Signaling specificity and kinetics of the human metabotropic glutamate receptors.

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Running title: mGluR-G protein signaling specificity

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Abbreviations:
mGluR: metabotropic glutamate receptor
NLuc: Nanoluciferase
BRET: Bioluminescence Resonance Energy Transfer
PAM: Positive Allosteric Modulator
NAM: Negative Allosteric Modulator
NanoBRET: Detection of G protein signaling by measurement of BRET between YFP-Gβγ and MAS-GRK3ct-NLuc.
EC50: 50% effective concentration
Abstract

Metabotropic glutamate receptors (mGluRs) are obligate dimer G protein coupled receptors that can all function as homodimers. Here, each mGluR homodimer was examined for its G protein coupling profile using a BRET based assay that detects the interaction between a split YFP-tagged Gβ1γ2 and a Nanoluciferase tagged free Gβγ sensor, MAS-GRK3-ct-NLuc with 14 specific Ga proteins heterologously expressed, representing each family. Canonically, the group II and III mGluRs (2&3, and 4, 6, 7&8, respectively) are thought to couple to Gi/o exclusively. In addition, the group I mGluRs (1&5) are known to couple to the Gq/11 family, and generally thought to also couple to the PTX-sensitive Gi/o family; some reports have suggested Gs coupling is possible as cAMP elevations have been noted. In this study, coupling was observed with all 8 mGluRs through the Gi/o proteins, and only mGluR1&5 through Gq/11, and perhaps surprisingly, not G14. None activated any Gs protein. Interestingly, coupling was seen with the group I and II, but not the group III mGluRs to G16. Slow but significant coupling to Gz was also seen with the group II receptors.

Significance Statement

Metabotropic glutamate receptor (mGluR)-G protein coupling has not been thoroughly examined, and some controversy remains about whether some mGluRs can activate Gαs family members. Here we examine the ability of each mGluR to activate representative members of
every Gα protein family. While all mGluRs can activate Gαi/o proteins, only the group I mGluRs couple to Gαq/11, and no members of the family can activate Gαs family members, including the group I receptors alone or with positive allosteric modulators.
Introduction

Metabotropic glutamate receptors (mGluRs) are class C G protein coupled receptors, and consist of 8 members (mGluR1-8), organized by sequence homology, signaling effectors, and general localization (Gregory, 2021). The Group I mGluRs include mGluR1 and mGluR5, are dual-coupled through Gαq and Gαi/o (Avet et al., 2020; Hauser et al., 2022; Kammermeier and Ikeda, 1999; McCool et al., 1998), and exhibit post-synaptic expression (Senter et al., 2016) in the nervous system, and there have been reports of cAMP accumulation in response to mGluR1 and mGluR5 activation giving rise to speculation of Gs coupling by these receptors (Kubo and Tateyama, 2005; Nasrallah et al., 2018; Sebastianutto et al., 2020; Tateyama and Kubo, 2007).

The Group II mGluRs consist of mGluR2 and mGluR3 and are thought to couple exclusively to the Gαi/o pathway (Niswender and Conn, 2010). These receptors can be found at either the pre- or post-synapse participating in cAMP based synaptic plasticity as well as acting as auto receptors via Gβγ to limit the amount of glutamate released during action potentials (Upreti et al., 2013). The Group III mGluRs consist of mGluR4, mGluR6, mGluR7, and mGluR8. These receptors also believed to solely couple to Gi/o signaling pathways (Niswender and Conn, 2010).

mGluRs 4, 7, and 8 are typically found acting as auto receptors on the pre-synaptic terminus (Mao et al., 2013) while mGluR6 expresses exclusively post-synaptically in retinal ON bipolar cells (Nakajima et al., 1993). Interestingly though, mGluR7 is only poorly responsive to millimolar concentrations of glutamate and no other native agonist has been identified for it (Conn and Pin, 1997; Habrian et al., 2019; Okamoto et al., 1994). While the G protein coupling tendencies of the mGluRs is generally known, a comprehensive assessment of mGluR-G protein
coupling has not been published, although some studies have examined the coupling of representative members of each group (Avet et al., 2022).

Due to their widespread expression in the nervous system, mGluRs participate in many neuronal physiological processes and pathophysiological behaviors. For this reason, mGluRs have been considered potential therapeutic targets for a wide range of pathologies including addiction, epilepsy, schizophrenia, and Parkinson’s disease (Ritzen et al., 2005). Here we utilize optimized adaptations of state-of-the-art bioluminescence resonance energy transfer (BRET) assays to assess the G protein signaling of each member of the mGluR family as homodimers in detail in HEK293T cells.

Our results indicate that all members of the mGluR family can activate members of the Gαi/o family, while only the group I receptors, mGluR1 &5, couple to Gq and G11. Interestingly, we observe coupling through G16 through mGluRs 1, 5, 2, and 3 only, although coupling with mGluR3 was quite weak. None of the mGluRs exhibited coupling to the G12/13 or G5 families, even mGluR5 in the presence of the positive allosteric modulator VU0424465, which had been reported to promote Gα5 coupling (Nasrallah et al., 2018). In addition, the kinetics and potencies of each mGluR coupling to their corresponding Gα proteins were also examined. In general, the group II mGluRs appeared to be the most efficient activators of Gα proteins. Glutamate activated the group II and III receptors coupled to Go proteins with the highest potency, and activated the Group I receptors coupled to Gq with the highest potency.
Materials and Methods

*Plasmids and Molecular Biology.* Plasmids encoding $G_{i1}, G_{i2}, G_{i3}, G_{oA}, G_{S},$ Ric8B, mGluR6, and mLPA2R were gifts from Dr. Cesare Orlandi (University of Rochester) (Masuho et al., 2015b).

