \end{array}$
	<b>Recombinant</b> 8.37 <sup>3</sup> 8.49 <sup>6</sup> 8.18 <sup>8</sup> 7.20 $\pm$ 0.08 <sup>9</sup> 7.94 $\pm$ 0.04 <sup>10</sup> 8.62 $\pm$ 0.06 <sup>26</sup> 8.44 $\pm$ 0.07 <sup>27</sup> 8.40 $\pm$ 0.20 <sup>28</sup> 8.44 $\pm$ 0.07 <sup>29</sup>	$8.49 \pm 0.05^{26}$		$7.19 \pm 0.03^{14}$		$\begin{array}{c} 7.23^3 \\ 7.13^6 \\ 7.22^8 \\ 7.34 \pm 0.04^{10} \\ 7.24 \pm 0.06^{14} \\ 7.30 \pm 0.10^{15} \\ 7.34 \pm 0.13^{17} \\ 7.70 \pm 0.20^{18} \\ 7.70^{19} \\ 6.90 \pm 0.10^{20} \\ 7.85^{23} \\ 7.12 \pm 0.10^{26} \\ 7.14 \pm 0.06^{27} \\ 7.40 \pm 0.33^{28} \\ 7.14 \pm 0.06^{29} \end{array}$
Ciproxifan	Native $9.15 \pm 0.05^4$ $9.18^6$ $9.22 \pm 0.05^{21}$ $8.91 \pm 0.04^{26}$ $9.20 \pm 0.04^{30}$	$9.10 \pm 0.16^{26}$	$\begin{array}{c} 8.70 \pm 0.08^{4} \\ 8.76 \pm 0.07^{30} \end{array}$		$\begin{array}{c} 8.20 \pm 0.08^{4} \\ 7.46 \pm 0.10^{26} \\ 8.24 \pm 0.06^{30} \end{array}$	$\begin{array}{c} 6.99 \pm 0.08^{4} \\ 7.04^{6} \\ 7.05 \pm 0.07^{21} \\ 6.72 \pm 0.14^{26} \\ 7.05 \pm 0.06^{30} \end{array}$
	<b>Recombinant</b> 9.36 <sup>6</sup> 8.40 <sup>8</sup> 8.87 $\pm$ 0.08 <sup>10</sup> 9.38 $\pm$ 0.07 <sup>21</sup> 9.29 $\pm$ 0.05 <sup>26</sup> 9.29 $\pm$ 0.09 <sup>29</sup> 9.29 $\pm$ 0.09 <sup>30</sup>	$9.08 \pm 0.08^{26}$		$7.18 \pm 0.05^{14}$		$\begin{array}{c} 7.20^6 \\ 7.33^8 \\ 7.03 \pm 0.12^{10} \\ 7.20 \pm 0.04^{14} \\ 7.17 \pm 0.04^{17} \\ 7.40 \pm 0.10^{18} \\ 7.20 \pm 0.04^{21} \\ 7.02^{23} \\ 6.96 \pm 0.06^{26} \\ 7.20 \pm 0.05^{29} \\ 7.20 \pm 0.05^{30} \end{array}$
Iodoproxyfan	<b>Native</b> 9.69 <sup>7</sup>	$8.86 \pm 0.16^{11}$	$\begin{array}{c} 9.76 \pm 0.23^{22} \\ 10.00 \pm 0.09^{22} \end{array}$			
	Recombinant					$9.20 \pm 0.10^{15}$
Clobenpropit	Native $9.30^3$ $9.38 \pm 0.08^4$ $9.31^7$ $9.45 \pm 0.08^{21}$ $9.53 \pm 0.11^{26}$ $9.45 \pm 0.08^{27}$	$\begin{array}{c} 9.28 \pm 0.16^{11} \\ 9.57 \pm 0.09^{26} \end{array}$	$\begin{array}{c} 9.65 \pm 0.22^{4} \\ 9.65 \pm 0.20^{27} \end{array}$	8.65 <sup>13</sup>	$\begin{array}{c} 10.09 \pm 0.13^{4} \\ 9.84 \pm 0.12^{26} \\ 10.09 \pm 0.11^{27} \end{array}$	$\begin{array}{c} 9.08 \pm 0.13^{4} \\ 8.24^{13} \\ 9.11 \pm 0.11^{21} \\ 9.11 \pm 0.11^{26} \\ 9.11 \pm 0.12^{27} \end{array}$