Plasmids encoding $G_oB, G_q, G_{11}, G_{14}, G_{13}, G_{1L}, G_{olf}, G_{\gamma2}$, masGRK3ct, EGFP-PTX-S1 and the D5R were gifts from Dr. Stephen Ikeda. (NIAAA) The pmVenus-N1 plasmid was a gift Dr. Steven Vogel (NIAAA). The CMV-hEAAT3 plasmid was a gift from Susan Amara (NIMH; Addgene plasmid #32815). The pH1R-P2A-mCherry-N1 was a gift from Dorus Gadella (Addgene plasmid #84330) (van Unen et al., 2016). A plasmid encoding for NLuc was a gift from Dr. John Lueck (University of Rochester) (Ko et al., 2022). All plasmids were verified by full sanger sequencing before use.

The $G_{\gamma2}$-masGRK3ct sensor components, mVenus(156-239)-G$\beta$1, mVenus(1-155)-G$\gamma2$, and masGRK3ct-NL were assembled to be identical to those previously reported (Hollins et al., 2009), with the exception of replacing RLuc8 with NLuc. For masGRK3ct-NLuc, the previously assembled masGRK3ct constructs (amino acids 495-688 of bovine GRK3 with the myristic acid sequence, MGSSKS(K)TSNS added to the N-terminus) and NLuc were copied from their original plasmids with PCR with appropriate overhangs for Gibson assembly into the EcoRV site in pCDNA3.1(+). A GCCACC Kozak sequence was added before the start codon of masGRK3ct. A GGG linker was incorporated into both overhang and both fragments. Next, pCDNA3.1(+) was digested with EcoRV, and the digested pCDNA3.1(+) was added along with the masGRK3ct and NLuc PCR products into an NEBuilder reaction. The reaction product was then transformed into XL10-Gold Ultracompetent E.Coli cells and colonies were screened for successful assembly. The
mVenus(156-239)-Gβ1 and mVenus(1-155)-Gγ 2 were cloned with an identical procedure with the incorporation of GGSGGG linker in the overhangs between the mVenus fragments and protein.

The human mGluR constructs (except mGluR6) were synthesized by GenScript in fragments and assembled in lab. Each hmGluR coding sequences was domesticated by eliminating all BsaI, BbsI, BsmBI, SapI, and AarI restriction sites by introducing silent mutations. Each coding sequence was then divided into two, with a GCCACC Kozak sequence being added to the first fragment immediately before the start codon, the native stop codon was changed to a TGA stop, and overhangs were added for Gibson assembly into the EcoRV site of pCDNA3.1(+). Each fragment was synthesized by GenScript, and once received, the appropriate fragments were mixed with EcoRV digested pCDNA3.1(+) and subjected to a NEBuilder reaction.

**HEK293T cell culture and transfection.** HEK293T cell cultures were maintained in growth media consisting of Dulbecco’s Modified Eagle Media (DMEM) supplemented with 10% fetal bovine serum (FBS), 2 mM L-alanyl-L-glutamine (1x GlutaMax), 100 units/mL penicillin, and 100 μg/mL streptomycin at 37°C in 5% carbon dioxide. Cells were routinely harvested, counted, and replated every 2-3 days to prevent cultures from overgrowing. Prior to counting, cells were resuspended in Trypan Blue stain to allow for assessment of cell death, which was routinely under 10%. When conducting experiments cells were plated as described in the individual assay protocols in growth media 4 hours prior to transfection. To transfrect cells, cDNA was combined polyethyl enimine (PEI) in unsupplemented DMEM for 20 minutes before addition to cells. The amount of PEI added was adjusted based on the total amount of cDNA used for the
transfection, using 4μL of 7.5 mM PEI per 1μg of cDNA. For some assays, the media on cells was changed to DMEM supplemented with 2% FBS only immediately prior to addition of the transfection mixture.

*NanoBRET experiments using the Gβγ-masGRK3ct sensor.* For NanoBRET experiments, a modified standard protocol based on previously published protocols (Masuho et al., 2015a), or the mGluR optimized protocol described here were conducted. The day before the assay, HEK293T cells were plated into 6 well plates at 2 million cells per well in 1.5 mL of growth media. Four hours after plating transfections containing 200 ng masGRK3ct-NL, 200 ng mVenus(156-239)-Gβ1, 200 ng mVenus(1-155)-Gγ2, 400 ng EAAT3, 600 ng Gα protein, and 800 ng of receptor was assembled in 500 uL of supplemented DMEM with an appropriate amount of PEI. After 20 minutes, the transfection mixture was added to the cells dropwise. If the mGluR optimized protocol was being used, the media on the cells was changed to 1.5 mL of DMEM with 2% FBS immediately prior to adding the transfection. Cells were then allowed to transfect overnight.