	<b>Recombinant</b> 9.39 <sup>3</sup> 8.85 <sup>8</sup>	$\begin{array}{c} 9.50^{12} \\ 9.70 \pm 0.08^{26} \end{array}$		$9.72 \pm 0.10^{14}$		9.22 <sup>3</sup> 8.61 <sup>8</sup>

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	$\begin{array}{c} 8.30 \pm 0.02^9 \\ 9.11 \pm 0.06^{10} \\ 9.82 \pm 0.07^{21} \\ 9.59 \pm 0.09^{26} \\ 9.75 \pm 0.01^{27} \end{array}$					$\begin{array}{c} 9.34 \pm 0.06^{10} \\ 9.43 \pm 0.03^{14} \\ 8.60 \pm 0.10^{15} \\ 8.79 \pm 0.08^{17} \\ 9.30 \pm 0.20^{18} \\ 9.30^{19} \\ 9.47 \pm 0.04^{21} \\ 9.23^{23} \\ 9.47 \pm 0.19^{26} \\ 9.44 \pm 0.04^{27} \end{array}$
Iodophenpropit	<b>Native</b> $9.23 \pm 0.10^4$	$9.24 \pm 0.21^{11}$	$\begin{array}{c} 9.39 \pm 0.21^{4} \\ 10.08 \pm 0.11^{22} \\ 9.96 \pm 0.23^{22} \end{array}$		$9.59 \pm 0.09^4$	$8.45 \pm 0.14^4$
	Recombinant					$\begin{array}{c} 8.20 \pm 0.10^{15} \\ 9.10 \pm 0.20^{18} \end{array}$
SCH 79687	<b>Native</b> 8.72 <sup>31</sup>		7.88 <sup>31</sup>			9.10 ± 0.20
VUF 5681 Burimamide	RecombinantNative $8.18 \pm 0.15^4$	6.28 ± 0.2 <sup>11</sup>	$8.27 \pm 0.05^4$		$8.42 \pm 0.13^4$	$\begin{array}{c} 8.35 \pm 0.11^{16} \\ 8.90 \pm 0.30^{18} \\ \\ 8.34 \pm 0.21^{4} \end{array}$
	7.16 <sup>7</sup> Recombinant	0.20 ± 0.2	0.27 ± 0.03		0.42 ± 0.15	$7.90 \pm 0.10^{15}$
Non-imidazole antagonists			p <i>K</i> i			
JNJ-5207852	<b>Recombinant</b> $8.90 \pm 0.17^{28}$					$9.24 \pm 0.21^{28}$
ABT-239	Native 7.92 $\pm 0.11^{26}$ 8.49 $\pm 0.04^{32}$	$7.96 \pm 0.08^{-26}$	$8.59 \pm 0.12^{32}$		$\begin{array}{c} 8.61 \pm 0.20^{26} \\ 8.41 \pm 0.07^{32} \end{array}$	$8.34 \pm 0.06^{-32}$
	$\begin{array}{c} \textbf{Recombinant} \\ 8.52 \pm 0.08^{26} \\ 8.87 \pm 0.04^{29} \\ 8.91 \pm 0.04^{32} \end{array}$	$8.42 \pm 0.07^{26}$				$\begin{array}{c} 9.51 \pm 0.10^{26} \\ 9.35 \pm 0.04^{29} \\ 9.35 \pm 0.04^{32} \end{array}$
NNC 38-1049	<b>Recombinant</b> 8.29 <sup>33</sup>					8.92 <sup>23</sup>
A-331440	Native 7.66 <sup>6</sup> 7.73 $\pm 0.08^{34}$					$7.64^{6} \\ 7.63 \ \pm 0.05^{34}$
	<b>Recombinant</b> $8.20^{6}$ $8.23 \pm 0.04^{34}$			$8.71 \pm 0.06^{14}$		$\begin{array}{c} 8.48^6\\ 8.45\pm 0.05^{14}\\ 7.75\pm 0.04^{17}\\ 8.00^{18}\\ 8.45\pm 0.05^{34} \end{array}$