The following day, the cell media was removed, and the wells were washed once with phosphate buffered saline (PBS) with no calcium or magnesium. The PBS was then aspirated and PBS with 5 mM EDTA was added. Cells were then incubated in PBS with EDTA at 37°C for 5 minutes. Cells were then harvested by titration and collected into microcentrifuge tubes. Cells were then pelleted and washed three times with imaging buffer consisting of 136 mM NaCl, 560 μM MgCl2, 4.7 mM KCl, 1 mM Na2HPO4, 1.2 mM CaCl2, 10 mM HEPES, and 5.5 mM Glucose. Experiments conducted with Low Cl- buffer used the same imaging buffer except the NaCl was
replaced with 136 mM sodium gluconate. After the third wash, the cells were resuspended in appropriate volume of imaging buffer and 25 μL of cells were transferred into each well of opaque, flat bottom, white 96-well plate. For the standard procedure, cells were then assayed immediately. For the mGluR optimized protocol, cells were allowed to incubate in the plate for 1 hour before being assayed.

Cell responses were assayed using a PolarStar Omega multimodal plate reader (BMG Labtech) equipped with dual emission PMTs and two compound injectors. To select for NLuc and mVenus light, a 485/15 and a 535/30 filters were used respectively. Luminescent signals were integrated for 200 ms time bins, with the gain for both detectors set to 2000. Injectors were loaded with either NanoGlo reagent (Promega, 1:250 dilution in imaging buffer) or test compounds and addition was automated by the plate reader. Injections were done at a speed of 430 μL per sec. For kinetic concentration-response experiments, 60 second time courses were used with 25 μL of NanoGlo being injected at -19 seconds and 50 μL of 2x test compound being added at t = 0 seconds. For Gα profiling experiments, 120 second time courses were used, with injections at the same time points. Experiments reported in Figs. 1-5 were conducted in kinetic mode, as illustrated. Concentration-response experiments reported in Fig. 6 were mainly conducted in endpoint mode (NanoGlo reagent, then glutamate added manually and data points recorded subsequently for ~90 sec. for most G proteins, or ~210 sec for Gαz and Gα16 to account for slower activation kinetics). The exception was the experiments involving the group I mGluRs which were acquired in kinetic mode due to the acute desensitization that was particularly evident with mGluR5 (see Fig. 2).
Data Analysis. For BRET experiments, the BRET ratio was calculated by dividing the mVenus signals (luminescence in the 535 channel) by the NLuc signals (luminescence in the 485 channel):

Equation 1: \[ BRET \text{ Ratio} = \frac{\text{Luminescence}_{535}}{\text{Luminescence}_{485}} \]

Responses are analyzed as ΔBRET which is the average basal BRET ratio subtracted from the average stimulated BRET ratio:

Equation 2: \[ \Delta \text{BRET} = BRET \text{ (at time } t) - \text{Average Basal BRET Ratio} \]

For endpoint assays, all 3 basal readings were averaged for the average basal BRET ratio, and all 5 readings post stimulation were averaged for the average stimulated BRET ratio. For kinetic experiments the basal BRET ratio was calculated as the average BRET ratio for 5 seconds immediately prior to test compound injection. For the average stimulated BRET ratio, the average BRET ratio for the last 10 seconds of the trace was used for non-desensitizing signals. For desensitizing signals, the average BRET ratio of a 10 second window centered at the signal’s peak was used.

To analyze the kinetics of BRET curves, the upstroke of each individual response was fit in GraphPad Prism (v. 9.3.1) using 1 of 2 models. The first model used was Pharmachanics’s “Baseline then rise to steady state time course” equation (Hoare et al., 2020) (a single-phase exponential association model):
\textbf{Equation 3:} \quad Y = \text{SteadyState} \left(1-e^{-K(X-X_0)}\right) + \text{Baseline}

where $Y$ is the response, SteadyState is plateau of the response, $K$ is the rate constant, Baseline is the average baseline of the signal, and $X_0$ is the time the response initiates, and $X$ is time. The second model (when a single exponential fit was inadequate) used was a custom programmed two-phase exponential association model based on the above equation:

\textbf{Equation 4:} \quad \text{SpanFast} = (\text{SteadyState} - \text{Baseline}) \times \text{PercentFast} \times 0.01 \\
\text{SpanSlow} = (\text{SteadyState} - \text{Baseline}) \times (100 - \text{PercentFast} \times 0.01) \\
Y = \text{SpanFast}\left(1-e^{-K_{fast}(X-X_0)}\right) + \text{SpanSlow}\left(1-e^{-K_{slow}(X-X_0)}\right) + \text{Baseline}

where $Y$ is the response, SteadyState is plateau of the response, $K_{fast}$ is the faster rate constant, $K_{slow}$ is the slower rate constant, Baseline is the average baseline of the response, PercentFast is the percent contribution of the fast component to the response, $X_0$ is the time the response initiates, and $X$ is time. Calculation of the initial rates was then conducted by multiplying the SteadyState by the rate constant $K$ for single association curves:

\textbf{Equation 5:} \quad \text{InitialRate} = \text{SteadyState} \times K

or by multiplying the SteadyState by the weighted average of $K_{fast}$ and $K_{slow}$ for two-phase associations:
Equation 6: $\text{InitialRate} = \text{SteadyState} \times (K_{\text{fast}} \times \text{PercentFast} + K_{\text{slow}} \times (100 - \text{PercentFast})) \times 0.01$

To analyze concentration-response curves, data was imported into GraphPad Prism. Individual concentration-response curves were fitted with the built-in four parameter logistic equation:

Equation 7: $Y = \text{base} + \frac{(\text{max} - \text{base})}{(1 + (\frac{EC_{50}}{x})^{\text{Hill Slope}})}$

Where $Y$ is the response, base is the response baseline, max is the maximum response ($E_{\text{max}}$), $EC_{50}$ is the concentration of drug that produces a 50% response. To aggregate responses from multiple replicates from the same conditions, the fit parameters were copied to Microsoft Excel and average values and standard errors were calculated for each condition.

Statistics. All statistical analysis was conducted in GraphPad Prism. Results are reported in the figure legends in ($P = [P\text{-value}]$) format. Details of the test (type of test, results, significance levels) are indicated in the figure legend. The cartoon in Figure 1B was made using BioRender (Toronto, ON, Canada).
Results

**Optimizing the NanoBRET assay for mGluR signaling.** Our goal was to comprehensively examine receptor-G protein coupling profiles of each of the 8 human mGluR homodimers (Fig. 1A) with members of each family of G proteins. To accomplish this, we employed an optimized version of a Gβγ-based BRET assay (Hollins et al., 2009; Masuho et al., 2015a). This assay detects the interaction between the Gβγ binding region of GRK3 fused to NanoLuciferase (NLuc) on its C-terminus and to a myristic acid sequence on its N-terminus (MAS-GRK3-NLuc), and a complemented YFP-tagged Gβγ that is sequestered when inactive by a heterologously expressed Gα ("NanoBRET"; Fig1B). Each construct (see Materials and Methods), along with the indicated receptor was expressed in HEK293T cells (Fig. 1B). However, because HEK cells secrete micromolar concentrations of glutamate into the extracellular space (Hlavackova et al., 2012), assay conditions needed to be optimized compared with those originally published (Masuho et al., 2015a). This helps to reduce ambient glutamate levels that could potentially produce basal activation of mGluRs, which could produce high apparent basal BRET signals and reduce the observed ΔBRET, as shown in Fig. 1C, using mGluR2 and GoA, which shows high basal BRET signals and small ΔBRET upon application of 1 mM glutamate. The dramatic reduction in BRET signal in this experiment when the competitive antagonist LY341495 was applied with or without glutamate (Fig. 1C, red and blue, respectively) demonstrates that the high basal BRET signal was likely due to ambient glutamate in the well. To address the elevated glutamate in the bath, a combination of amino acid transporter expression (Goudet et al., 2004; Hlavackova et al., 2005), washing, and timing of the experiments was used. Conditions were optimized to 1)
reduce the basal BRET ratio, 2) reduce the responsiveness to a pan-mGluR antagonist (LY341495) in the absence of exogenous agonist, and 3) maximize the ΔBRET signal generated by glutamate application. Fig. 1D, shows responses of mGluR2/GoA to the optimized protocol (also see Materials and Methods). Note the lower basal BRET value, the reduced effect of antagonist (red), and the strengthened ΔBRET signal upon application of 1 mM glutamate (green). A summary of the basal BRET levels (Fig. 1E), the change in BRET with LY341495 (Fig. 1F), and the ΔBRET upon glutamate application (Fig. 1G) or glutamate +LY34 (Fig. 1H) is also shown using the standard (red) and optimized (gray) NanoBRET protocols. Effects of null receptor conditions are also shown (“-/oA,” and “-/q”), illustrating that no responses are seen in the absence of heterologous mGluR expression. To be certain that each Gα protein expressed in the NanoBRET assays was expressed and functional, control experiments were performed with receptors that canonically couple to all of the G protein families to be tested. For these experiments, we used the H1 histamine receptor (hH1R; Gi/o and Go/q/11), the lysophosphatidic acid receptor 2A (mLPA2R; Gi/o, Go/q/11, and G12/13) (Avet et al., 2022), and the D5 dopamine receptor (hD5R; the Gs family). The combined results of these experiments (Fig. S1) show that positive results can be obtained with each of the Gα proteins expressed in our NanoBRET assays.

**Group I mGluR profiles.** To begin to assess mGluR-G protein coupling, each group I mGluR (1&5) was expressed in combination with the optimized NanoBRET system with a panel of 14 Gα proteins spanning all 4 major families. In each experiment, 1 mM glutamate was added at 0 seconds. Fig. 2A shows averaged, time resolved ΔBRET traces for 14 Gα proteins in cells.
expressing mGluR1, which responded to each member of the G_{i/o} family except for G_z, and as expected responded to the G_{q/11} family of G\alpha proteins with the notable exception of G_{14}. G_q appeared to be activated with the highest efficacy (Fig. 2A&B), while G_{11}, G_{0A} and G_{0B} also responded with high efficacy and G_{i1-3}, and G_{16} responded somewhat strongly as well. No responses were observed indicating coupling of mGluR1 with the G_s family members S_{short}, S_{long}, or Olf (Fig. 2A&B). Kinetics of activation of each responding G protein were also assessed by calculating the initial rate of activation for each (Fig. 2C; also see Materials and Methods).