A-349821	<b>Native</b> $9.12 \pm 0.14^{34}$					$9.37 \pm 0.08^{34}$
	<b>Recombinant</b> $8.78 \pm 0.12^{29}$ $8.78 \pm 0.12^{34}$			$9.67 \pm 0.14^{14}$		$\begin{array}{c} 9.55 \pm 0.09^{14} \\ 9.20 \pm 0.10^{18} \\ 9.39 \pm 0.08^{29} \end{array}$

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					$9.39 \pm 0.08^{34}$
UCL 1972	<b>Native</b> 7.41 <sup>35</sup>				
GSK189254	<b>Native</b> 8.51 ± 0.11 <sup>26</sup>	$8.89 \pm 0.13^{26}$		$8.83 \pm 0.09^{26}$	$9.59 \pm 0.15^{26}$
	<b>Recombinant</b> 9.17 $\pm 0.09^{26}$	$8.76 \pm 0.06^{26}$			$9.90 \pm 0.18^{26}$
Pitolisant	Native	7.85 <sup>39</sup>			
	Recombinant				8.56 <sup>39</sup>

**References**: 1) Arrang *et al.*, 1987b; 2) Garbarg *et al.*, 1992; 3) Lovenberg *et al.*, 2000; 4) Ireland-Denny *et al.*, 2001; 5) De Esch *et al.*, 1999; 6) Hancock *et al.*, 2004a; 7) Ligneau *et al.*, 1994; 8) Ligneau *et al.*, 2000; 9) Drutel *et al.*, 2001; 10) Schnell *et al.*, 2010; 11) Jansen *et al.*, 2000; 12) Chen *et al.*, 2003; 13) West *et al.*, 1999; 14) Strakhova *et al.*, 2008.; 15) Lim *et al.*, 2005; 16) Kitbunnadaj *et al.*, 2003; 17) Flores-Clemente *et al.*, 2013; 18) Bongers *et al.*, 2007b; 19) Lovenberg *et al.*, 1999; 20) Bongers *et al.*, 2007c; 21) Krueger *et al.*, 2005. 22) Harper *et al.*, 1999; 23) Zaragoza *et al.*, 2004; 24) Kitbunnadaj *et al.*, 2005; 25) Sánchez-Lemus and Arias-Montaño, 2004; 26) Medhurst *et al.*, 2007; 27) Esbenshade *et al.*, 2003; 28) Barbier *et al.*, 2004; 29) Cowart *et al.*, 2005; 30) Esbenshade *et al.*, 2003; 31) McLeod *et al.*, 2003; 32) Esbenshade *et al.*, 2005; 33) Malmlöf *et al.*, 2005; 34) Hancock *et al.*, 2004; 35) Ganellin *et al.*, 1998; 36) Uveges *et al.*, 2002; 37) Baker *et al.*, 2008; 38) Hew *et al.*, 1990; 39) Ligneau *et al.*, 2007. Data reported as *K*i were converted to p*K*i. For recombinant receptors all values refer to the H<sub>3</sub>R of 445 aa. SAMH, *S*-α-methylhistamine.

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# Table 3. Potencies of H<sub>3</sub>R agonists and antagonists.

		pA <sub>2</sub>	р <i>К</i> в	pD <sub>2</sub>				
Drug	cAMP	Ca <sup>2+</sup>	МАРК	GTPγS	PI3K/			
					Akt			
RAMH	$8.50 \pm 0.10$ (r) <sup>9</sup>	$8.44 \pm 0.11^{14}$	$7.94 \pm 0.17$	$8.50 \pm 0.14 (h)^{17}$				$7.60 \pm 0.05^{4}$
	$9.50 \pm 0.10^{15}$	$7.92^{21}$	(h) <sup>17</sup>	$8.00 \pm 0.10^{18}$				$8.50 \pm 0.10^{9}$
	$9.17 \pm 0.03^{16}$	$8.22^{21}$		$7.65 (r)^{21}$				
	$\begin{array}{c} 8.22 \pm 0.35 \ \text{(h)}^{17} \\ 8.20 \pm 0.10^{18} \end{array}$	$8.50 \pm 0.13^{36}$		8.02, 8.42 (h) <sup>21</sup>				
	$8.20 \pm 0.10$ $8.67 (r)^{21}$							
	$8.01 (h)^{21}$							
	$9.47 \pm 0.18^{36}$							
	$9.54 \pm 0.06^{37}$							
SAMH	$8.00 \pm 0.10^{15}$			$6.60 \pm 0.10^{18}$				$6.21 \pm 0.15$ $6.46 \pm 0.15$ $7.40 \pm 0.10$ $7.80 \pm 0.10$ $8.35 \pm 0.00$ $9.40 \pm 0.10$
	$6.80 \pm 0.10^{18}$							
	$\frac{8.31 \pm 0.01^{37}}{8.30 \pm 0.10^{15}}$	7 (( 7 01		7.20 0.1018				6.46 - 0.16
Histamine	$\begin{array}{c} 8.30 \pm 0.10^{16} \\ 8.01 \pm 0.03^{16} \end{array}$	7.66, 7.81, 7.75, 7.76 <sup>12</sup>		$7.30 \pm 0.10^{18}$				$6.46 \pm 0.18$
	$8.01 \pm 0.03$ $7.40 \pm 0.20^{18}$	$7.99 \pm 0.09^{14}$						$7.40 \pm 0.10$
	$8.63 \pm 0.10^{36}$	$7.99 \pm 0.09^{36}$ $7.82 \pm 0.09^{36}$						
	$8.55 \pm 0.05^{37}$	1.02 = 0.09						
Imetit	$9.90 \pm 0.10^{15}$	8.13, 8.03,		$8.60 \pm 0.10^{18}$				$7.80 \pm 0.10$
	9.66 $(r)^{21}$	$8.40, 8.48^{12}$		$8.69 (r)^{21}$				
	8.39 (h) <sup>21</sup>	$8.47 \pm 0.08^{14}$		8.53, 8.71 (h) <sup>21</sup>				
	$8.92 \pm 0.04^{26}$	$8.14^{21}$						
	$9.79 \pm 0.20^{36}$	8.04 <sup>21</sup>						
т ·	$9.91 \pm 0.05^{37}$	$8.86 \pm 0.20^{36}$		$8.80 \pm 0.10^{18}$	9.40 <sup>20</sup>			0.25 . 0.00
Immepip	$\begin{array}{c} 9.40 \pm 0.10 \ (r)^9 \\ 10.40 \pm 0.10^{15} \end{array}$			$8.80 \pm 0.10^{10}$	9.40-*			$8.35 \pm 0.08$
	$9.88 \pm 0.02^{16}$							9.40 ± 0.10
	$9.00 \pm 0.02$ $9.00 \pm 0.10^{18}$							
	$9.90 \pm 0.10^{20}$							
	$\begin{array}{c} 9.90 \pm 0.0^{24} \\ 7.88^{25} \end{array}$							
	7.88 <sup>25</sup>							
	$10.30 \pm 0.14^{37}$							