The profile of mGluR5 was qualitatively similar to mGluR1 but with a notable apparent desensitization of responses to G_q and G_{11} (Fig. 2D), which has been documented previously (Dhami and Ferguson, 2006; Kammermeier and Ikeda, 2002). This desensitization may have hindered measurement of the full efficacy of these responses. As such, mGluR5 coupled most strongly to G_{oa} (Fig. 2D-F).

Because previous reports have indicated that group I mGluRs can initiate cAMP accumulation and may therefore couple to G_s proteins (Kubo and Tateyama, 2005), and a recent study has suggested that purified, truncated, mGluR5 is capable of activating G_s in the presence of the agonistic positive allosteric modulator (PAM) VU0424465 (VU042) (Nasrallah et al., 2018), we re-examined the coupling profile of mGluR5 in the presence of glutamate alone, VU042 alone, and glutamate + VU042 together (Fig. S2). While we observed some differences in maximum BRET with glutamate compared with glutamate + VU042 when coupling to G_{i2}, G_{i3}, and G_{0B} (Fig. S2), we did not observe mGluR5 coupling to any G_s family member in any condition. Together, these data confirm that the group I mGluRs are dual coupled receptors that can couple with high efficacy to the G_{i/o} and G_{q/11} families.
**Group II profiles.** When assayed in the optimized NanoBRET system, mGluR2 yielded detectable coupling to each member of the $G_{i/o}$ family ($G_{i1-3}$, $G_{oa}$, $G_{oB}$, $G_z$) as well as the promiscuous $G_{16}$. The kinetics of $G_z$ and $G_{16}$ activation by mGluR2 were dramatically slower, however. Note that the S1 subunit of pertussis toxin (PTX) was co-expressed (Ikeda et al., 1999) with each PTX-insensitive $G_\alpha$ protein, including $G_z$, to prevent a small but detectable signal presumably carried by endogenous $G_{i/o}$ proteins in these and all subsequent experiments. Similar results were seen with the other group II member, mGluR3 (Fig. 3), although because of the high potency of glutamate on this receptor, and its apparent consequent basal activation leading to high basal BRET ratios even under optimized conditions (Fig. 1F), it was necessary to reduce extracellular Cl$^-$ levels to right-shift glutamate/mGluR3 potency (Tora et al., 2018), to obtain meaningful data (see below). Re-assaying mGluR2's signaling profile under low Cl$^-$ conditions showed a similar coupling profile as in the standard High Cl$^-$ buffer, which justifies using this method for mGluR3 measurements. Fig. S3 shows the maximum BRET amplitude and activation kinetics with mGluR2 (Fig. S3D) as well as correlations (Fig. S3E&F) of these measurements for each G protein in low and high Cl$^-$ conditions. Correlations show a consistent shift to higher potencies in low Cl$^-$ but maintain the slopes, indicating that the rank order of G protein coupling remains unaltered. Thus, examining the full profile of mGluR3 in low Cl$^-$ reveals that like mGluR2, mGluR3 couples almost exclusively to the $G_{i/o}$ family, although favors coupling to $G_{oa}$ and $G_{oB}$ vs. $G_i$ proteins (Fig. 3B). Like with mGluR2, mGluR3 showed a weaker, slower activation of $G_z$, but in contrast, no detectable coupling to $G_{16}$. As expected, neither group II receptor coupled to any members of the $G_q$ or $G_s$ families.
**Group III profiles.** G protein coupling was also similarly assessed with the group III receptors mGluR4-8 (Figs. 4&5). As with mGluR2, each of the G<sub>i/o</sub> family members were activated by mGluR4, although no detectable activation of G<sub>16</sub> was observed, and coupling to G<sub>2</sub> was very weak (Fig. 4). Similar profiles were observed with all of the group III mGluRs, mGluR6 (Fig. 4), as well as 7 and 8 (Fig. 5), confirming that these receptors are exclusively coupled to the G<sub>i/o</sub> family, and demonstrating variable G<sub>2</sub> coupling within the group III mGluRs. In this group, mGluR7 was somewhat anomalous, only showing weak coupling to G<sub>oA</sub> and G<sub>oB</sub> (Fig. 5A&B). Likely due to its high constitutive activity (Kammermeier, 2015) and activation by glutamate with very low potency, this receptor exhibited a high basal BRET signal (Fig. 1), and required 10 mM glutamate to detect its comparatively poor activation (Fig. 5). It is possible mGluR7 may be capable of coupling to other G proteins, but our assay would only sense this if more efficient activation of mGluR7 could be achieved. In apparent contrast to the GABA<sub>B</sub> receptor (Wang et al., 2021), none of the mGluRs showed detectable activation through G<sub>13</sub>, and none showed activation of G<sub>14</sub> or the G<sub>s</sub> family.