Impentamine	8.1 (r) <sup>9</sup>			$7.50 \pm 0.10^{-18}$				
	$8.40 \pm 0.10^{15}$							$8.10\pm0.10$
	$8.63 \pm 0.08^{16}_{26}$							
	$9.17 \pm 0.11^{36}$							
	$8.43 \pm 0.08^{37}$							
NAMH	$9.40 \pm 0.10^{15}$	8.03, 8,15,		$7.90 \pm 0.10^{18}$				$7.17 \pm 0.07$
	$8.50 \pm 0.10^{18}$	$8.34, 8.22^{12}$		1.90 - 0.10				/.1/ = 0.0/
	$9.45 \pm 0.05^{37}$	,						
Methimepip	$9.50 \pm 0.20^{15}$							
	$9.50 \pm 0.20^{24}$							
VUF 5296	$7.24 \pm 0.04^{16}$							6.15 ± 0.08
VUF 5297	$8.23 \pm 0.14^{16}$	7 42 0 0 14		7.50 0.1018				$6.64 \pm 0.06$
Proxyfan	$\frac{8.50 \pm 0.10^{15}}{7.83(r)^{21}}$	$7.43 \pm 0.06^{14} \\ 7.61, 7.11^{21}$		$7.50 \pm 0.10^{18} \\ 7.33 \text{ (r)}^{21}$				
	$7.83(r)^{-1}$ 6.86 (h) <sup>21</sup>	$7.61, 7.11^{-1}$ $6.20, 5.89^{21}$		$7.33 (r)^{-1}$ 7.49, 7.68 (h) <sup>21</sup>				
	$7.73^{21}$	0.20, 5.89		7.47, 7.00 (II)				
	$7.61^{21}$							
	$8.31 \pm 0.11^{37}$							
Thioperamide	$7.50 \pm 0.10^{15}$			$8.06 \pm 0.10 (r)^6$	$7.00^{20}$	$8.44 \pm 0.45^4$	$6.90 \pm 0.10 \ 2^3$	

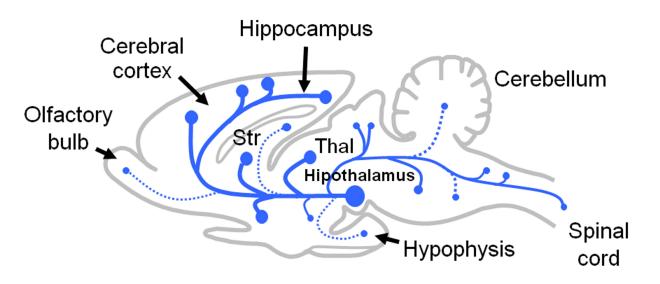
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	$\begin{array}{c} 7.60 \pm 0.20^{18} \\ 7.10 \pm 0.20^{20} \\ 7.8860^{25} \end{array}$		$7.41 \pm 0.11 \text{ (h)}^{6}$ $6.90 \pm 0.10^{18}$ $7.49 \pm 0.34^{27}$ $7.41 \pm 0.12 \text{ (h)}^{30}$ $8.06 \pm 0.10 \text{ (r)}^{30}$	$\begin{array}{c} 8.44 \pm 0.49 \\ (\text{gp})^{30} \end{array}$	$\begin{array}{c} 8.13 \pm 0.14 \ (r)^6 \\ 7.39 \pm 0.04 \ (h)^6 \\ 9.11 \pm 0.14 \ (r)^6 \\ 6.82 \pm 0.05 \ (h)^6 \\ 7.09 \pm 0.08 \\ (mk)^{14} \\ 6.82 \pm 0.06 \ (h)^{29} \\ 6.10 \pm 0.12 \ (h)^{30} \\ 7.39 \pm 0.04 \ (h)^{30} \\ 6.82 \pm 0.06 \ (h)^{30} \\ 7.61 \pm 0.14 \ (r)^{30} \\ 8.13 \pm 0.14 \ (r)^{30} \\ 8.95^{38} \end{array}$	
Ciproxifan	5.39, 5.30 <sup>,21</sup>	6.57, 6.58 <sup>21</sup>	$\begin{array}{c} 8.87 \pm 0.16 \ (r)^6 \\ 7.04 \pm 0.17 \ (h)^6 \\ 7.16 \pm 0.19^{27} \\ 7.04 \pm 0.17 \ (h)^{30} \\ 8.87 \pm 0.16 \ (r)^{30} \end{array}$	$\begin{array}{c} 8.12 \ \pm 0.56^{4} \\ 8.12 \ \pm 0.56^{30} \end{array}$	$\begin{array}{c} 8.79 \\ \hline 8.78 \pm 0.12 \ (r)^6 \\ \hline 7.03 \pm 0.13 \ (h)^6 \\ \hline 9.42 \pm 0.11 \ (r)^6 \\ \hline 6.86 \pm 0.07 \ (h)^6 \\ \hline 7.23 \pm 0.04 \\ \ (mk)^{14} \\ \hline 9.10 \ (r)^{21} \\ \hline 6.59 \ (h)^{21} \\ \hline 6.84 \pm 0.08^{29} \\ \hline 6.59 \pm 0.04 \ (h)^{30} \\ \hline 7.07 \pm 0.13 \ (h)^{30} \\ \hline 9.20 \pm 0.10 \ (r)^{30} \\ \hline 8.78 \pm 0.12 \ (r)^{30} \end{array}$	Downloaded from molpharm.aspetjournals.org at ASPET Journals on Apr
Burimamide	$\begin{array}{c} 7.00 \pm 0.10^{15} \\ 6.65 \pm 0.10^{37} \end{array}$			$8.05\pm0.68^4$	7.56 <sup>38</sup>	aspeț
Iodophenpropit Iodoproxyfan				$9.14 \pm 0.61^4$		journals.
Clobenpropit	$9.40 \pm 0.10^{15} \\ 6.79, 6.55^{21}$	7.41, 7.10 <sup>21</sup>	8.07 ± 0.66 <sup>27</sup>	$\begin{array}{c} 9.66 \pm 0.49^{4} \\ 9.66 \pm 0.49^{27} \end{array}$	$\begin{array}{c} 9.80 \pm 0.03 \\ (mk)^{14} \\ 9.03 (r)^{21} \\ 8.35 (h)^{21} \\ 8.21 \pm 0.10 (h) \\ {}_{27} \\ 9.04 \pm 0.11 \\ (r)^{27} \\ 8.91 \pm 0.06 (h)^{27} \end{array}$	org at ASPET Journals on
VUF 5681	$8.41 \pm 0.10^{37}$			$8.08 \pm 0.03^{16}$		Apr
A-331440			$7.07 \pm 0.24 \text{ (r)}^{6}$ $7.70 \pm 0.08 \text{ (h)}^{6}$ $7.60 \pm 0.10^{18}$		$\begin{array}{c} 7.60 \pm 0.12 \ (r)^6 \\ 8.16 \pm 0.04 \ (h)^6 \\ 7.38 \pm 0.10 \ (r)^6 \\ 7.37 \pm 0.29 \ (h)^6 \\ 7.81 \pm 0.02 \\ (mk)^{14} \end{array}$	ц 23, 2024
A-349821 ABT-229	9.00 ± 0.40 <sup>18</sup>		9.20 $\pm$ 0.10 <sup>18</sup> 9.09 $\pm$ 0.08 (h) <sup>30</sup> 8.57 $\pm$ 0.09 (r) <sup>30</sup>	9.47 ± 0.56 <sup>30</sup>	$\begin{array}{c} 9.67 \pm 0.05 \\ (mk)^{14} \\ 8.27 \pm 0.12^{29} \\ 8.24 \pm 0.10 \ (h)^{30} \\ 9.26 \pm 0.02 \ (h)^{30} \\ 8.27 \pm 0.12 \ (h)^{30} \\ 8.08 \pm 0.10 \ (r)^{30} \\ 8.62 \pm 0.11 \ (r)^{30} \\ \hline 7.87 \pm 0.15 \ (r)^{29} \\ 7.89 \pm 0.04 \ (h)^{32} \\ 9.04 \pm 0.04 \ (h)^{32} \end{array}$	
					$\begin{array}{c} 7.87 \pm 0.15 \ (h)^{32} \\ 7.60 \pm 0.05 \ (r)^{32} \\ 8.34 \pm 0.14 \ (r)^{32} \end{array}$	

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				$\frac{8.74 \pm 0.44}{(\text{gp})^{32}}$	
GSK189254		$8.20 \pm 0.12^{26}$	$9.06 \pm 0.02^{26}$		
JNJ-5207852			$\frac{8.94 (r)^{28}}{9.84 (h)^{28}}$		
			9.84 $(h)^{28}$		
NCC 38-1049				8.63 <sup>33</sup>	
Pitolisant				9.79 <sup>39</sup>	

**References**: 1) Arrang *et al.*, 1987b; 2) Garbarg *et al.*, 1992; 3) Lovenberg *et al.*, 2000; 4) Ireland-Denny *et al.*, 2001; 5) De Esch *et al.*, 1999; 6) Hancock *et al.*, 2004a; 7) Ligneau *et al.*, 1994; 8) Ligneau *et al.*, 2000; 9) Drutel *et al.*, 2001; 10) Schnell et al., 2010; 11) Jansen et al., 2000; 12) Chen et al., 2003; 13) West et al., 1999; 14) Strakhova *et al.*, 2008.; 15) Lim *et al.*, 2005; 16) Kitbunnadaj *et al.*, 2003; 17) Flores-Clemente *et al.*, 2013; 18) Bongers et al., 2007b; 19) Lovenberg *et al.*, 1999; 20) Bongers *et al.*, 2007c; 21) Krueger *et al.*, 2005. 22) Harper *et al.*, 1999; 23) Zaragoza et al., 2004; 24) Kitbunnadaj et al., 2005; 25) Sánchez-Lemus and Arias-Montaño, 2004; 26) Medhurst *et al.*, 2007; 27) Esbenshade *et al.*, 2003; 28) Barbier *et al.*, 2004; 29) Cowart *et al.*, 2005; 30) Esbenshade *et al.*, 2003; 31) McLeod *et al.*, 2003; 32) Esbenshade *et al.*, 2005; 33) Malmlöf *et al.*, 2005; 34) Hancock *et al.*, 2004b; 35) Ganellin *et al.*, 1998; 36) Uveges *et al.*, 2002; 37) Baker *et al.*, 2008; 38) Hew *et al.*, 1990; 39) Ligneau *et al.*, 2007. For recombinant receptors all values refer to the full length (445 aa) receptor. Abbreviations for species: gp, guinea pig; h, human; mk, monkey; r, rat.



Human Monkey Guinea Rat Mouse	pig	FRRAFTKLLCPQKLKIQPHSSLEHCWK FRRAFTKLLCPQKLKIQPHSSLEQCWK FRRAFTKLLCPQKLKVQPHSSLEHCWK FRRAFTKLLCPQKLKVQPHGSLEQCWK FRRAFTKLLCPQKLKVQPHGSLEQCW- ********	Figure 2
Human Monkey Guinea Rat Mouse	pig	SLAVIVSIFGLCWAPYTLLMIIRAACHGHCVPDYWYETSFWLLWANS. SLAVIVSIFGLCWAPYTLLMIIRAACHGHCVPDYWYETSFWLLWANS. SLAIIVSIFGLCWAPYTLLMIIRAACHGHCVPDYWYETSFWLLWANS. SLAIIVSIFGLCWAPYTLLMIIRAACHGRCIPDYWYETSFWLLWANS. SLAIIVSIFGLCWAPYTLLMIIRAACHGHCVPDYWYETSFWLLWANS.	AV <mark>N PVLY</mark> PLCHHS AV <mark>N PVLY</mark> PLCHYS AV <mark>N PVLY</mark> PLCHYS AV <mark>N PVLY</mark> PLCHYS