Because of the need to test mGluR3 responses in low Cl<sup>−</sup> as described above, concentration-response curves were generated for each receptor (except mGluR7) in normal and low Cl<sup>−</sup> (Fig. S4). Full concentration-response curves were generated using the G<sub>α</sub> protein activated by glutamate with the highest potency against each receptor (G<sub>q</sub> for the group I receptors and G<sub>oA</sub> for group II and III) in high (144 mM) and low (7 mM) Cl<sup>−</sup>. Interestingly, reducing the Cl<sup>−</sup> concentration resulted in a right shift in glutamate potency against every receptor tested. Rescue of the mGluR3 responses in low Cl<sup>−</sup> is consistent with the interpretation that the low
levels of basal extracellular glutamate present in these experiments is enough to activate and
desensitize these receptors (Abreu et al., 2021) when measured at high Cl\(^-\), but low Cl\(^-\) shifts the
EC\(_{50}\) such that ambient glutamate is below the threshold of activation, and therefore avoiding
high basal activity and desensitization of this receptor in high Cl\(^-\). Net effects of Cl\(^-\) changes on
EC\(_{50}\) (Fig. S4B) and efficacy (Fig. S4C) are also shown. Finally, Fig. S4D&E illustrate that the rank
order of G protein EC\(_{50}\) with mGluR2 is unaffected by the change in [Cl\(^-\)], suggesting that low Cl\(^-\)
remains a reasonable modification to measure responses through mGluR3.

**Potency of mGluR homodimer activation through different G\(\alpha\) proteins with glutamate.** To
assess the potency of glutamate activating mGluRs through each identified G\(\alpha\) protein signaling
partner, we employed the NanoBRET system at a range of glutamate concentrations (Fig. 6). For
each receptor, dose response data was only obtained with G\(\alpha\) proteins that showed significant
responses in the profiling assay (Figs. 2-5). The group I mGluRs, mGluR1&5, were the only
mGluRs that showed responses with G\(q\) and G\(_{11}\), and both of these receptors responded with
the highest potency with G\(q\) activation by glutamate, which was slightly higher than G\(_{11}\) in each
case (Fig. 6A). In both cases, G\(q\) and G\(_{11}\) signaling was also slightly left shifted compared with
signaling through G\(_{i/o}\) proteins, which all showed very similar EC\(_{50}\) values. The group II mGluRs
showed a clear preference for G\(_{oA}\) and G\(_{oB}\) (Fig. 6A) in terms of glutamate potency and mGluR2
showed intermediate responses with G\(_{i1-3}\), and lowest potency activation of G\(_2\) and G\(_{16}\), while
mGluR3 (in low Cl\(^-\)) exhibited similar responses to G\(_{i1-3}\), z, and G\(_{16}\). In general, the group III
receptors were also activated by glutamate through G\(_{oA}\) and G\(_{oB}\) with the highest potency,
followed by G\(_{i1-3}\), and finally G\(_2\) (mGluRs4&6; Fig. 6). Due to the very low potency of glutamate
on mGluR7 through most G proteins, dose response curves could only be obtained with G_oA, and these could not be tested to saturation due to solubility as well as osmolarity issues at very high glutamate concentrations. Heat maps summarizing the EC_{50} values for each receptor with each G_α protein tested are shown in Fig. 6B, and the Hill coefficients for each condition tested are shown in Fig. 6C. Note that efficacy for this data set was normalized for each pathway to allow for easier comparison of potencies, but in all cases, efficacy was similar to the Max ΔBRET values shown in Figs 2-5.
Discussion

*G protein coupling profiles of mGluR homodimers.* We show here for the first time a comprehensive mGluR - G protein coupling profiling assessment with every homodimeric member of the human mGluR family against 14 Gα proteins, representing each G protein family. Heat maps summarizing all of the maximal responses and activation kinetics are shown in Fig. 7A&B, respectively. These data show that the group I mGluRs, mGluR1 and mGluR5, couple to both the $G_{q/11}$ and $G_{i/o}$ proteins, as previously suggested (Kammermeier and Ikeda, 1999; McCool et al., 1998). No evidence for group I mGluR coupling to members of the $G_s$ family was seen, including in the presence of the mGluR5 PAM VU042 (Nasrallah et al., 2018). In addition, the group II and III mGluRs coupled almost exclusively to the $G_{i/o}$ proteins, with the only exception being a novel but weak, slow activation of the promiscuous $G_{16}$ by mGluR2 and to a lesser degree mGluR3. While G protein profiling has been examined to some extent on representative members of the mGluR family, to our knowledge this is the first comprehensive assessment of all of the mGluRs with a large set of Gα proteins. One recent study examined G protein profiles of many GPCRs using an effector translocation based BRET assay and reported results on mGluR2, 4, 5, 6, and 8 largely consistent with those reported here (Avet et al., 2022), but did not assay all of the mGluRs or the kinetics of activation. One notable exception was a reported coupling between mGluR5 and Gα14, which we did not see. However, we would note that in that study, the authors similarly did not observe coupling of mGluR5 to members of the Gαs family. Our results were consistent with that finding. To some degree, these results are consistent with recent studies (Avet et al., 2022; Masuho et al., 2023), but the data presented here are more thorough in that they include all mGluRs or a more comprehensive Gα protein
expression data set. Further, we detail a comprehensive protocol for optimization of the assay for glutamate receptors in general (Figure 1) and for mGluR3 in particular (Figures S2 & S3), and report novel findings regarding $G_{16}$ coupling and the kinetics of group II coupling to $G_o$.

*G protein activation kinetics.* Comparing signaling of each of the members of the mGluR family, it is apparent that the efficacies in the NanoBRET assay are somewhat comparable. However, examination of the kinetics reveals that the initial rates of activation of different mGluR/G protein pairings to be quite variable (Fig. 7). Under some circumstances such as desensitization or differences in receptor expression level, maximal efficacy in this kind of assay may be misleading. Thus, activation kinetics can provide a more objective assessment of the efficiency of receptor-G protein coupling (Hoare et al., 2020). In general, we see the Group II mGluRs are highly efficient receptors, activating G proteins at considerably faster rates compared to the Group I or Group III receptors (Fig 7). The only major exception to this trend is with $G_{16}$ signaling, where the bona-fide $G_{q/11}$ coupling mGluR1 and mGluR5 show faster activation than the Group II receptors. Additionally, most mGluRs showed faster kinetics through $G_o$ proteins than other $G\alpha$ proteins, with only mGluR1 showing slightly faster kinetics through $G_q$. Although this finding is going to be largely influenced by the affinity of each individual $G\alpha$ protein for the $G\beta\gamma$ used, receptor level effects are clearly present given the H1R was able to activate $G_{q/11}$ proteins with faster kinetics than the $G_o$ protein, and the D5R was able to activate $G_s$ proteins with faster kinetics than $G_o$ proteins. These additional findings suggest that mGluRs favor signaling through $G_o$ over other $G\alpha_{i/o}$ family members.
Regarding GPCR-G protein coupling experiments, especially when using activation kinetics as a proxy for coupling efficiency, it is important to consider the expression of the Regulators of G protein Signaling (RGS) proteins in the cells assayed. This is important because while RGS proteins facilitate deactivation kinetics of Gα proteins by acting as GTPase activating Proteins (GAPs), they can also accelerate activation kinetics (Choi et al., 2006; Doupnik et al., 1997; Jeong and Ikeda, 2001; Saitoh et al., 1997). HEK293 cells have been suggested to express a wide array of RGS proteins (Laroche et al., 2010), but more recent work using RNA microarrays suggested that the expression may be more limited (Atwood et al., 2011). Still, while RGS protein expression may affect interpretation of specific details such as kinetics, it is unlikely that a different compliment of RGSSs will yield coupling to a specific Gα protein in another system where none was observed here. It is also unlikely that the rank order of coupling efficiency of receptors would be altered with different RGSSs due to them exerting their effects on the G protein level rather than the receptor level. For example, we observed coupling to GαoA through the group II mGluRs to be more efficient than through the Group III receptors. Since they all couple to the same family of G proteins, it is unlikely this relation will be different with other RGSSs that also act as GAPs through these same G proteins.

These data highlight an interesting aspect of mGluR-G protein coupling across the family, specifically coupling efficiency. We found that the group II mGluRs exhibited the fastest signaling kinetics when coupled to Gαi/o proteins and mGluR2 in particular when coupled to all members of the Gαi/o family (Fig. 7). These results suggest that in the physiological context, when mGluRs reside in the synaptic environment and are likely to be exposed to saturating concentrations of glutamate for only brief periods of time, that the group II mGluRs may play a dominant role in
the modulation of synaptic transmission. Another interesting aspect of mGluR-Gα protein coupling is the differences in EC$_{50}$ through which the receptors activate different Gα proteins. These differences probably reflect a combination of varying affinities that each Gα protein has with the active state of the receptors and the abundance of each Gα in cell. The group II and III receptors show a clear preference for the Gαo proteins, followed by Gαi1-3, with most also activating Gαs. By contrast, the group I receptors activate the Gαq/11 proteins with the lowest EC$_{50}$, followed by members of the Gi/o family, which were activated at similar glutamate concentrations. Of course activation kinetics can be influenced to some degree by receptor expression, although kinetics will saturate with higher expression (Masuho et al., 2023).

Unfortunately, it was not possible to directly compare expression across receptors in this study, and even more difficult to measure levels of mGluRs expressed in subcellular compartments in vivo. It will be important in the future to test whether differences in mGluR-G protein coupling efficiency seen here, using heterologously expressed receptors in HEK293 cells, accurately predicts their behavior in a native physiological context.

In this study, we examine mGluR activation kinetics. One recently published study examined intradimer conformational changes of several mGluR dimers using a FRET assay (Kukaj et al., 2023). There, authors reported that glutamate induced changes in FRET were measurable for 5 of the 8 mGluR homodimers. Interestingly and seemingly at odds with the kinetics of G protein activation described here, they reported that the fastest on kinetics were associated with mGluR1, and the slowest with mGluR2. However, it should be noted that in that study, what was measured was the movement of the subunits within each dimer that would lead to activation, while we measured the presence of active, ‘free’ Gβγ, which can be considered a measure of
the efficiency of catalysis of guanine nucleotide exchange of each active receptor, not the
kinetics of the conformational changes of an inactive receptor transitioning to an active one.
Comparing these values directly, inactive to active conformational changes of even the slowest
receptor in that study was on the order of 10^-20 msec (Kukaj et al., 2023), still several orders of
magnitude faster than the rates of guanine nucleotide exchange of all of the receptors in this
study with which coupling was detected. Thus from a physiological perspective, it is still
reasonable to consider the group II mGluRs as the most efficient activators of G proteins in the
family.
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Data Availability Statement.