Human Monkey Guinea Rat Mouse	pig	SVAS PT SSSGSSSRGTER PRSLKRGSKPSASSASLEKRMKMVSQSFT SAAS PT SSSGSSSRGTER PRSLKRGSKPSASSASLEKRMKMVSQSFT AAAS PT SSSGSSSRGTER PRSLKRGSKPSASSASLEKRMKMVSQSIT AAAS PT SSSGSSSRGTER PRSLKRGSKPSASSASLEKRMKMVSQSIT :.************************************	QRFRLSRDRKVAK QRFRLSRDKKVAK QRFRLSRDKKVAK QRFRLSRDKKVAK
Human Monkey Guinea Rat Mouse	pig	AGPEPPPEAQPSPP-PPPGCWGCWQKGHGEAMPLHRYGVGEAAVGAE GGPEPPPEAQPSPP-PPPGCWGCWQKGHGEAMPLHRYGVGEAAAGAE AGPDPLPEAQSSPPQPPPGCWGCWPKGQGESMPLHRYGVGEAGPGAE AGPEPPPDAQPSPPPAPPSCWGCWPKGHGEAMPLHRYGVGEAGPGVE .**:* *:** *** *** **:*****************	AGETALGGGGGGG AGEAALGGGSG AGEAALGGGSGGG TGEAGLGGGSGGG
Human Monkey Guinea Rat Mouse	pig	GSSIPEGHCYAEFFYNWYFLITASTLEFFTPFLSVTFFNLSIYLNIQ GSSIPEGHCYAEFFYNWYFLITASTLEFFTPFLSVTFFNLSIYLNIQ GSSIPEGHCYAEFFYNWYFLITASTLEFFTPFLSVTFFNLSIYLNIQ GSSIPEGHCYAEFFYNWYFLITASTLEFFTPFLSVTFFNLSIYLNIQ SSSIPEGHCYAEFFYNWYFLITASTLEFFTPFLSVTFFNLSIYLNIQ	RRTRLRLDG <i>AREA</i> RRTRLRLDG <i>GARE</i> RRTRLRLDG <i>G-RE</i> RRTRLRLDG <i>G-RE</i>
Human Monkey Guinea Rat Mouse	pig	SSAFNIVLISYDRFLSVTRAVSYRAQQGDTRRAVRKMLLVWVLAFLL SSAFNIVLISYDRFLSVTRAVSYRAQQGDTRRAVRKMLLVWVLAFLL SSVFNIVLISYDRFLSVTRAVSYRAQQGDTRRAVRKMVLVWVLAFLL SSVFNIVLISYDRFLSVTRAVSYRAQQGDTRRAVRKMALVWVLAFLL SSVFNIVLISYDRFLSVTRAVSYRAQQGDTRRAVRKMALVWVLAFLL **.	YGPAILSWEYLSG YGPAILSWEYLSG YGPAILSWEYLSG YGPAILSWEYLSG
Human Monkey Guinea Rat Mouse	pig	VADSSLRTQNNFFLLNLAISDFLVGAFCIPLYVPYVLTGRWTFGRGL VADSSLRTQNNFFLLNLAISDFLVGAFCIPLYVPYVLTGRWTFGRGL VADSSLRTQNNFFLLNLAISDFLVGVFCIPLYVPYVLTGRWTFGRGL VADSSLRTQNNFFLLNLAISDFLVGAFCIPLYVPYVLTGRWTFGRGL VADSSLRTQNNFFLLNLAISDFLVGAFCIPLYVPYVLTGRWTFGRGL ****	CKLWLVVDYLLC <mark>T</mark> CKLWLVVDYLLC <b>T</b> CKLWLVVDYLLC <b>A</b>
Human Monkey Guinea Rat Mouse	pig	MERAPPDGPL <mark>NASGALAGEAA-AAGGARGF SAAWTAVLAA</mark> LMALLIV. MERAPPDGPLNASGALAGEAA-AAGGARGF SAAWTAVLAALMALLIV. MERAPPDGLMNASGALAGEAAAAAGGARTF SAAWTAVLAALMALLIV. MERAPPDGLMNASGTLAGEAA-AAGGARGF SAAWTAVLAALMALLIV. MERAPPDGIMNASGALAGEAA-AAGGARGF SAAWTAVLAALMALLIV. ********	ATVLGNALVMLAF ATVLGNALVMLAF ATVLGNALVMLAF ATVLGNALVMLAF