Data and reagents generated for and reported on in this study will be made available upon request. Authors declare that all of the data supporting this study are included within this manuscript and in the supplemental materials.

Authorship Contributions

Participated in research design: McCullock, Kammermeier
Conducted experiments: McCullock, Cardani

Contributed new reagents or analytic tools: McCullock, Kammermeier

Performed data analysis: McCullock, Cardani

Wrote or contributed to writing of the manuscript: McCullock, Kammermeier, Cardani
References


Footnotes:

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The authors report no actual or perceived financial conflicts of interests pertaining to the contents of this article.
Figure Legends

Figure 1. Evaluation of the mGluR optimized protocol for all human mGluRs. A, Dendrogram illustrating homology of all 8 human mGluRs and their distribution into three groups. B, Schematic illustrating the setup of the NanoBRET system. Panel B was made with BioRender using an institutional licence to TWM, agreement #YO25L7S2XM. C-D, Example protocol of cells expressing mGluR2-GoA prepared under the standard protocol (C) or mGluR optimized protocol (D) to 100 μM glutamate (green), 100 μM LY341495 (red), or the combination of the two (blue). The stimulus was delivered at time = 0 as indicated by the arrow. Summary data describing the basal BRET ratio (E), the LY341495 response (F), the glutamate response (G), and responses to Glu+LY34 (H) of all 8 mGluRs in the experiments as shown in C&D. Bars describe the average ± SEM. Statistics show the results of a two-way ANOVA with Holm-Šídák post hoc test, * = P<0.05, ** = P<0.005, *** = P<0.0005, and **** = P<0.0001.

Figure 2. Group I mGluR signaling profiles. Signaling profiles of mGluR1 (A-C), and mGluR5 (D-F), through a panel of 14 Gα proteins in response to 1 mM glutamate. Each stimulus was delivered at time = 0. The dark solid line indicates the average response of 3 biologic replicates and the light shading indicates the SEM for each trace. Maximum ΔBRET induced by glutamate (B&E) and initial rates (C&F) for mGluR1 and 5, respectively are displayed as the average ± SEM. Raw measurements for each replicate are shown as open circles (○) in each bar graph.
Figure 3. Group II mGluR signaling profiles. Signaling profiles of mGluR2 (A-C), and mGluR3 (D-F), through a panel of 14 Gα proteins in response to 1 mM glutamate. Each stimulus was delivered at time = 0. The dark solid line indicates the average response of 3 biologic replicates and the light shading indicates the SEM for each trace. Maximum ΔBRET induced by glutamate (B&E) and initial rates (C&F) for mGluR1 and 5, respectively are displayed as the average ± SEM. Raw measurements for each replicate are shown as open circles (○) in each bar graph.

Figure 4. Group III (mGluR4&6) signaling profiles. Signaling profiles of mGluR4 (A-C), and mGluR6 (D-F), through a panel of 14 Gα proteins in response to 1 mM glutamate. Each stimulus was delivered at time = 0. The dark solid line indicates the average response of 3 biologic replicates and the light shading indicates the SEM for each trace. Maximum ΔBRET induced by glutamate (B&E) and initial rates (C&F) for mGluR1 and 5, respectively are displayed as the average ± SEM. Raw measurements for each replicate are shown as open circles (○) in each bar graph.

Figure 5. Group III (mGluR7&8) signaling profiles. Signaling profiles of mGluR7 (A-C), and mGluR8 (D-F), through a panel of 14 Gα proteins in response to 1 mM glutamate. Each stimulus was delivered at time = 0. The dark solid line indicates the
average response of 3 biologic replicates and the light shading indicates the SEM for each trace. Maximum ΔBRET induced by glutamate (B&E) and initial rates (C&F) for mGluR1 and 5, respectively are displayed as the average ± SEM. Raw measurements for each replicate are shown as open circles (○) in each bar graph. Gray = not determined.

Figure 6. Glutamate dose response curves illustrating relative efficacy and potency of responses of each mGluR through each responding G protein. A, glutamate dose response curves for the indicated Gα proteins when coexpressed with mGluRs1-8. Note that mGluR7 only showed responses to Gαo, and only at glutamate concentrations above 1 mM, so accurate efficacy and potency estimates were not possible. Heat maps are also shown, illustrating calculated EC50 values (B) and Hill coefficients (C) for the indicated mGluR homodimer with each responding Gα protein in the NanoBRET assay.

Figure 7. Summary of mGluR-G protein responses of all mGluR homodimers. A, Summary of signal amplitude data displayed as raw ΔBRET according to blue intensity scale shown below for each mGluR-G protein pair. B, Initial rate data displayed as Log10 transformed initial rates according to the color scale shown below for each mGluR-G protein pair. Heatmaps in both A&B display the average value of three biologic replicates. Data are from the same experimental replicates shown in Figs. 2-5. Gray boxes in B indicate ‘not determined’.